

How can we be prepared for sonship?

Preparation with help from tutors

Preparation through entering rest

Preparation through soul transformation at different levels

Renewing and rewiring of the mind and expanding consciousness

If we are going to function as mature sons we need the mind of a son

'As a man thinks in his heart so is he' - therefore we need to think like a son of God to be a son of God

Thinking from our eternal identity and using our sonship abilities

Seeing from eternal and heavenly perspectives

Expanding consciousness to unveil extra-sensory abilities

Controlling and manipulating energy, frequency and matter

Creating, choosing and framing reality

Translation in time and space

What reality are you living?

From whose perspective are you viewing reality – yours or God's?

You can choose and change your present reality

All reality or truth if not seen through the perspective of The Truth, Jesus Himself, will eventually become a nightmare

God is unveiling truth with strategies to reclaim the use of energy healing and other frequency-based technologies to facilitate change and transformation

Alternative Christian Therapies reclaiming energy healing

Therapeutic uses of frequency

Aroma touch, Raindrop therapy

RTE ([releasing toxic emotions](#)) using essential oils

Crystal infused energy oils

Flower essences

Light and crystal therapy

Sound therapy using crystal bowls

Communion frequency transformation

Bio-energetic devices

Rife machines, Trifinity8

Mathematical Binary Substance Coding

A Fractal Amplification Resonator

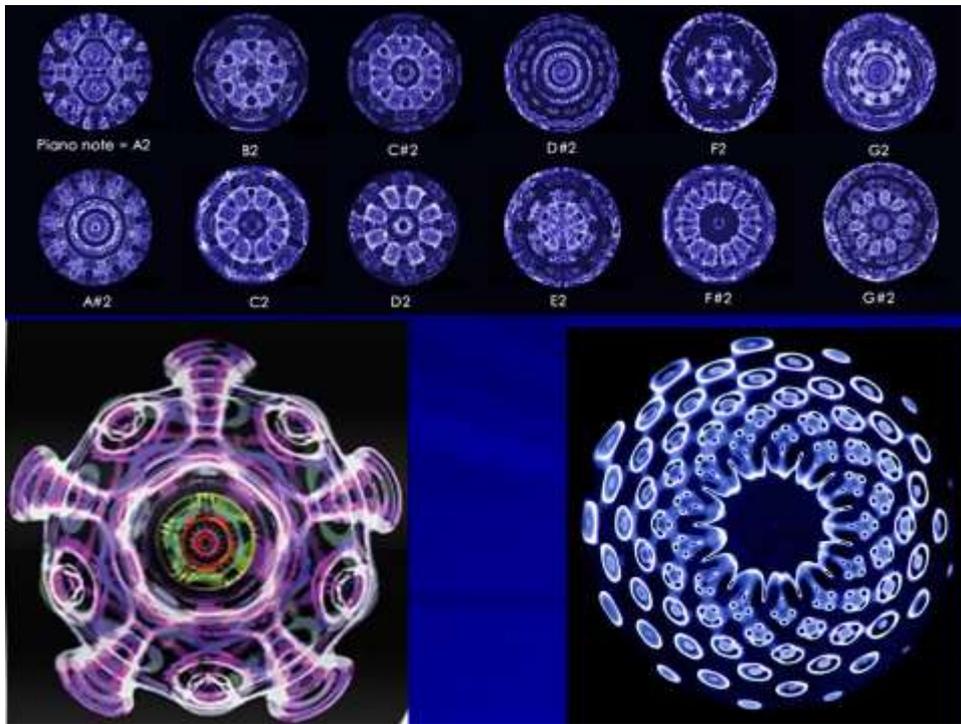
Sacred Geometry Infusion

Pure Solfeggio Sound Tones & Harmonic Crystal Tuning

Rapid Quartz Crystal Rod Transmission

Sound Healing, through various techniques and technologies, is the educated and conscious use of the energy of sound to reach identified goals and promote wellness in the human system – including mental, emotional and physical health

Science has proven that sound vibrations have a strong impact upon substance. For example, the study of [Cymatics](#) has shown how sound creates geometric patterns in matter. Sound Healing is founded on the premise that all matter is vibrating at specific frequencies.



Dr. Emoto states that sound affects the molecular structure of water. We are approximately 70% water therefore sound also affects consciousness as our brains are approximately 80% water. Many ancient civilizations and modern indigenous cultures have used sound to heal and access higher levels of consciousness for thousands of years.



