- How can we be prepared for sonship?
- Preparation with help from tutors
- Preparation through entering rest
- Preparation through soul transformation at different levels
- Renewed mind expanded consciousness living mindfully

- If we are going to function as mature sons we need the mind of a son and think like a son
- As a man thinks in his heart so is he therefore we need to think like a son of God to be a son of God
- Thinking and motivated from our eternal identity and destiny

Rom 12:2 Do not allow current religious tradition to mould you into its pattern of reasoning. Like an inspired artist, give attention to the detail of God's desire to find expression in you. Become acquainted with perfection. To accommodate yourself to the delight and good pleasure of him will transform your thoughts afresh from within.

- The current religious tradition has diminished the true intimacy of face to face relationship to an intellectual ascent to the truth but with no true mystical experience
- Christianity has become reduced to an intellectual traditional orthodox prison for the mind

Creation is groaning under the weight of our lack of identity as sons.

The whole created order will respond to us once we know who we are.



- Son this is love's agenda that all things of the created order will be returned to relational connectedness within My unity.
- Our restored sonship affects the created order itself.
- So will we enter willingly into love's agenda?
- To do so we need to know God's heart





NEVER FORGET THAT
THE MOST POWERFUL
FORCE ON EARTH IS
LOVE.

- God is light, spirit, fire and God is love,
- God is joy and peace, God is good, God is kind, God is patient, God is faithful,
- God is merciful and God's grace is abundant
- We need to resonate with God's heart to become like Him

- We need our minds renewed and our consciousness expanded
- Frequencies have a mental, emotional and physical impact on us
- Our consciousness can be expanded through mindfulness using sound, light, energy, vibration and frequency
- The power of words and intentions can be focused to help us choose and create reality



"If you wish to understand the Universe, think of energy, frequency and vibration." ~ Nikola Tesla

#### **EVERYTHING IS ENERGY**

and that's all there is to it.

Match the frequency of the reality you want and you can not help but get that reality.

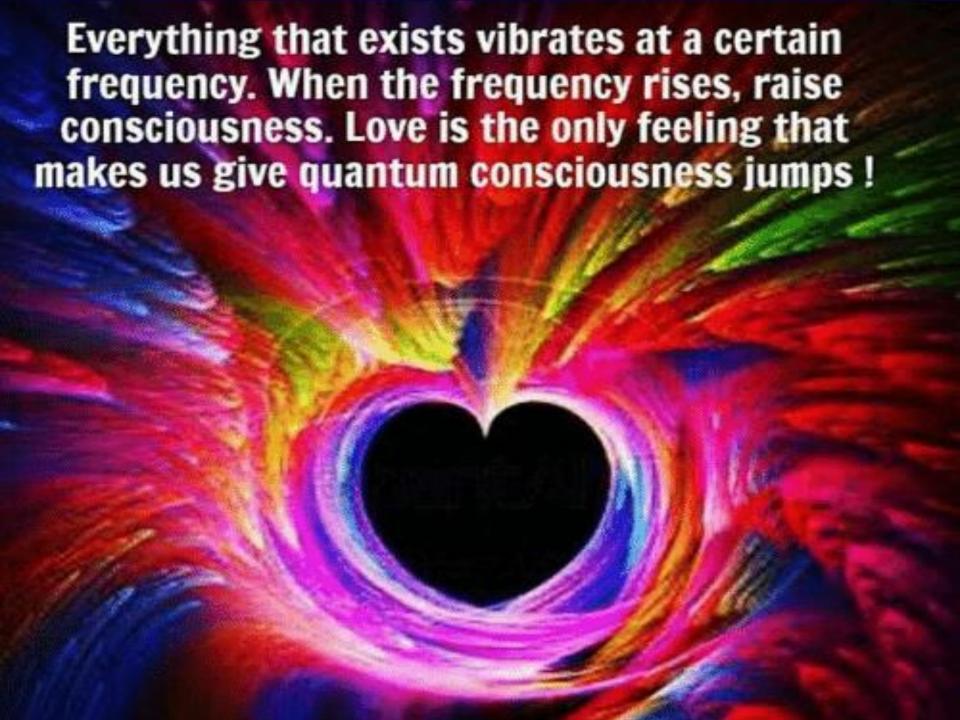
It can be no other way.
This is not Philosophy.
This is Physics.

