

Forgive and Release 2

- **Matt 6:** ¹⁴ For if you forgive other people when they sin against you, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive others their sins, your Father will not forgive your sins.
- **Luke 6:** ³⁷ 'Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven.'

Forgive and Release 2

The person affected by unforgiveness remains a victim.

Unforgiveness is like drinking poison and expecting someone else to die.

Unforgiveness keeps you in prison.

Unforgiveness keeps you in chains and bondage.

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Effects of Rejection

Seed

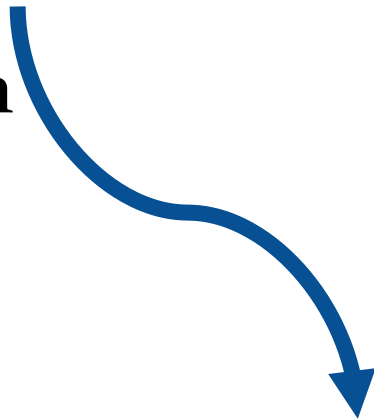
Fruit

**Soil of
Insecurity**

Root

Resulting from lack of:
Acceptance,
Affirmation,
Appreciation
Encouragement and
Love

**Seed of
offence
Rejection**



Fruit

Root

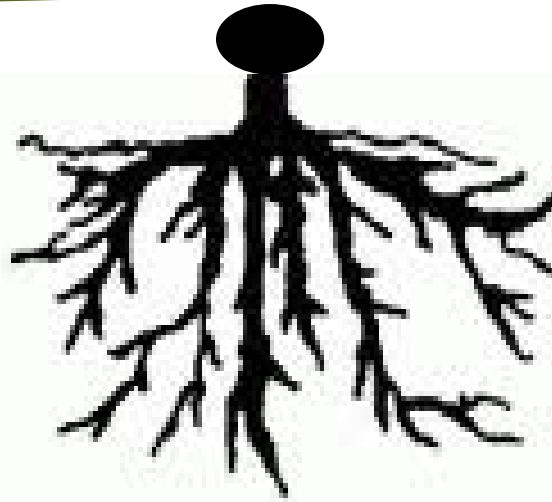
Soil of Insecurity

- What people said
- What people didn't say
- What people did
- What people didn't do

**Seed of
rejection**

Fruit

**Soil of
Insecurity**



**Roots of
Rejection**

How you think
How you feel

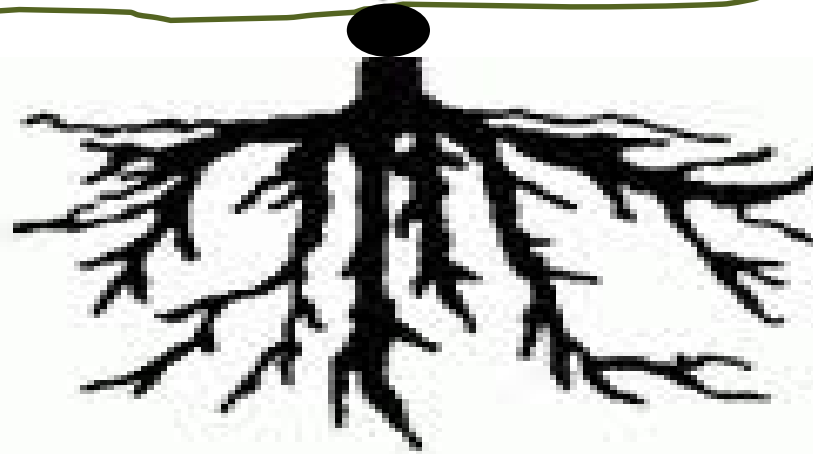
**Seed of
Rejection**

**Fruit of
Resentment**



**Soil of
Insecurity**

**Roots of
Rejection**



What you say
What you do

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- Some root causes
- Before birth.
- Quick birth.
- Premature baby.
- Adoption.
- Disappointment in sex of baby.
- Disability.
- Upbringing.
- Teachers, child minders, friends

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- Rejection can outwork in 3 ways:
- Rejection – don't fit, don't belong, not wanted.
- Fear of Rejection – desperate for approval, people pleaser.
- Self Rejection – self hatred, no good, worthless
- Orphan spirit – don't belong anywhere.

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Layers of wound

- Result of an unwanted pregnancy – mother tried to abort.
- Premature baby – no contact.
- Sick child – long periods in hospital.
- Father wanted a boy.
- Bullied at school – sticky out ears.
- Left handed – made to write with right.