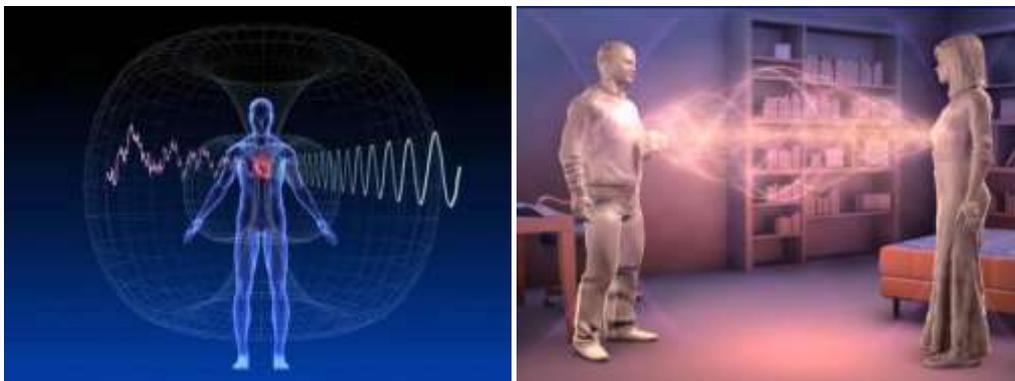
Research has now shown that each of us has a root or soul frequency that we vibrate at. This frequency is most apparent when we are centred and grounded in rest or living in love. The frequency also naturally emanates from us as an energy field when we are in a state of rest or peace

“Get over it, and accept the inarguable conclusion. The universe is immaterial - mental and spiritual”
– Richard Conn Henry, Professor of Physics and Astronomy at Johns Hopkins University

We radiate frequencies that effect reality at a quantum level

We are the frequency to answer creation’s groaning

We need to be at rest, living in love joy and peace, for rivers of living energy to flow from our innermost being



Matt 11:28 “Come to Me, all who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.

Rest, peace, trust and true identity comes in relationship with Jesus

Cardiognosis or knowledge of the heart with God and each other

The term Cardiognosis indicates methods and meditation techniques which have the purpose of reaching an inner state of mystical experience and, eventually, the charisma of Cardiognosis.

There are many frequencies that distract us from our own.

There are sounds of everyday life phones, cars, trucks, trains, planes, electricity, and electromagnetism.

There are the chaotic and distracted frequencies of disconnected people all around us.

Probably the most difficult frequencies are the distracting frequencies within us, such as chaotic and stressful thoughts and emotional pains and trauma memories connected to our past brokenness and causing disharmony and fragmentation

With all the chaos and inconsistency around us, it is easy to lose our frequency and peace by being influenced by the prevailing atmospheres over and around us

We can overcome these problems by coming to Jesus to find rest and health for our souls and bodies

One goal of using frequency and energy is to help people regain their identity by penetrating their limited and resistant mind-sets with truth

Why don't we use normal Christian methods of healing?

Who says *these* are not normal from God's perspective?

Jesus used many different ways to heal people

Some were instant miracles but some were ongoing therapeutic processes

Jesus used words, energy fields, power, touch, spit, mud, directives, commands and rebukes to heal

When we resonate or agree with truth, synchronisation begin to take place at a subconscious level

There is great power in agreement and changes can begin to take place, things reconnect, memories open up and realignment can occur

Although this is a subconscious reaction, different conditions can alter the affect it has on us

Psychosomatic effects work through the interaction of mind and body.

Faith, belief or fear can have a positive or negative effect

Creation in its original form was harmonious and everything played its part in an amazing symphony of colour, sound and frequency all vibrating in unison

With the Cherubim's rebellion and the fall of man aspects of creation became discordant, groaning and waiting for restoration

