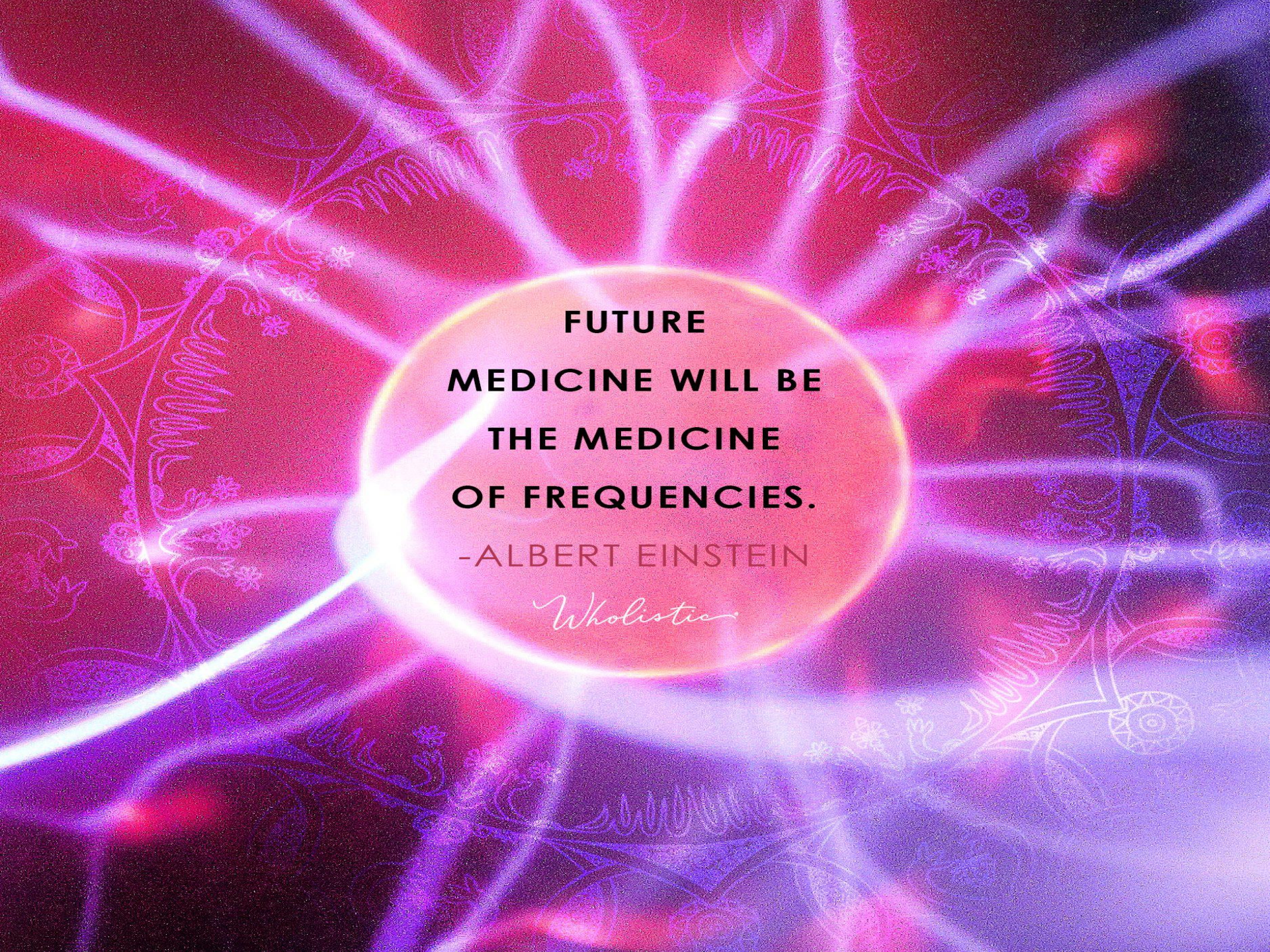


Restoration of All Things 2

- We have the Holy Spirit of Truth in us and with us as our guide
- We have Jesus the way, truth and life in us and with us to disciple us
- We have our loving Father in us and with us to Father us into sonship
- Agape love should be what we use to measure and test everything against

Restoration of All Things 2

- The 4 streams of thought that are converging into one mighty river are:
- Mystic sonship, Realised Eschatology, Universal reconciliation, Energy frequency healing
- We are going to cover energy frequency healing in these sessions



**FUTURE
MEDICINE WILL BE
THE MEDICINE
OF FREQUENCIES.**

-ALBERT EINSTEIN

Wholistic

Restoration of All Things 2

- Restoration includes personal wholeness
- Energy frequency healing is being restored in this transition period to help us become whole
- Energy and frequency are related to many different healing methods

