

Fearfully and wonderfully made

Mike Parsons

To walk with God, to experientially encounter Him and live in a daily intimate relationship with Him; one heart, one mind, one will, one purpose, all of that is part of our inheritance.

But the one who joins himself to the Lord is one spirit with Him (1 Cor. 6:17).



Since any relationship is built on spending time together and communication, how do we communicate with God? God is a spirit, God is light, and God is love. How do we interact with Him, engage with Him? How do we see, hear and know him?

When we see with our natural eyes, light is reflected from an object, focused through the lens to form an upside down image on the retina. Electrical signals travel along the optic nerve and are interpreted by our brain. When we hear with our natural ear, air pressure waves cause the ear drum to vibrate, and that vibration is passed by bones in fluid to be interpreted by the brain. We 'know' by electrical impulses in synapses passing along neural pathways which the brain interprets as thoughts. That's amazing!

But it's not only physically that we are 'fearfully and wonderfully made' (Ps139:14).

Active or passive

We have the eyes of our heart, our imagination. Images form directly in our mind as if on a screen, an expression of our creative ability derived from a creative God. Then there are the eyes of our spirit: our brain interprets and understands what our spirit – and the Holy Spirit – shows us. Every aspect of how God created us works together in this. He created us to be able to engage both with the universe we live in and with our Creator.

He wants us to be active rather than passive: not just hoping He might come to us for a relationship, but eagerly seeking and pursuing Him. He is looking for those who will do whatever it takes to develop their relationship with Him.

Seeing in the spirit

All matter has frequency, which is best described as an electric current or vibrational energy. Our world is filled with vibrations which can only be picked up if we have the right equipment, such as a TV or radio tuned in to the correct frequency. Our natural eyes and ears can see and hear just a tiny portion of all the frequencies that exist.



When we are in tune with God, our spirit is capable of detecting wavelengths which our natural senses are not, and can interpret and describe what it perceives. Just as our natural body does, our spirit passes signals to the brain, so that we are able to understand and distinguish between spirits and realms. We can train our spirit to become sensitive to what God is saying and doing in the dimensions around us, and to recognise what is God and what is not.

When we talk about ‘seeing in the spirit’, what we really mean is that our spirit is tuning into a spiritual frequency and communicating information to our brain so that we begin to understand what is going on.

We know that our natural senses and abilities develop with practice: so too do our spiritual ones (Heb 5:14). The more we train, the more we practise, the more readily our spiritual senses will engage with God. Before becoming believers our spirit was dead to God: now that we are born again we need to get it up to speed. Here at the Freedom centre we do what we call ‘activations’ in order to encourage our spirit to learn how to hear, see, feel and experience in the realms of heaven. Meditation, too, will help us to develop our spiritual senses.

Harmony

Sound and colour have an effect on the natural and spiritual dimensions. We have experienced this with the colours and movement of flags together with the sound of music in worship: something shifts in the spiritual atmosphere, portals open; it draws the presence of God and the angelic.

There are healing frequencies. Fragrant oils have healing properties. Our bodies have a frequency; in fact the whole of creation has a frequency. I have experienced the sound of harmony in heaven, and it is calling us to join it and bring it to earth.

Spiritual sonar

Most of us have known occasions when we could feel or sense the atmosphere in a room. There is a saying, “you could cut the atmosphere with a knife”. We feel cold chill shivers in certain places, and peace in others. It is as if our spirit is sending out a ‘ping’ like spiritual sonar, and forming an impression based on how that signal comes back.

I asked God to open up the eyes of my spirit, and with practice I have learned how to turn this on and off at will (see also the article “My journey to see in the spirit”). I can sense the atmosphere around people and places if I choose to do so. I can discern angels, and even describe them in terms of size, colour, shape and activity, even

though I am not physically 'seeing' them. There is no reason you cannot ask for and receive the same.

Visions

If we want to hear and recognise the voice of God, we need to develop a lifestyle of the supernatural. He created us to be able to receive from Him and to engage with Him in this way:

'And it shall be in the last days,' God says, 'That I will pour forth of My Spirit on all mankind; And your sons and your daughters shall prophesy, And your young men shall see visions, And your old men shall dream dreams' (Acts 2:17).