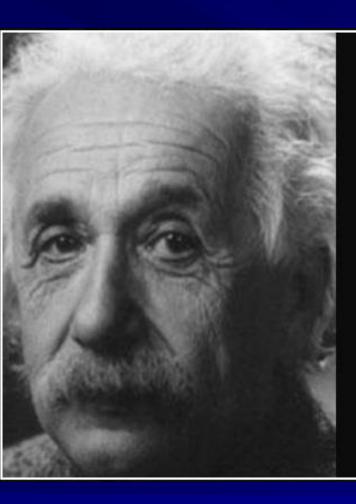
- Bashar

#### EVERYTHING IS

# ENERGY

Your thought begins it,
Your emotions amplifies it,
& your action
increases its momentum.

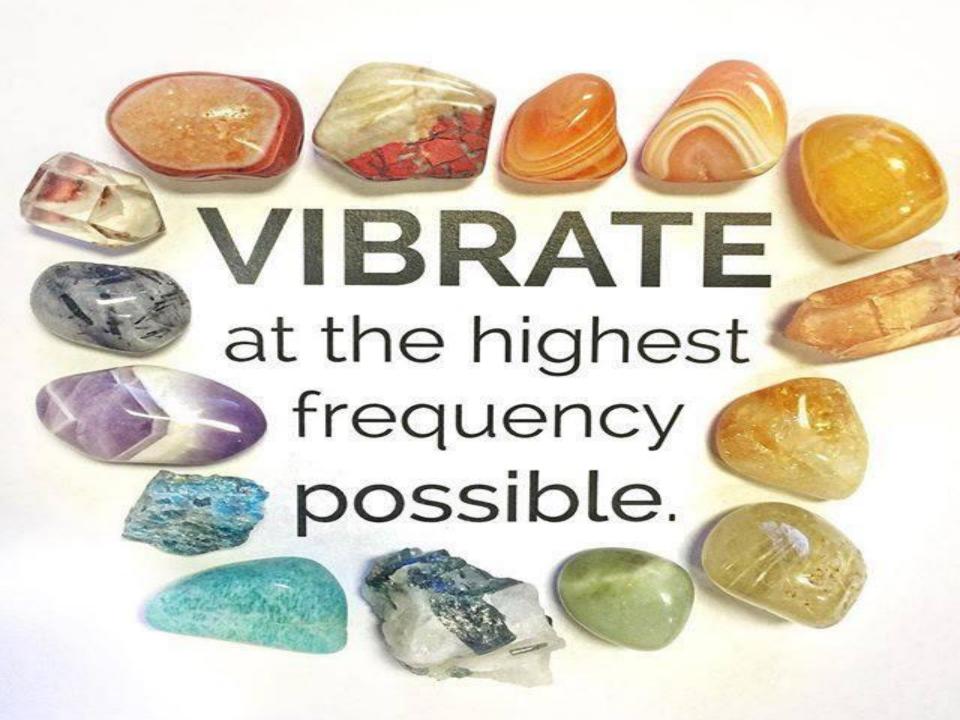




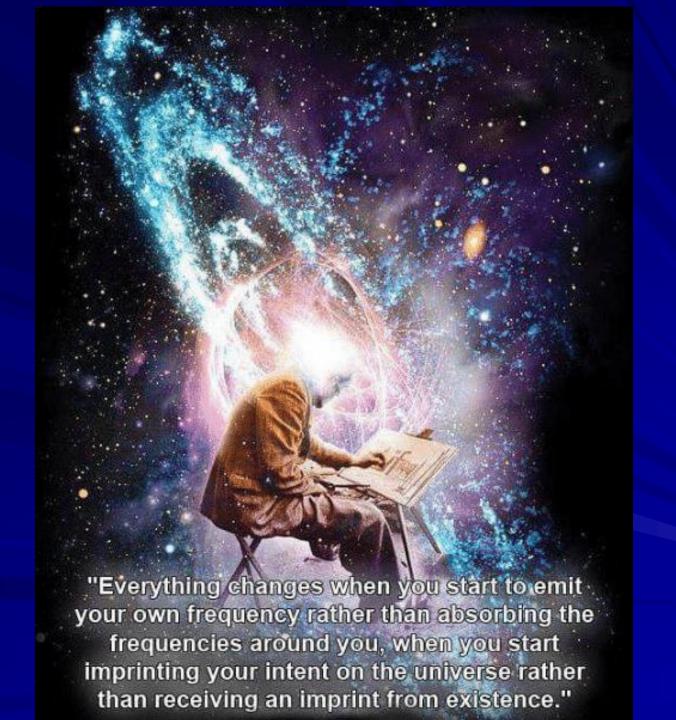
We are slowed down sound and light waves, a walking bundle of frequencies tuned into the cosmos. We are souls dressed up in sacred biochemical garments and our bodies are the instruments through which our souls play their music.

— Albert Einstein —

AZ QUOTES









- Quantum physicists discovered that physical atoms are made up of vortices of energy that are constantly spinning and vibrating, each one radiating its own unique energy signature.
- We all have a frequency identity

 If we really want to find out who we are we need to know that we are really beings of energy and vibration, radiating our own unique energy signature - this is fact and is what quantum physics has shown us time and time again.

- Many scientists have already taken the quantum leap questioning the meaning and implications of quantum physics.
- One of these potential revelations is that "the observer creates the reality."

- As Nikola Tesla supposedly said: "The day science begins to study non-physical phenomena, it will make more progress in one decade than in all the previous centuries of its existence."
- Frequency and creating reality are linked

- At our subatomic level, the vibrational frequency changes the manifestation of physical reality
- We know that when an atom changes its state, it absorbs or emits electromagnetic frequencies, which are responsible for changing its state.

- Do different states of emotion, perception and feelings result in different electromagnetic frequencies?
- Yes! This has been proven mathematically and experimentally

- God is spirit, God is love and God is light and God is a consuming fire