Restoration of All Things 2

- Our birthright is immortality as mankind was created immortal
- Sin ushered in mortality
- Jesus came to restore life
- Therefore in His death we have immortality restored
- When we die with Him, we are raised with Him back to immortality

Restoration of All Things 2

- 2 Tim 1:9-10 according to the power of God, who has saved us and called us with a holy calling, not according to our works, but according to His own purpose and grace which was given to us in Christ Jesus before time began, but has now been revealed by the appearing of our Saviour Jesus Christ, who has abolished death and brought life and immortality to light through the gospel

Restoration of All Things 2

- What is energy and how does it affect us?
- How can we use energy healing methods to restore ourselves to wholeness?
- God by His grace is revealing these truths to His children so we can use these many different ways effectively

Restoration of All Things 2

- Words are Energy
- There have been experiments done where plants in schools were either praised or bullied.
- The bullied ones were stunted in growth and in some cases died.
- The ones praised thrived and grew well.

Restoration of All Things 2

- A Japanese scientist, Masaru Emoto, in his book *The Hidden Messages in Water*, highlights the following:
- Water droplets would form widely different crystal patterns depending on what they were exposed to before they were frozen.
- The words I love you, would result in beautiful ice crystals whilst the words I hate you would result in distorted crystals.

Water and Music



A Heavy Metal Song



A Korean Folk Song,
Ariran



Air on a G String, Bach



Amazing Grace



Edelwise



Farewell Song, Chopin



Heartbreak Hotel,
Elvis Presley



Imagine, John Lennon



Moldau, Smetana



Pastorale, Beethoven



Symphony No. 40,
Mozart



Tibetan Sutra



Yesterday, The Beatles

Restoration of All Things 2

- Consider that our bodies are 70% water
- Now consider how important it is to keep our words about ourselves positive instead of negative.
- Prov 18:21 Death and life are in the power of the tongue;
- It is equally important to keep our thoughts about ourselves positive

Restoration of All Things 2

- We are created in God's image, and have authority over our lives and our bodies
- The words I we speak will not return to us empty, but will accomplish what we desire and achieve the purpose for which we sent it.
- Be very careful what words you release from your mouth over your life concerning health and wellbeing

Restoration of All Things 2

- What words do you speak over yourself
- That are creative energy
- That impact your health and well being?



Restoration of All Things 2

- Research now show that our DNA actually changes shape according to our words
- There is evidence for a whole new type of medicine in which DNA can be influenced and reprogrammed by words and frequencies alone.

Scientists Prove DNA Can Be Reprogrammed By Our Own Words



Russian Scientists Prove DNA Can Be Reprogrammed by just our Words and other outside Frequencies

Restoration of All Things 2

- Learn to focus your words with an intention that flows from your cardiognosis relationship with God
- Words are containers they can carry intention but need directing
- Words can connect with the grace energy field (vibrating strings of energy) within the fabric of all things

Restoration of All Things 2

- Thoughts are Energy vibrations filled with intent positive or negative



Restoration of All Things 2

- Thought energy has no physical or spiritual boundaries
- Therefore our thoughts are not confined to a certain location.
- We would like to think that our private thoughts are in fact private.
- News flash: they are not!

Restoration of All Things 2

- Each of us is like a radio station, constantly broadcasting the energy of our thoughts which emanate from us touching those around us for good or for ill.
- Luke 5:22 Jesus knew what they were thinking and asked, “Why are you thinking these things in your hearts?”
- Your thoughts are immensely powerful

Restoration of All Things 2

- We all have experienced that feeling of walking into a room and feeling uncomfortable as our receptors receive the negative thoughts of someone in the room towards us.
- Reputable laboratory experiments have repeatedly shown that thoughts can directly influence the rate of growth in plants, fungi and bacteria.

Restoration of All Things 2

- Studies have proven that when the energy of thought is directed intentionally, it can impact someone else, regardless of whether they are nearby or all the way around the world.
- Our thoughts can engage the spiritual and angelic realm

Restoration of All Things 2

- Imagine how your own thoughts can affect you.
- Everyone has some kind of internal conversation daily.
- What do you say to yourself?
- Is what you are saying to yourself life giving and positive or critical and negative

Restoration of All Things 2

- Phil 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. 9 Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Restoration of All Things 2

- Harvard Medical School's Mind-Body Institute research show that:
- 75% - 98% of mental, physical and behavioural illness comes from one's thought life.
- Do we entertain any negative thoughts about: a person, the future, worry, fear, an event, a memory

Restoration of All Things 2

- Any conversation we may have in our thinking will have a negative or positive effect on us or others
- If we engage in toxic thinking it will actually change our brain wiring in a negative direction affecting our emotions and physical wellbeing

Restoration of All Things 2

- The result of this negative toxic thinking towards a specific will:
- Throw our body into stress
- Change the relationship
- Change the outcome of the event
- Attract or entrain that fear or worry towards us in a negative way

Restoration of All Things 2

- What is the number one source of illness and disease?
- Over the last 10 years this has become so universally accepted that even the United States federal government has come out in publicly agreeing:
- Almost all health issues originate from one problem – STRESS.