Here are some examples from scripture:

As he [Saul] was travelling, it happened that he was approaching Damascus, and suddenly a light from heaven flashed around him; and he fell to the ground and heard a voice saying to him, "Saul, Saul, why are you persecuting Me?"... The men who travelled with him stood speechless, hearing the voice but seeing no one (Acts 9:3-4, 7).

Saul saw the light and heard the voice of Jesus, whilst the others only heard the voice but did not see the light. That light caused blindness in Saul, but the others were not affected. We might wonder what sort of wavelength of light it was, whether it was actual light, or whether it was Jesus himself manifesting as light. Was the veil of heaven opened around Paul so that he could see into a dimension the others could not? And the voice that they all heard, was it an actual voice? As they all heard it, does that mean it is easier to hear than to see spiritual frequencies?

Later on (Acts 9:10-12) we read that Ananias heard God speak to him in a vision (without actual process of eyes, ears, light and sound waves), telling him that Saul has also had a vision, of him (Ananias) laying his hands on him.

Again, Cornelius had a vision of an angel, and Peter fell into a trance (Acts 10:3-15). Even if all these things happened in Saul's, Ananias', Cornelius' and Peter's heads, that does not make them any less real. God communicated with them, and as a result, the church was completely transformed.

Four kinds of wisdom

Jesus said: *My sheep hear My voice, and I know them, and they follow Me (John 10:27).*

With practice we can learn to identify when it is God communicating with us rather than our own or other voices. Most people will tell you that knowing the word of God is the key, but I would suggest that knowing the God of the word is actually more important. If we have taken the time and trouble to get to know Him personally, His character, His ways, His heart, His mind and His purposes, then we will have a pretty clear idea whether we are hearing Him or not.

This wisdom is not that which comes down from above, but is earthly, natural, demonic. For where jealousy and selfish ambition exist, there is disorder and every evil thing. But the wisdom from above is first pure, then peaceable, gentle, reasonable, full of mercy and good fruits, unwavering, without hypocrisy (James 3:15-17).

James gives a strong clue here too: do we see something characterised by jealousy, selfish ambition, disorder and evil or do we see something pure, peaceable, gentle, reasonable, full of mercy and good fruits, unwavering and without hypocrisy?

A place of rest

“Come to Me, all who are weary and heavy-laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls” (Matt 11:28-29).

“Do not let your heart be troubled; believe in God, believe also in Me” (John 14:1).

“Peace I leave with you; My peace I give to you; not as the world gives do I give to you. Do not let your heart be troubled, nor let it be fearful” (John 14:27).

No matter the situations or circumstances going on around us, we need to come from a place of rest and peace in relationship with God, not worrying, being anxious or fearful (see also Matt 6:25-34). Let's also practice the conscious presence of God, who promises never to leave or forsake us (Heb 13:5), and cast all our burdens on Him because He cares for us (1 Peter 5:7). All these things will make us far less likely to be deceived by things which are not coming from Him.

*Trust in the Lord with all your heart
And do not lean on your own understanding.
In all your ways acknowledge Him,
And He will make your paths straight (Prov 3:5).*

Everything needs to flow from the rest and peace of our relationship with God, from the inside out. Let's learn to live in a state of rest, peace and intimacy.

My prayer for you

2 Kings 6:15-17 Now when the attendant of the man of God had risen early and gone out, behold, an army with horses and chariots was circling the city. And his servant said to him, “Alas, my master! What shall we do?” So he answered, “Do not fear, for those who are with us are more than those who are with them.” Then Elisha prayed and said, “O Lord, I pray, open his eyes that he may see.” And the Lord opened the servant's eyes and he saw; and behold, the mountain was full of horses and chariots of fire all around Elisha.

From a natural perspective, the circumstances were dire. But Elisha could see into the spiritual realm, and he prayed for his servant so that he would also.

I want to pray the same for you.

Father, as You opened Elisha's servant's eyes to see angelic beings and activity in the spiritual realm, bringing peace and rest to his life in spite of the circumstances, I pray that you will open the eyes of each person reading this.

Open the eyes of their spirit to see, to perceive, to receive; to be a receiver of the frequency that comes from the spiritual realm. Let their brains be able to interpret it, so that they are able to see, to feel, to hear, to taste, to touch the things of God and to know You through personal encounter, day by day.

Show them what you are doing, not only today, but as they practise and train their senses, bring them into maturity, so that they are able to do Your works as Jesus did, because He saw what You were doing.

Amen.

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