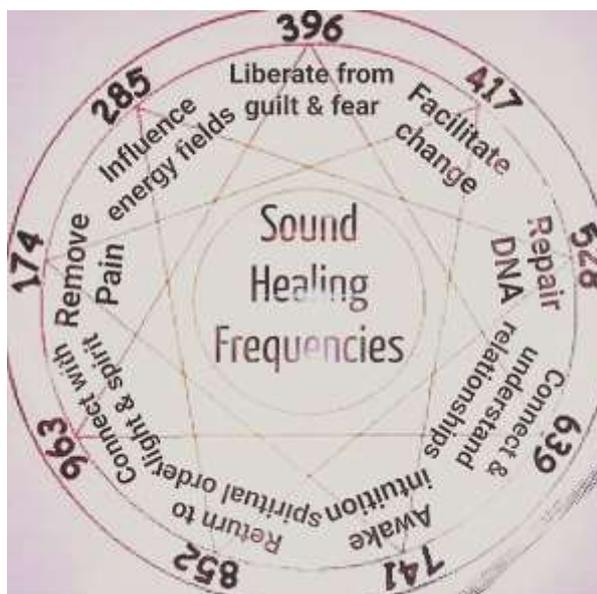
There are many types of sound that can resonate intent - frequencies, pitches, beats, musical intervals, music and energy.

There are many people using different frequencies within musical composition and sounds with intent for different purposes like healing, realignment harmony, unity, love, joy and peace

The most common musical interval used to express love and healing is the musical third (the 528Hz frequency is a musical third)

713HZ is known as the resurrection frequency and is restorative – music in 713Hz

[SML Music via Soundcloud](#)



We are quite familiar with the natural music of love, which often has some sadness and melancholy about it because of mankind's lostness and brokenness

Music can connect us emotionally to the intent and memory hence nostalgia

The Blues, Bluegrass, Jazz, Classical affect our mood and therefore our emotions

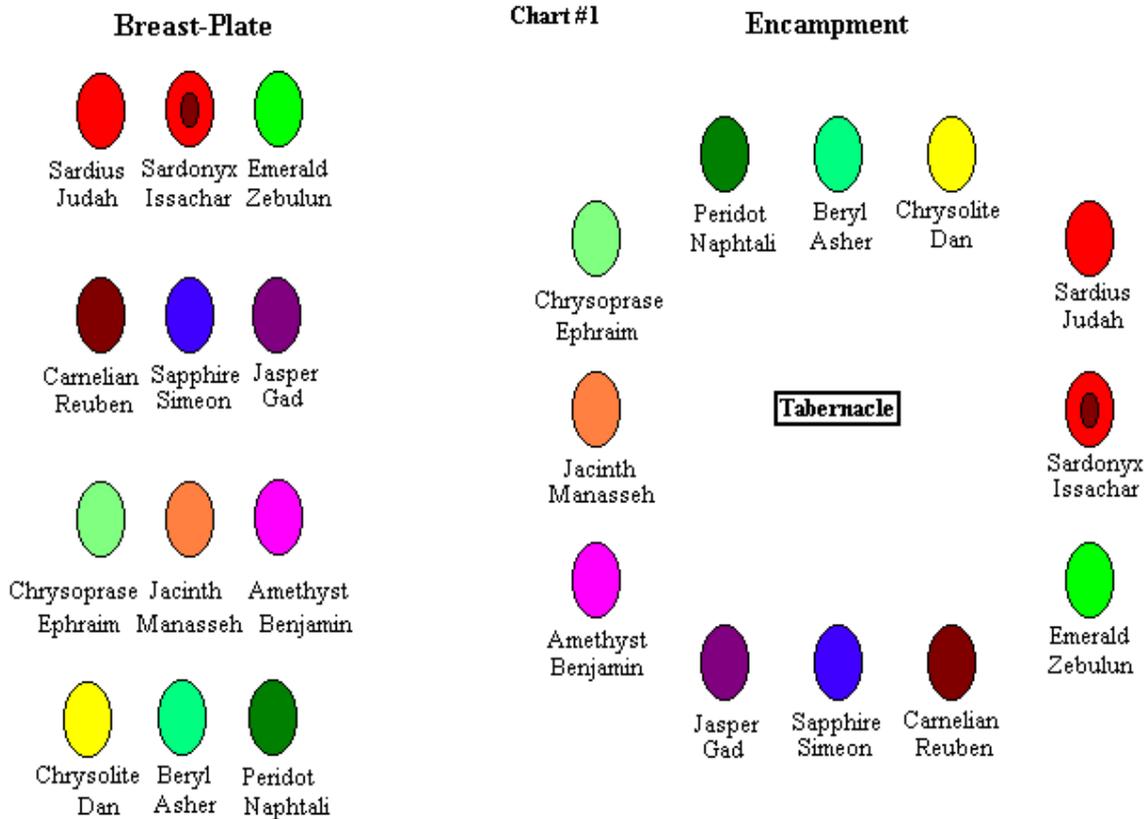
Rock, pop, Dixieland, boogie-woogie, big band, swing, bebop, 'straight-ahead,' acid-jazz, fusion, and metaphysical - these can stir up many different emotions, such as sadness, happiness, and excitement.