Restoration of All Things 2

- When we talk about stress, we are not talking about circumstantial issues that we usually think about as stress.
- It is physiological stress that results in illness and disease.
- Physiological stress simply put, is when our nervous system is out of balance.
- Where there is negative energy where once there was positive energy.

Restoration of All Things 2

- Prov 23:7 As a man thinks in his heart so is he.
- We can create who we are, with our thoughts.
- We have the capacity to choose who we will be so let's choose a life aligned with our destiny

Restoration of All Things 2

- Our choice is the most powerful thing that we possess.
- We choose what we think about
- We choose life and death
- We choose success or failure
- We choose joy or sadness
- We choose fulfilment or frustration
- We choose to worry and focus on fear

Restoration of All Things 2

- Our brain can either be a record of the past, or a blueprint for the future.
- If our brain is a record of the past, we will be stuck in a cycle of repeated patterns of behaviour or illness.

Restoration of All Things 2

- From the moment we start our day we will already be thinking in the past
- Each one of the memories in our brain will have an emotion attached to it because emotions are the end product of past experiences

Restoration of All Things 2

- According to Neuroscientist Joe Dispenza:
- Neuroscience is discovering that 95% of who we are by the time we are 35 is: a memorized set of behaviours
- Emotional reactions, unconscious habits, hardwired attitudes, beliefs and perceptions

Restoration of All Things 2

- We function like a computer program.
- We have subconscious memory like a computers hard drive that stores the programs
- We have unconscious memory like ROM memory that is instinctive gut programming
- We have conscious memory RAM that loads and runs the programs

Restoration of All Things 2

- Neuroscience reveals that:
- As we have previously established that the body does not know the difference between the experience and the memory of the experience.

Restoration of All Things 2

- When we are in the cycle of our thoughts and emotions being played over and over again - it renders our entire state of being as living in the past.
- Change is uncomfortable
- Being in the unknown is a scary place

Restoration of All Things 2

- Often it feels safer to be in, say fear,
- Because at least then you know how to handle fear and that makes you feel safe.
- Using fear as an example:
- Think about the emotional rush that comes with fear.

Restoration of All Things 2

- We are created to feel.
- Feeling something negative will never be our first choice, but if the absence of a positive, we will settle for a negative.
- The naughty child will tolerate negative attention rather than no attention

Restoration of All Things 2

- We all probably still carry a measure of brokenness, it is unlikely that every one of our emotional needs are being met
- Which means we will be feeding on negative emotions that are connected to our past

Restoration of All Things 2

- So what energy are you addicted to?
- Do you want to stay in the addiction of the past or move into the freedom of the future.
- We can choose freedom and focus our intent which has power

Restoration of All Things 2

- Your intention is another form on energy
- The power of intention when exercised in a prayerful manner raises your energy frequency by 15MHz.
- It is a directed form of thought energy.

Restoration of All Things 2

- The intention of our heart, when coupled with our choice, is exceptionally powerful.
- Because energy is intelligent, when activated by our choice, it will begin to obey and co-operate with our intention.

Restoration of All Things 2

- Make a decision today that you want to move out of the addiction of the past into the freedom of the future.
- Allow Holy Spirit to show you what emotions you are addicted to and how to break free

Restoration of All Things 2

- Align your intentions and you can enable them to catalyse the changes necessary
- The best way to predict your futures is to create it
- How do we do that?
- Engage God in intimacy

Restoration of All Things 2

- By rewiring our brain and choosing realities that align with our destiny as revealed heart to heart with God with intention
- Every time we settle our body down and pull it back from the past and focus it in the present through meditative intention

Restoration of All Things 2

- We are telling our body that it is no longer in control by focusing thoughts and desires with intent
- When this happens we begin the process of freeing ourselves from living in the past and can begin the process of investing our energy into the future

Restoration of All Things 2

- Where you place your attention is where you place your energy
- When we allow ourselves to constantly replay and revisit past experiences and emotions
- We are syphoning our energy from the present into the past and repeating the cycles

Restoration of All Things 2

- When all our energy is being allocated to the past, there is none for the present let alone the future.
- The first question is: Are you investing your energy into your past or into your future?

Restoration of All Things 2

- Where do you want to invest your energy?
- Decide what you want to change.
- We can change it by mentally rehearsing it by meditating seeing and choosing a different reality

Restoration of All Things 2

- 2 Cor 10:5 take captive every thought to make it obedient to Christ to demolish arguments and every pretension that sets itself up against the knowledge of God,
- This needs to be our focus as we control our thoughts rather than our thoughts controlling us.