- God is pure creative light that is beyond the speed of created light
- Love is the very essence of God's nature and is one of the highest frequencies that exists and we are God's sons made in His image to be loved and to express love

- We are spirit light frequency beings living a human being experience to converge time and eternity, heaven and earth
- Our soul and spirit are composed of light which is electromagnetic energy that exists but cannot be seen with our natural eyes

- Creation was spoken into existence with sound electromagnetic energy and continues to exists through the power of God's voice
- God's grace is the strings of vibrating energy within the fabric of everything
- Everything is connected and powered by zero point energy from another spiritual, quantum or non-local dimension

- Science has shown that everything is energy. You, me and everything else has its own vibrational frequency.
- Most people don't know this, however the so called "new age" have discovered truths that Christianity has rejected and abandoned but really they are just ancient age rediscovered

- A new "truth frame" is emerging an expanded consciousness revealing that we are vibrational beings living in a universe of frequency and vibration
- As sons we can use the knowledge of frequency to be fruitful, subdue and rule to fulfil our destiny

- Heb 11:3 By faith we understand that the worlds were prepared by the word of God, so that what is seen was not made out of things which are visible.
- There are dimensional realities that exist that are non-local and invisible to our natural eyes

- Col 1:15 He is the image of the invisible God, the firstborn of all creation. 16 For by Him all things were created, .... all things have been created through Him and for Him. 17 He is before all things, and in Him all things hold together.
- How?