Crystal bowls contain the qualities of amplification, storage, transfer, and transformation; they can be powerful tools in effecting change in one's life with intention

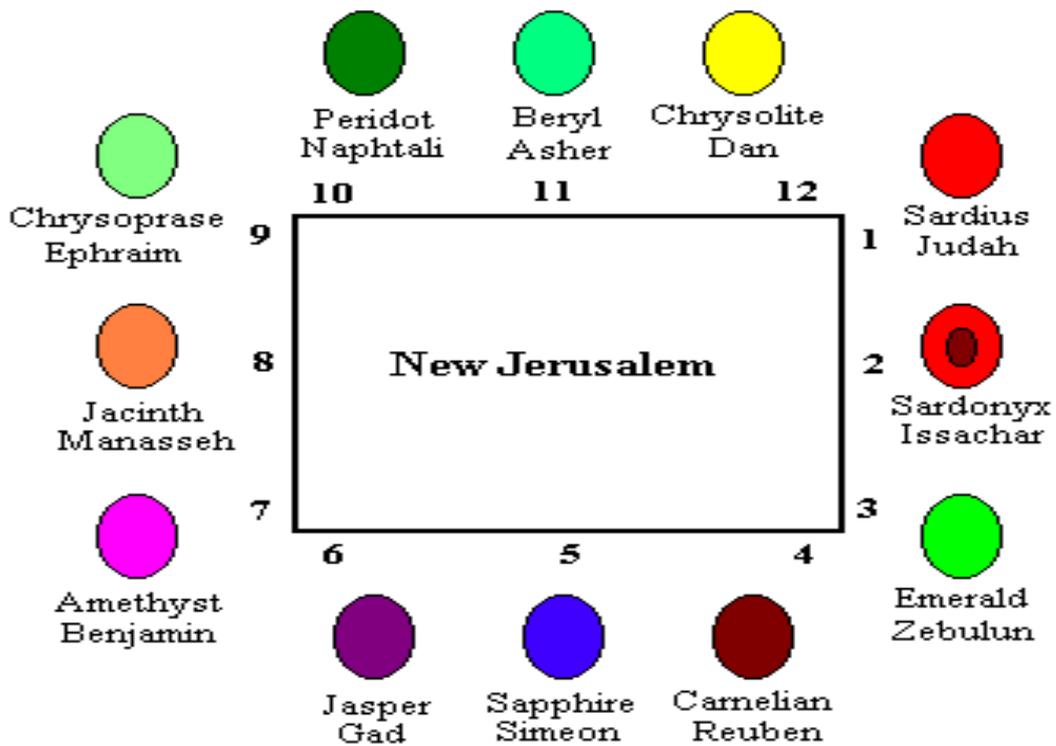
It is important to approach the use of the bowls *with intention* flowing through the frequency of the notes.

Crystals are biblical and were used for divine guidance

God gave the gemstone breastplate to the high priest, Aaron, to help him spiritually discern answers to the people's questions that he asked God while praying in the tabernacle.