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- Stepdad at 10 – physical abuse.
- Sent to boarding school (rejection)
- Sexually abused by teacher.
- Mother died.
- Looked to men to fulfil the need for love
- Father left at 7 (abandoned).
- Violent relationship at 18.

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- Turned to drugs to numb the pain.
- Had a baby.
- Baby's father left.

- The cycle goes on

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- 3 Ways to deal with Rejection
- Beat the system
- Give In
- Rebel

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Ways to cope

- Turning to false comforts to numb the pain.
- Self protection – snail syndrome.
- Damaged emotions syndrome.
- Striving competitive syndrome.
- Academic syndrome.
- Bluff syndrome.
- Popularity at any price syndrome.
- Works of mercy syndrome.

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- Who was the most rejected man who ever lived?
- JESUS
- Despised and rejected by men.
- Rejected by Jewish religious and political leaders.
- Rejected by Jewish population at large.
- Disciples rejected him.
- On the cross

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Isaiah 53

He didn't look like anything or anyone of consequence—he had no physical beauty to attract our attention.³ So he was despised and forsaken by men, this man of suffering, grief's *patient* friend. As if he was a person to avoid, we looked the other way; he was despised, *forsaken*, and we took no notice of him. Yet it was our suffering he carried, *our pain and distress, our sick-to-the-soul-ness.*

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We just figured that God had rejected him, that God was the reason he hurt so badly.

⁵ *But he was hurt because of us; he suffered so.*

Our wrongdoing wounded and crushed him.

He endured the breaking that made us whole.

The injuries he suffered became our healing.

⁶ *We all have wandered off,*

like shepherdless sheep, scattered by our aimless striving and endless pursuits;

The Eternal One laid on him, this silent sufferer, the sins of us all.

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And in the face of such oppression and suffering—silence. Not a word of protest, *not a finger raised to stop it.*

Like a sheep to a shearing, like a lamb to be slaughtered, he went—oh so quietly, oh so willingly.⁸ Oppressed and condemned, he was taken away.

From this generation, who was there to complain? *Who was there to cry “Foul”?*

He was, after all, cut off from the land of the living, Smacked and struck, *not on his account,*

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because of how my people (*my people!*) Disregarded the lines between right and wrong. *They snuffed out his life.*

9 And when he was dead, he was buried with the disgraced in borrowed space (among the rich), Even though he did no wrong by word or deed.

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- You're not going to settle rejection issues fully until you get it down into your spirit that you are accepted, loved, and appreciated by God. Dealing with religious strongholds is vital to this process, as religion paints God as distant, cold, and impersonal. Bringing your relationship with God into proper perspective is a vital step in the process of overcoming the strongholds of rejection.

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Isaiah 61

The Spirit of the Lord GOD is upon me,
Because the LORD has anointed me
To bring good news to the afflicted;
He has sent me to bind up the brokenhearted,
To proclaim liberty to captives
And freedom to prisoners;
To proclaim the favourable year of the LORD
And the day of vengeance of our God;

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To comfort all who mourn,
To grant those who mourn *in Zion*,
Giving them a garland instead of ashes,
The oil of gladness instead of mourning,
The mantle of praise instead of a spirit of
fainting.
So they will be called oaks of righteousness,
The planting of the LORD, that He may be
glorified.

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Instead of your shame *you will have*
a double portion,
And *instead of* humiliation they will shout for joy
over their portion.
Therefore they will possess a double *portion* in their
land,
Everlasting joy will be theirs.
For I, the LORD, love justice,
I hate robbery in the burnt offering;
And I will faithfully give them their recompense
And make an everlasting covenant with them.

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Then their offspring will be known among the nations,
And their descendants in the midst of the peoples.
All who see them will recognize them
Because they are the offspring *whom* the LORD has blessed.

I will rejoice greatly in the LORD,
My soul will exult in my God;
For He has clothed me with garments of salvation,
He has wrapped me with a robe of righteousness,

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- The enemies strategy with rejection is to rob, kill and destroy- bring death.
- To rob relationship with God and each other
- To steal destiny.
- To cause isolation and withdrawal.
- To live in the past.
- Prisons are:
 - Rejection – no one loves me, I don't belong.
 - Self Rejection – I hate myself, I am worthless.
 - Fear of Rejection – Always seeking approval.