Restoration of All Things 2

- If the body does not know the difference between the **experience** and the **memory** of the experience.
- Then it does not know the difference between what is real and what is our chosen created reality.

Restoration of All Things 2

- Emotions are Energy



Restoration of All Things 2

- The emotions that we feel are made up of energy.
- This energy may be positive or negative and will have the corresponding effect on our bodies.
- This is evidenced when you see someone who is agitated infect a roomful of people.

Restoration of All Things 2

- Just like the impact of tuning forks, when vibrations are released into a room, others begin to pick up that vibration and start to vibrate at that frequency.
- I want you to think about something that has happened recently that has caused a negative emotion within you

Restoration of All Things 2

- I want you to focus on that negative emotion and feel the impact it is having on your body
- Recognise the emotion...feel the tension in your body when you engage with the energy of that emotion

Restoration of All Things 2

- Now I want you to think about something that makes you happy or peaceful
- As you engage with that thought, I want you to recognise the energy that is released in your body as you engage with those positive emotions.
- Can you see the benefit of the one and the destruction of the other?

Restoration of All Things 2

- Recognise how one emotion is destructive whilst the other is beneficial and uplifting
- Align your intention with your choice to move away from destructive and toward constructive and productive
- Allow Holy Spirit to shift and change your mindsets to positive effect

Restoration of All Things 2

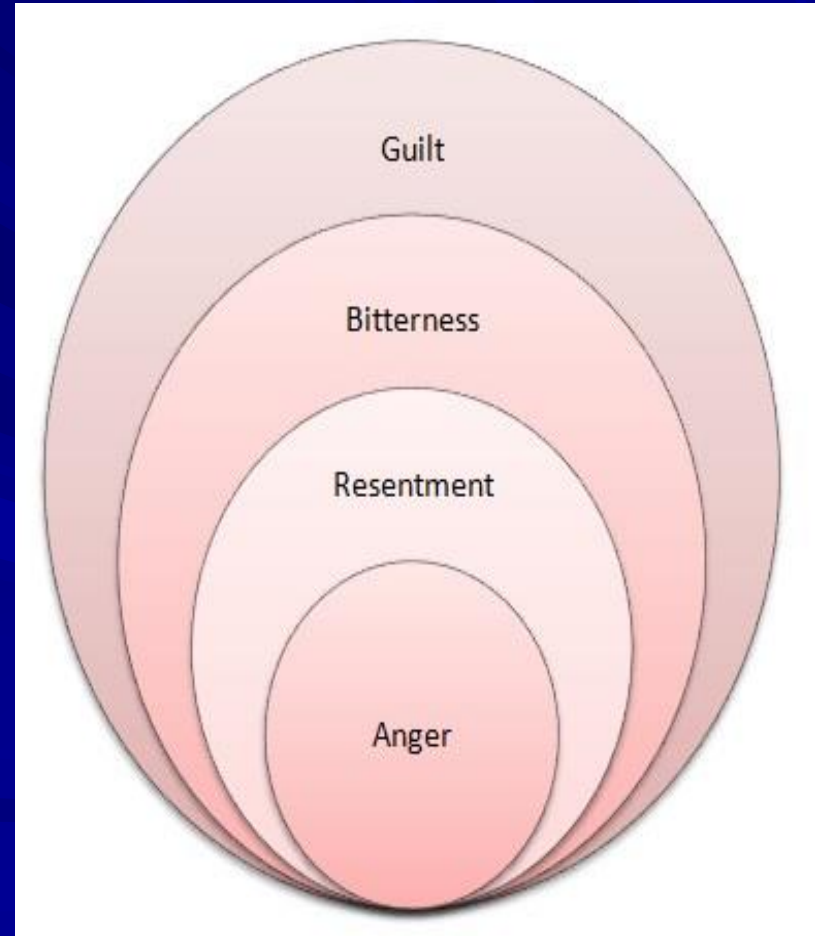
- The Energy of Unforgiveness

Unforgiveness is
emotional *bondage* that
consumes minds with
memories of *offenses*,
distorts emotions with
revenge, and fills hearts
with churning *unrest*.

Charles Stanley

Restoration of All Things 2

- The Energy of Unforgiveness
- Anger is the consequence of not forgiving
- Very often our first response to pain, is anger.
- We use the anger to hide the pain, and to be the avenue through which we release the pain and emotion.