- Heb 1:3 And He is the radiance of His glory and the exact representation of His nature, and upholds all things by the word of His power.
- Energy vibrating at a frequency holds creation together from a spiritual or quantum realm which is connected to us – some of you is there now

- There are many dimensions that exist that we cannot see but that fact is the mathematical foundation of string theory "the theory of everything"
- We are spirit beings with the capacity to engage those spiritual dimensions

- This room is filled with electromagnetic energy vibrating at frequency that you cannot see naturally e.g. radio waves, TV waves, angelic beings, portals
- We can tune into those waves with the right technology to hear and see. We can tune in our minds

- There are higher frequency spirit beings (angels) that are in this room we cannot see them with our physical eyes but we can tune the eyes of our heart and spirit to sense them and see them
- We are designed to be able to engage and connect spiritually

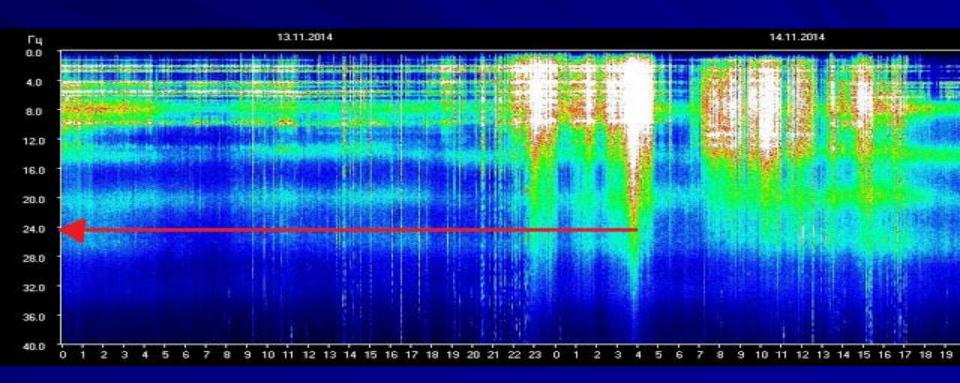
- We can learn how to use frequency in everyday life for health and wholeness
- Living in high frequency rest, living loved, living in gratitude and in joy, living in peace and forgiveness
- Our minds emit frequency that can be raised to influence creation



- As our individual frequency is raised Schuman's resonant frequency is influenced
- For many years this resonance frequency has hovered at a steady 7.83 Hz with only slight variations.
- In June 2014 that apparently changed.

- Monitors at the Russian space observing system showed a sudden spike in activity to around 8.5 Hz.
- Since then, they have recorded days where the Schumann accelerated as fast as 24 Hz.
- Is the Earth's frequency speeding up?

## Schumann's Frequency Spikes The graph is usually blue with some green, and no white.



- Since the Schumann frequency is said to be "in tune" with the human brain's alpha and theta states
- These emerging resonances are naturally correlated to human brainwave activity.

- We are changing as our minds are being renewed and our consciousness expanded
- This change in Schumann frequency may correlate to a change in our consciousness levels

- The procedure for measuring various levels of human consciousness is known as "electroencephalography"
- There is an awakening of our individual, and collective consciousness which correlates to the revealing of the sons of God

- It has been suggested that the magnetic field of Earth blocks the memories of our true heritage
- The magnetic field changes are now loosening those memory blocks and we are raising our consciousness to greater truth. The veil is lifting. The blinders are coming off.