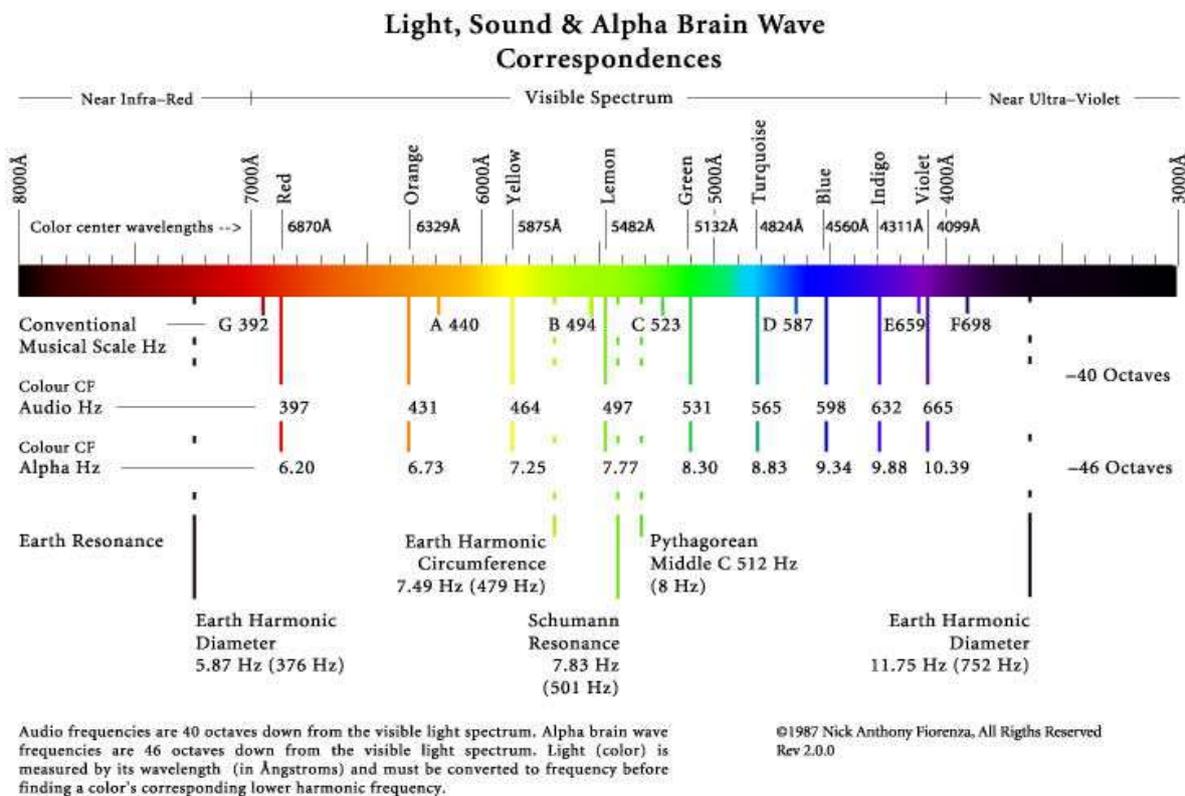
3	2	1
Levi – Emerald 	Simeon – Topaz 	Reuben – Sardius or Ruby 
Zebulun - Jasper 	Issachar – Sapphire or Lapis-lazuli 	Judah – Turquoise or Carbuncle 
Benjamin - Amethyst 	Joseph – Agate 	Dan – Garnet, Amber or Jacinth (ligurius) 
Asher – Beryl or green Jasper 	Gad – red Beryl or Onyx 	Naphtali – Chrysolite, Yellow Jasper or Beryl 



Exodus 28:30 mentions mystical objects called "Urim and Thummim" (which mean "lights and perfections") that God instructed the Hebrew people to include in the breastplate: so they may be over Aaron's heart whenever he entered the presence of the Lord.

Sound and colour are both forms of energy, which vibrate.
 As the vibration of sound becomes higher and lighter, the sound is transmuted into colour.
 A normal piano spans a bit more than seven octaves.

If, hypothetically, we could extend the piano keyboard another 35 to 50 octaves higher, the keys at the higher end would produce colours, rather than audible sounds, when played.
 Creation is groaning in B-flat 57 octaves below the lowest B-flat on a piano; that sound even comes from black holes

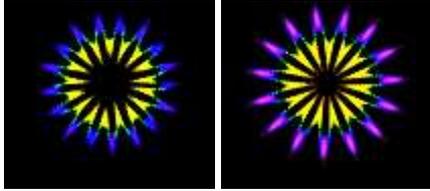


The crystal bowls emit a sound which is a powerful, pure resonance.
 The larger bowls are much more reverberant, with the tone lingering longer, simply because of the size and amount of crystal.

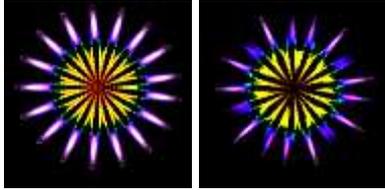


The bowls can be played with intent in different ways using different implements and techniques by flowing through the spirit
 Flow of intent for healing or peace etc. is released in the same way as we speak words.