Restoration of All Things 2

- We choose anger because it is a natural response of protection.
- Subconsciously, we see aggression as a way to protect ourselves.
- Anger is the very tool that becomes our prison.
- There is all sorts of energy and emotion associated with unforgiveness

Restoration of All Things 2

- Unforgiveness is such a damaging occurrence in our culture that we have ministering forgive and release for 25 years
- Parable of the unforgiving steward
- Forgive and release from the heart or be in the torture chamber and suffer the negative consequences

Restoration of All Things 2

- Marketplace has Forgiveness Therapy which applies to is everyone but us delivered by believers
- If you want more information see the Forgiveness Therapy Website:
www.forgivenessstherapy.org
- If you want to become a Forgiveness Therapy Centre you can contact them

Restoration of All Things 2

- They also are also developing a group therapy called Surviving to Thriving.
- It is based on all the teaching about Energy Healing and how to reprogramed your DNA.
- I believe there will be many new therapies developed around identity and destiny

Restoration of All Things 2

- Heart Energy
- Science is now discovering that your heart generates 100 to 1000 times more power and electromagnetic energy than your brain
- Making it the most powerful organ in your body.
- Your heart is the core of who you really are.

Restoration of All Things 2

- People who have had heart transplants report emotional responses that they did not have before.
- Neuroscientists are making many exciting discoveries.
- They have found that the heart has its own independent nervous system.
- A complex system referred to as “the brain in the heart”.

Restoration of All Things 2

The Heart-Brain Relationship

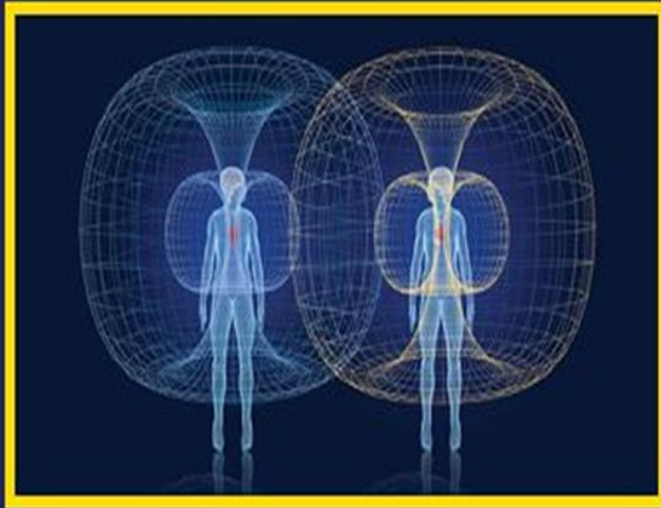


- The heart has its own complex nervous system: the “heart brain.”
- The heart sends far more information to the brain than the brain sends to the heart.
- Heart signals especially affect the brain centers involved in strategic thinking, reaction times and self-regulation.



Restoration of All Things 2

Did you know?



Your heart emits an electromagnetic field that changes according to your emotions.

Others can pick up the quality of your emotions through the electromagnetic energy radiating from your heart.

Heart-Brain Factoids

- The heart has a system of neurons that have both short- and long-term memory, and the signals they send to the brain can affect our emotional experiences.
- The heart sends more information to the brain than the brain sends to the heart.
- Coherent heart rhythms help the brain in creativity and innovative problem-solving.

Restoration of All Things 2

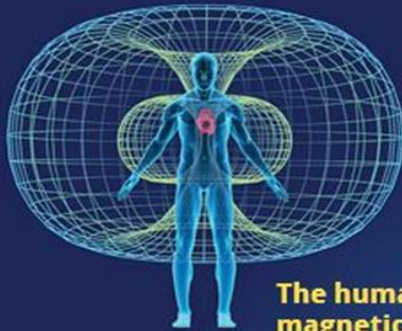
- Prov 23:7 As a man thinks in his heart so is he.
- We should not be surprised that the heart has its own unique intelligence
- Or that it can think, feel and remember?
- Life flows from the heart so we need a spiritually healthy heart

Restoration of All Things 2

- The heart starts beating in an unborn foetus before the brain is formed.
- Scientists still don't know what exactly makes it start beating.
- The heartbeat is generated from within the heart itself
- It doesn't need connection to the brain to keep beating.

Restoration of All Things 2

Did you know?



The human heart's magnetic field can be measured several feet away from the body.



Negative emotions can create nervous system chaos, but positive emotions do the opposite.



In fetal development, the heart forms and starts beating before the brain begins to develop.

Positive emotions can increase the brain's ability to make good decisions.



Positive emotions create physiological benefits in your body.

You can boost your immune system by focusing on positive emotions.



Restoration of All Things 2

- For more information on this see:
- www.heartmath.com
- HeartMath products, tools and techniques are based on over 25 years of scientific research conducted at the HeartMath Institute on the psychophysiology of stress, emotions, and the interactions between the heart and brain

Restoration of All Things 2

- In order to access any hidden emotions it is necessary to activate your choice and reassure your subconscious that your heart is safe to divulge the information
- Prov 4:23 Watch over your heart with all diligence, for from it flow the springs of life.