# Unbounded Brain

#### **THE 5 BRAINWAVES**

#### ALPHA 8Hz-12Hz relaxation & creativity



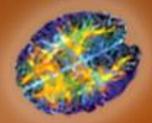
BETA

14Hz-30Hz daily waking consciousness



#### GAMMA

40Hz-100Hz problem-solving memory &focus



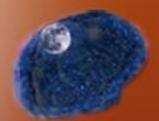
#### THETA 4Hz-8Hz deep relaxation meditation



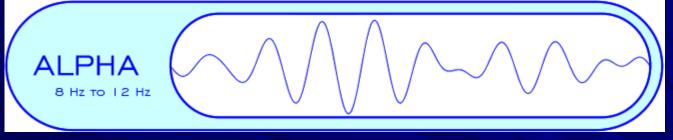


#### **DELTA**

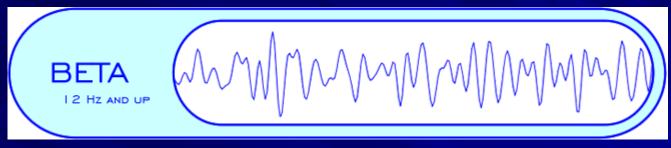
0.5Hz-4Hz dreamless sleep deep trance



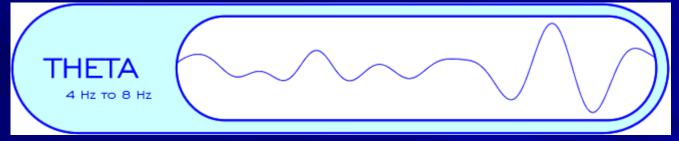
- Over the long term, ancient age methods such as meditation can train our brainwaves into balance.
- Of the newer methods, brainwave entrainment is an easy, method to temporarily alter your brainwave state.
- We become mindful and focused connected to the mind of Christ



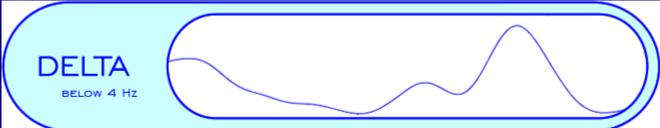
Alpha brainwaves move towards deep relaxation, imagination and intuitive thinking



Beta brainwaves are engaged when the brain is aroused or processing activities



Theta brainwaves can indicate drowsiness, daydreaming, the first stage of sleep or 'indirect' imagination/thinking

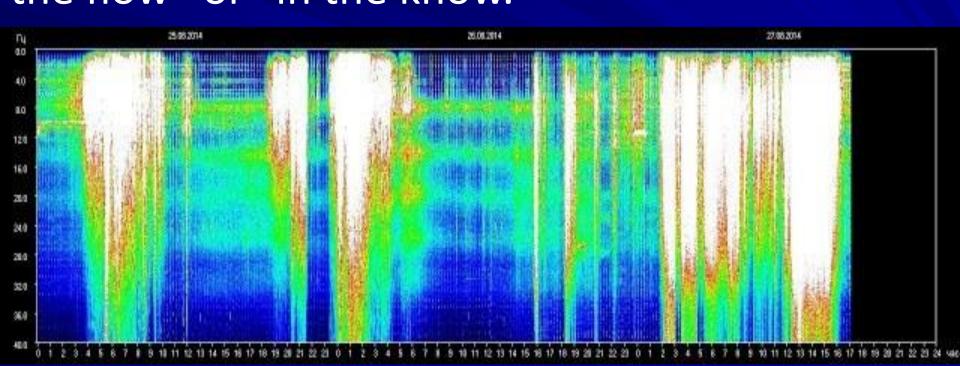


Delta brainwaves can reveal deep sleep or slow-wave 'background' thinking.

- The brain has the capacity to operate on more than one frequency range at any given time.
- We can learn to focus our brain waves to be more effective through meditation and mindfulness techniques

#### **Brain waves**

12-15 Hz is called Sensory-Motor Rhythm frequency (SMR). It is an ideal state of "awakened rest." Our thought processes are clearer and more focused, yet we are still "in the flow" or "in the know."