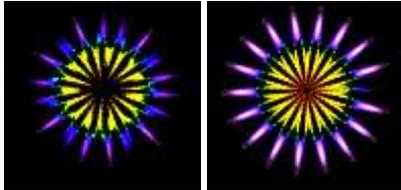
C **RED** **264hz**



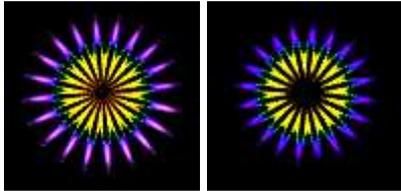
D **ORANGE** **300Hz**



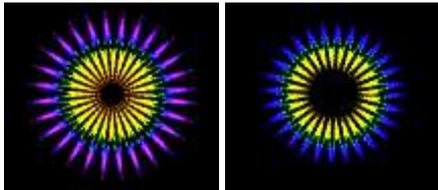
E **YELLOW** **336Hz**



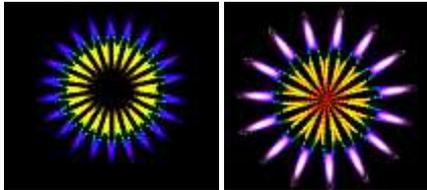
F **GREEN** **353Hz**



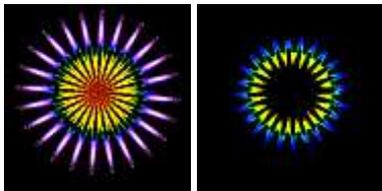
G **BLUE** **402Hz**



A **INDIGO** **444Hz**



B **VIOLET** **484Hz**



C	RED	SPIRIT of the LORD
D	ORANGE	WISDOM
E	YELLOW	UNDERSTANDING
F	GREEN	COUNSEL
G	BLUE	MIGHT
A	INDIGO	KNOWLEDGE
B	VIOLET	FEAR of the LORD

C	RED	PROPHET
D	ORANGE	SERVANT
E	YELLOW	TEACHER
F	GREEN	EXHORTER
G	BLUE	GIVER
A	INDIGO	RULER
B	VIOLET	MERCY

C	RED	CONSCIENCE
D	ORANGE	IMAGINATION
E	YELLOW	REASON
F	GREEN	MIND HEART
G	BLUE	EMOTIONS
A	INDIGO	WILL
B	VIOLET	CHOICE

C	RED	ROOT
D	ORANGE	SACRAL
E	YELLOW	SOLAR PLEXUS
F	GREEN	HEART
G	BLUE	THROAT
A	INDIGO	IMAGINATION
B	VIOLET	CROWN MIND

Many other clinical studies (covered in Lynn McTaggart's book, "[The Intention Experiment](#)") have proven that our intention not only affects matter, it affects ourselves and others. Healing experiment even worked on people in the past

Quantum physics actually explains how this works. It is all based on the main law of resonance "A strong resonant frequency will overcome and entrain a weaker frequency into the same vibration as the stronger."

Entrainment is to pull or draw along after itself

In essence, entrainment refers to a natural phenomenon in which one entity resonates synchronously with another in response to its dominant frequency of vibration.

Brainwave entrainment, the practice of entraining one's brainwaves to a desired frequency. Entrainment (biomusicology) the synchronization of organisms to an external rhythm.

Entrainment (chronobiology), the alignment of a circadian system's period and phase to the period and phase of an external rhythm.

Even an intention is vibration.

Some intentions are very pure, like sending love to someone. Some are more complex frequency combinations

Since intention is simply a frequency, the strength and quality of the intention will contribute to its effectiveness.

If you hold an intention of healing love for someone in need, it will be exponentially more powerful when you hold it without distraction.

If you can hold the intention for an extended period of time with a heavenly focus – the “as it is in heaven” – then manifestations will occur on earth as agreed in heaven

It has also been proven that intention gets embedded into things like recorded music.

So when you play back the music it is carried by the sound to the listener.

Paul imparted into physical material to minister to people at distance

Samuel Lane of SML music has produced many of the tracks that I use in activations

They are titles with intent and record at specific frequencies

They are mostly [free to stream or download from Soundcloud](#) and are great for meditation.

$E=mc^2$ energy = mass times the speed of light squared

The equation says that energy and mass (matter) are interchangeable; they are different forms of the same thing. Under the right conditions, energy can become mass, and vice versa.

We can learn through the power of our conscious thoughts and words to create and choose a better reality for ourselves

When connected spiritually to a higher power or reality and a higher dimension our consciousness can change our reality for the better

Sound energy affects matter. Every geometrical shape corresponds mathematically to a sound.

In fact, many believe that the information embedded in a sound is the information that actually creates the shape of everything in nature.

In nature, we find patterns, designs and structures from the very smallest unseen particles, to things seen by human eyes, to the greater cosmos.