Restoration of All Things 2

- In times of crisis, the subconscious mind will sometimes create a wall of energy around your heart to protect it.
- Dissociating traumatic events
- Words like heartache or heartbreak as so called because of what occurs in the heart under strong emotional strain.

Restoration of All Things 2

- Medical research experiments have repeatedly shown that there are measurable positive effects on the body when we feel love and appreciation towards someone else.
- Focusing on joy, gratitude and thanksgiving changes brain chemistry and rewrites our neural pathways

Restoration of All Things 2

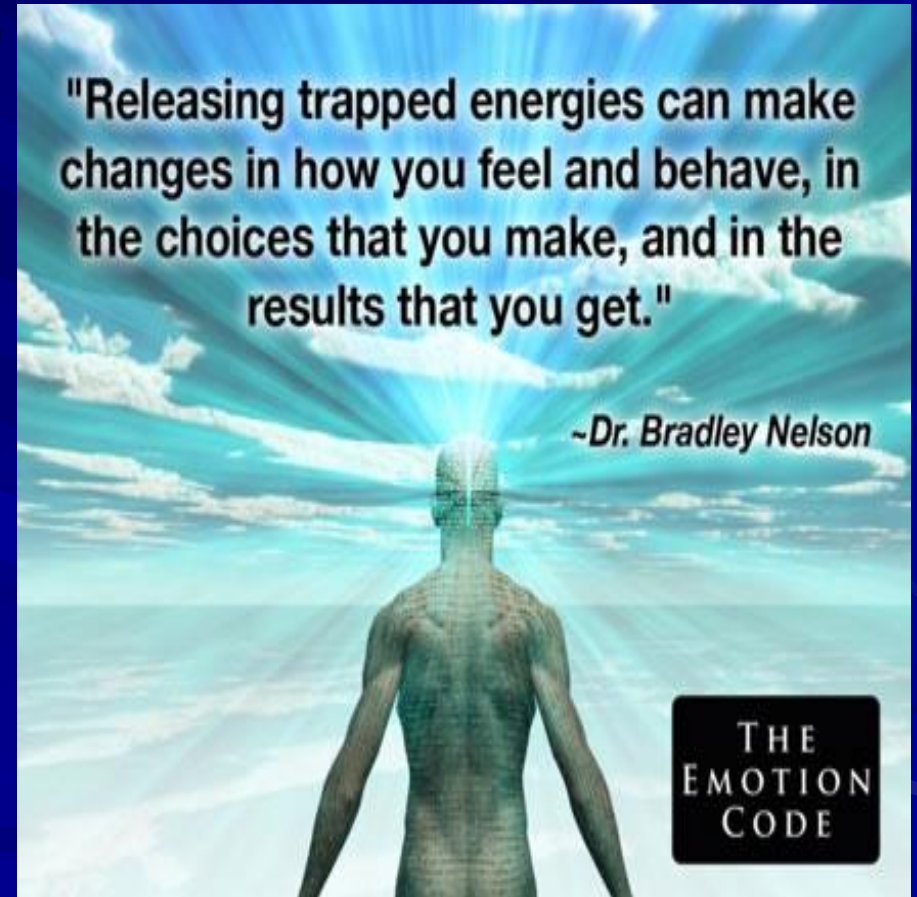
- The same beneficial effect occurs in your own body when you are on the receiving end of love and appreciation
- You can activate that at anytime by giving thanks to the Lord, and showing Him our appreciation, and focusing on how good He is!
- You can always find something to be thankful for

Restoration of All Things 2

- Trapped emotions
- Trapped trauma
- Toxic emotions
- These can be trapped in the cells of the body or in the memory pathways
- They are highly toxic to the physical body as well as emotional wellbeing