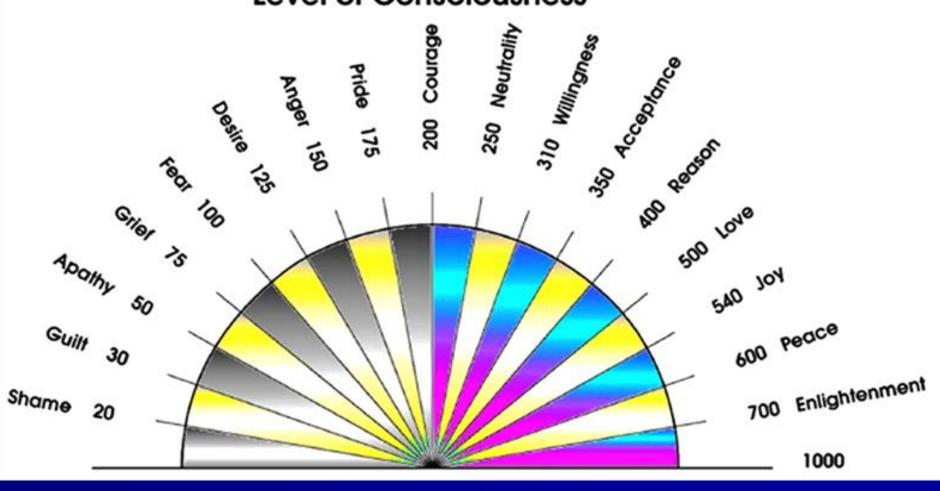
## "POWER vs FORCE" by Dr. David Hawkins

#### LADDER OF CONSCIOUNESS

- Developed a "map" of the levels of human consciousness that uses a muscle-testing technique called Applied Kinesiology (AK) to document the nonlinear, spiritual realm.
- The numbers on the scale represent logarithmic calibrations of the levels of human consciousness and its corresponding level of reality.
- This research was scientifically-validated and published in his doctorate dissertation titled Qualitative and Quantitative Analysis and Calibrations of the Level of Human Consciousness.

#### Attractor Field Dynamics

**Level of Consciousness** 



 Although only 15% of the world's population is above the critical consciousness level of 200, the collective power of that 15% has the weight to counterbalance the negativity of the remaining 85% of the world's people.

- There are different levels of measurable consciousness
- Because the scale of power advances logarithmically, a single person at the consciousness level of 1,000 can totally counterbalance the collective negativity of all of humankind."

- Earthquakes are measured on the Richter Scale, which is a base 10 logarithmic scale.
- For every single increase on this scale, the magnitude is increased by a factor of 10.
- 6.1 is 10 x more than 6.0

Level	Log	Emotion	Life View
Enlightenment	700 – 1000	Ineffable	ls
Peace	600	Bliss	Perfect
Joy	540	Serenity	Complete
Love	500	Reverence	Benign
Reason	400	Understanding	Meaningful
Acceptance	350	Forgiveness	Harmonious
Willingness	310	Optimism	Hopeful
Neutrality	250	Trust	Satisfactory
Courage	200	Affirmation	Feasible
Pride	175	Scorn	Demanding
Anger	150	Hate	Antagonistic
Desire	125	Craving	Disappointing
Fear	100	Anxiety	Frightening
Grief	75	Regret	Tragic
Apathy	50	Despair	Hopeless
Guilt	30	Blame	Evil
Shame	20	Humiliation	Miserable

- We are to function with the "mind of Christ" a renewed mind of sonship
- One Individual at level 300
   counterbalances 90,000 Individuals
   below level 200.
- One Individual at level 400
   counterbalances 400,000 Individuals
   below level 200

- One Individual at level 500 counterbalances 750,000 Individuals below level 200.
- One individual at level 600 counterbalances 10 million individuals below level 200.