These inevitably follow geometrical patterns, which reveal to us the nature of each form and its vibrational resonances.

Through connecting to frequency we can tune into creation and reconnect to our relationship with the whole of the created order

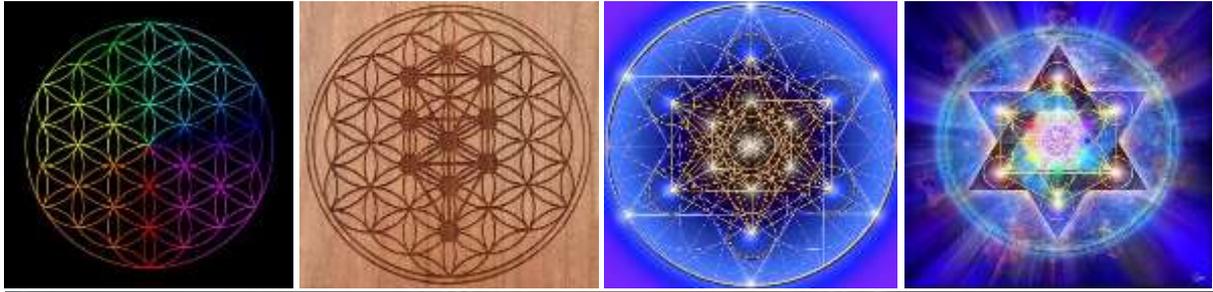
Connecting to the sacred geometric foundation of everything

We connect to creation as sons of God to answer its groan

The images are often called sacred geometry because they are part of the actual structure of the entire universe.

God is the designer and creator

The flower of life has every single component of reality embedded in this one image which is connected to the tree of life, Metatron's cube, Merkabah





The Golden Spiral is based on the Golden Mean ratio. This ratio is found throughout all life. Phi = 1.618.....

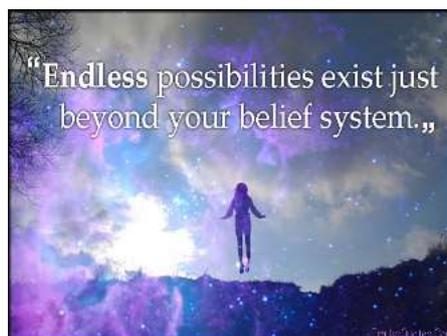
Also, when a person is transmitting love, the heart actually creates a sound that is made up of golden mean harmonics.



<p>Healing of the spirit, soul, and body, comes Naturally-Supernaturally. Our Creator set us up as sustainable creatures, with incredible capacity to tip the scales toward the recovery end of wellness. You are designed with excellence and spirit-energy can shift the balance. Live Today...spirit-Engaged! Steve Hampton</p>	<p>Fireflies demonstrate bioluminescence, which causes their bodies to glow, giving them the nickname, "Lightning Bugs". The Creator designed us with spirit-chemistry that activates us as Luminares in the Heavens and on the earth! Engage your spirit with Creator's Design! Live Today...spirit-Engaged! Steve Hampton</p>
--	---

Health is the state of coming into balance and harmony with our identity and destiny as sons. As thought forms are energy, the intention with which one approaches healing work is of utmost importance.