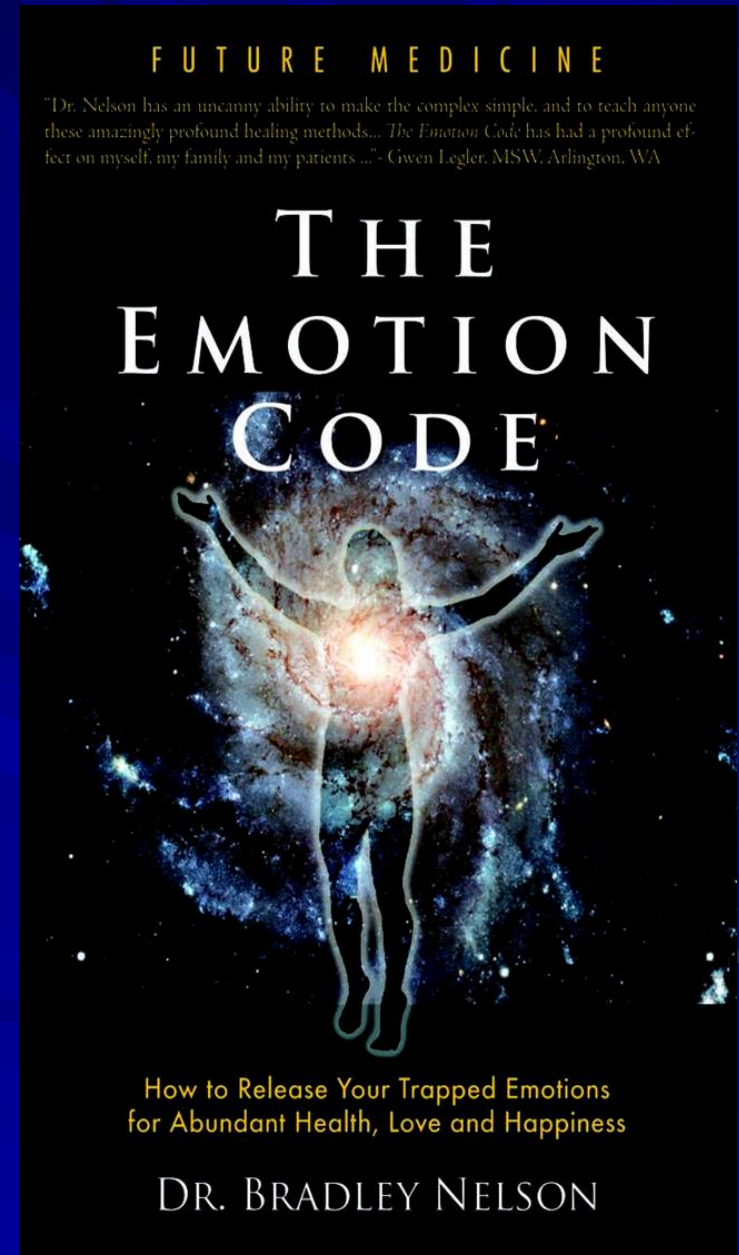
Restoration of All Things 2

- Trapped emotions
- Sometimes, for reasons we cannot explain, our emotions do not process and leave the body.
- Instead they remain trapped in the physical body.



Restoration of All Things 2

- If you want to know more about trapped emotions:
- This is a good book: *The Emotion Code*



Restoration of All Things 2

- Using anger as an example.
- Instead of moving past your angry moment that negative emotional energy remains within your body
- Causing physical and emotional stress and being literally the emotional baggage that we carry around with us weighing us down tied to the anger

Restoration of All Things 2

- Trapped emotions can consist of well-defined energies that actually have shape and form, although not visible.
- Many ancient healing practices rely on the premise that disease is caused by an energy imbalance in the body.

Restoration of All Things 2

- Trapped emotions and trauma create a distortion in the energy field of the body and they vibrate at a distorted frequency which begins to interrupt the healthy flow of energy in the body.

Restoration of All Things 2

- If this continues longer term the organs in which the trapped emotion is sitting will begin to be disrupted and distorted by the frequency of the emotion in question
- Until the organ itself begins to vibrate at the frequency of the trapped emotion and the impact is disease of the organ

Restoration of All Things 2

- We want to get to a place where we can ask our body if there is any trapped emotion we need to deal with
- Before we get there we need to address the inbuilt protection systems we have in place.
- It has been said many time that we humans use only about 10% of our brain.

Restoration of All Things 2

- What that means is that the conscious mind only needs 10% of our brain to function.
- Think about all the things that we do that seem to come automatically, like walking talking, thinking, seeing, hearing, tasting breathing, planning.
- All of these are done without the conscious processing of the mind.

An iceberg floating in the ocean. The top part of the iceberg is above the water surface, and the bottom part is submerged. A horizontal line separates the water from the sky. The sky is blue with some white clouds. The water is a deep blue. The iceberg is white and has a jagged, mountain-like peak above water and a much larger, more complex structure below water.

conscious

sub-conscious

Restoration of All Things 2

- So what is the other 90% of our brain up to?
- This is what we refer to as the subconscious and unconscious is also looked upon as the hard drive of the brain.
- This constitutes the operating system of our bodies.

Restoration of All Things 2

- It controls all the instructions to your digestive system, telling your cells how to create enzymes and proteins.
- It tells your heart how to keep beating and how to function etc. etc.
- It is also where information is stored.
- Everything you have ever done has been logged in your subconscious memory.

Restoration of All Things 2

- Every face, every voice, every song, every taste every touch every experience has been logged.
- Every virus, bacteria or fungus that has effected your body.
- Every injury, every thought, every feeling.
- The entire history of every cell has been archived.

Restoration of All Things 2

- Brain surgery is often done while the patient is conscious.
- Dr Wilder Penfield discovered that under certain circumstances people who are undergoing brain surgery will have memories return to them when a certain area of the brain is stimulated.