- One Individual at level 700 counterbalances 70 Million individuals below level 200.
- Twelve Individuals at level 700 Equals
   One at level 1000.
- We need our minds renewed and our consciousness expanded to think like a son of God

- Our sonship has resonant frequency to answer creations groaning
- This increases exponentially in agreement e.g. one puts a thousand but two ten thousand to flight
- There is great power in agreement

 John 17:22 The glory which You have given Me I have given to them, that they may be one, just as We are one; 23 I in them and You in Me, that they may be perfected in unity, so that the world may know that You sent Me, and loved them, even as You have loved Me

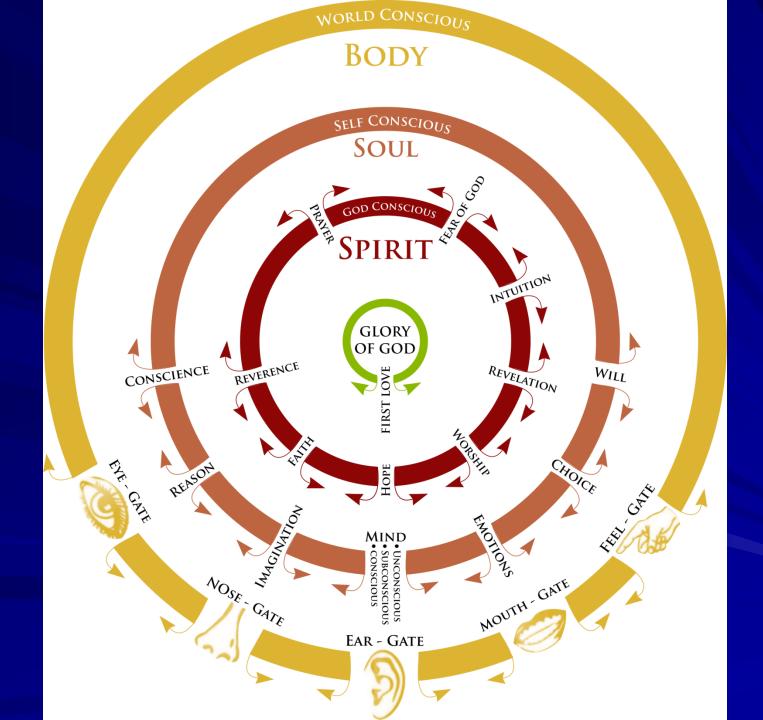
- We can be one mind and one heart in one body as the body of Christ
- We can walk in oneness in the light in a union of being in Christ and Christ being in us
- We can interface with spiritual Wi-Fi in union with God and each other heart to heart

- We can interface across the earth through being connected heart to heart and spirit to spirit
- We can interface across the dimensions with the angelic beings and the cloud of witnesses with no boundaries in space time

- Right now we are at the brink of a "Global Awakening". First and foremost, we will be awakened to the love of God at unlimited proportions.
- We are about to witness a historic global awakening that will not only impact humanity, but all of creation, including space, and all its celestial surroundings. - Michael Danforth

- The Biophotons our brains produces are affected by quantum entanglement, meaning that there can be a strong link between these photons, our consciousness and the spiritual realms.
- We are ascending into sonship accessing the higher frequencies

- Frequencies are linked to energy centres in the body, soul and spirit
- These seals, gateways or chakras are portals designed to flow energy rivers of living water from our innermost being into the atmosphere around us John 7



#### Powers Truth to Uphold Chakra Live in the Crown Present Spirituality, knowing who you are, letting go, Moment enlightenment, awareness. Time/Space Third Eye Seek only Divie Intellect, brain, open-mindedness, divine reason, Light/Dark Truth bigger picture, trust. Throat Sther Ether Surrender to Self expression, choice, will, follow your dream, Divine Will faith, trusting life. Love is Heart Divine Love, forgiveness (does you good), Power compassion. **Solar Plexus** Honor Self Personality, self-esteem, gut instinct. Sacral Honor One Another Creativity and sexuality. Power, Water control, money, relationships. Root All is One Family and social belonging. Safety and security.