Intention is a clearly formed thought that is released intentionally

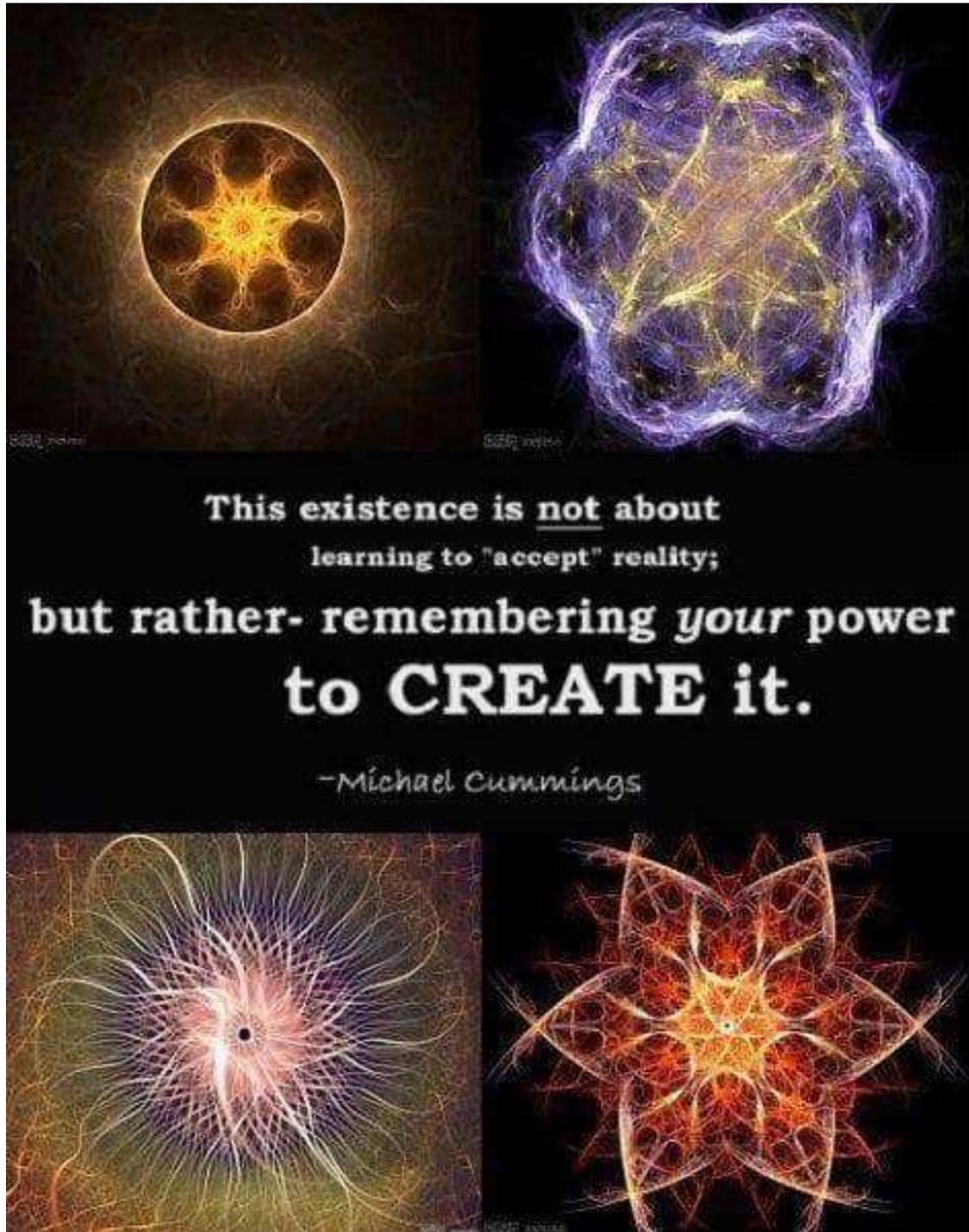


Rom 8:19 For the anxious longing of the creation waits eagerly for the revealing of the sons of God. 21 that the creation itself also will be set free from its slavery to corruption into the freedom of the glory of the children of God.

We need to become healthy and whole, spirit, soul and body, for creation to respond to our sonship and be set free

There are many words of truth that the Father or Jesus would speak over you

As I speak and release those words through the sound frequency of the bowls the words will go beyond your mind and penetrate your soul and spirit



I am going to use the frequencies and the vibrations the bowls make to release the intentions of
God's words spoken over us
Embrace and resonate with the truth that is released



Relax, do not strive; just rest; close your eyes
Slow down your breathing to the rhythm of YHVH
Breathe in Hei breathe out Yod, breathe in Hei and breathe out Vav
Be still and know that I am God
I am love, I am joy, I am peace

You are my beloved son/daughter in whom I am well pleased
In whom my soul delights
My desire is for your blessing
My desire is for your health
My desire is for your wholeness
My desire is for you to enter rest

I am love, I am light, I am spirit,
I am fire
I am joy, I am peace, I am good, I am kind, I am patient, I am faithful
I am merciful and My grace is abundant and overflowing
I AM is in you and around you and you are in I AM

I AM embraces you heart to heart; resonate with my thoughts about you
You are special, unique and chosen
I AM loves you
I AM accepts you
I AM affirms your significance
I AM affirms your sonship

I call forth your identity as a son within the Joshua Generation
I call forth your cherubic nature within the Order of Melchizedek
I call forth your royal priesthood
I call forth your position as an oracle and a legislator
I call forth your identity, position and authority as a son of the living God