Restoration of All Things 2

- The subconscious mind has a duty to protect the body, and as such will often choose to hide things and make them inaccessible.
- The subconscious or unconscious mind will resist allowing trauma kinds of memory from being healed because the purpose of that memory in the subconscious is to protect the person from that same hurt happening again.

Restoration of All Things 2

Common Physical Problems caused by Trapped Emotions

- ♦ Acid Reflux
- ♦ Allergies
- ♦ Abdominal Pain
- ♦ Asthma
- ♦ Back Pain
- ♦ Bell's Palsy
- ♦ Cancer
- ♦ Carpal Tunnel
- ♦ Chest Pain
- ♦ Chronic Fatigue
- ♦ Crohn's Disease
- ♦ Colitis
- ♦ Constipation
- ♦ Diabetes
- ♦ Dyslexia
- ♦ Eye Pain
- ♦ Fibromyalgia
- ♦ Headaches
- ♦ Heartburn (GERD)
- ♦ Hip Pain
- ♦ Hypoglycemia
- ♦ Hypothyroid
- ♦ Impotency
- ♦ Infertility
- ♦ Irritable Bowel (IBS)
- ♦ Joint Pain
- ♦ Knee Pain
- ♦ Low Back Pain
- ♦ Lupus
- ♦ Multiple Sclerosis
- ♦ Neck pain
- ♦ Parkinson's disease
- ♦ Shoulder pain
- ♦ Sinus problems
- ♦ Tennis Elbow
- ♦ Vertigo

Restoration of All Things 2

- In order to access information it is necessary to align the intention of your heart and activate your ability to choose.
- This reassures your subconscious that it is safe to divulge the information

Restoration of All Things 2

- Strategy for immortality
- So what are some of the things that cause us to remain in a place of mortality?
- Not realising that we have already died with Him and what the resurrection accomplished

Restoration of All Things 2

- Rom 6:8 Now if we died with Christ, we believe that we will also live with him. 9 For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him.
- Live from the power of resurrection life in communion energy

Restoration of All Things 2

- Activate your choice today.
- Speak to your subconscious and say that it is safe to divulge the relevant information pertaining to any trapped emotions in your body
- Now ask your body if there is a trapped emotion Y / N

Restoration of All Things 2

- Is it trapped due to my own DNA or inherited DNA or both?
- Where in the body is it trapped?
- You can speak to your heart, and tell it that it is safe to access any hidden emotions that pertain to the issue above.
- Write down the primary emotion that comes to mind

Restoration of All Things 2

- Looking at what you have written.
- Who do you need to forgive and release?
- What judgements do you need to renounce?
- Renounce those bitter roots that defile our bodies and souls

Restoration of All Things 2

- Activate your choice and instruct your subconscious that all known and unknown negative images, unhealthy beliefs, destructive cellular memories be found and opened.
- Write down the memories that come to the surface

Restoration of All Things 2


- Activate your choice and instruct your subconscious that all known and unknown physical issues related to the revealed emotions be found, opened and healed.
- Receive the energy of light, life and pure love from true creative LIGHT God Himself

Restoration of All Things 2

- Speak to all the negative frequencies vibrating in your body to cancel them out
- Activating the neuro-immune system to resume its job of healing whatever is wrong in the body.
- Connect the energy of your intention to the energy of Pure Love which will magnify it's healing capacity

Restoration of All Things 2

- Now activate your intention to release the trapped emotion
from the part of your body
That is revealed
- In its place receive the frequency of pure light and love flowing directly from the Father's loving heart

A white crystal singing bowl is centered in the image. It is a wide, shallow, bell-shaped vessel with a smooth, slightly reflective surface. Below the bowl, a wooden mallet with a grey, textured grip is positioned horizontally. The background is a solid, deep blue color with subtle, darker blue diagonal lines.

Engage the frequency
of love to be
entrained to
wholeness

- 
- Minor Pentatonic Scale Oracles
 - A 444 Hz Passion
 - C 528 Burning Desire
 - D 592 Intense Joy
 - E 665 Deep Compassion
 - G 791 Overwhelming Love

Restoration of All Things 2

- Rest is the key to restoration and revelation
- Start to focus on your breathing slowing it down and start thinking of the name of God YHVH
- Breathe in deeply and exhale slowly
Yod
- Breathe in Hei and out Vav

Restoration of All Things 2

- Repeat in Hei out Yod in Hei and out Vav
- Invite love, joy and peace flow in you and through you to create an atmosphere of rest around you
- You are in a safe place
- Start to think of an open heaven and set your desire upon it

Restoration of All Things 2

- Relax do not strive just rest close your eyes
- Slow down your breathing to the rhythm of YHVH
- Breathe in Hei breathe out Yod, breathe in Hei and breathe out Vav
- Be still and know that I am God
- I am love, I am joy, I am peace