- What are chakras?
- At the inner core, spin seven wheellike energy centres called chakras.
- They are measurable patterns of electromagnetic activity, centres for the reception, assimilation and transmission of life energies. Each chakra reflects essential aspects of consciousness,

- Mark Virkler
- First, I don't see any truth as being a "New Age truth". All truth is God's truth! He is the all-knowing One, and He reveals His knowledge to ALL, even evil men (or New Agers, or Hindu or Chinese, or Americans).

 For example, God gave Pharaoh, the evil king of Egypt, dreams of seven fat cows and seven skinny cows (Gen. 41), which gave him wisdom as to how to provide for his kingdom for the next 14 years.

- So just because an evil king, or a New Ager, a Hindu or an agnostic American has received some insight, I still call it God's insights.
- I never bother to ask if New Agers or unbelievers believe something or not, as it is irrelevant to me what they believe.

- I do not live in reaction to them or in rejection of what they know. I live in God's truth, and for sure, they can and do pick up some of God's truth, and that is not a problem to me.
- So for example, I believe in aerodynamics, as do many New Agers.
- Not a problem as far as I can see.

- Second, there is nothing in the Bible that specifically discusses chakras.
   We cannot point to a specific verse that mentions the word chakra to give us God's view on the topic.
- So then I ask the question, "Do chakras violate any biblical principle, or are they compatible with any biblical principles?"

- We should start by defining "chakra" so we know exactly what we are talking about.
- Let's go with the following working definition if we can: "Chakras are believed to be centres of energy, located on the midline of the body.
- There are seven of them, and they govern our psychological properties."

- Chakras are considered both transmitters and receivers of energy. "Meridians" are energy pathways in the body which this energy flows through.
- The idea is that one must have balanced chakras and meridians in order to be physically, emotionally, mentally and spirituality healthy.

- A body can get problems in different areas with blockage or instability in either the chakras or meridian pathways.
- So do we run on energy?
- Are there energy pathways in our bodies?

- We know for sure there are pathways for blood in our bodies, and pathways for nerves, and pathways for lymph, so why wouldn't God have created pathways for energy to flow through our bodies?
- I have no problem believing that He did.

 I have no problem believing we are energy organisms, infused by God's divine energy, for the Bible declares that God is all and in all (Col. 3:11) and in Him all things hold together (Col. 1:17).

- Our school science class taught us that all atoms have electrons spinning around them, and that it is the flow of electrons that produce energy and current.
- Beyond any doubt science has confirmed that we are energy beings on the molecular level.

- I suspect it may be possible that chakras are spiritual energy centres that receive and release the spiritual life force of Almighty God in and out of our physical and spiritual beings.
- I know when Jesus laid hands on to heal, there was a flow of God's energy from Him into those He prayed for (Mk. 5:30),

- So I see the release of the healing anointing to include the release of God's energy into our bodies to right things that are messed up.
- So for me, I believe in energy and energy pathways.

 Now if I were going to limit God to being simply a mass of energy, rather than a personal loving God (as some religions do), then I would object to that.

- God is much more than a flow of energy.
- Healing is much more than a flow of energy.
- It begins and ends in the compassion of a wonderful and loving God (Mk. 6:34).

 So even though these energy pathways or chakras may be true, and even though Hindus (not New Agers) may have discovered these energy pathways, I would not embrace any belief that reduced God to a mere energy field.

- Rom 8:19 For the anxious longing of the creation waits eagerly for the revealing of the sons of God. 21 that the creation itself also will be set free from its slavery to corruption into the freedom of the glory of the children of God.
- We need to become healthy and whole spirit, soul and body for creation to respond to our sonship and be set free

- There are many words of truth that the Father or Jesus would speak over you
- As I speak and release those words through the sound frequency of the bowls the words will go beyond your mind and penetrate your soul and spirit

- I am going to use the frequencies and the vibrations the bowls make to release the intentions of God's words spoken over us
- Embrace and resonate with the truth

# Engage the frequency be entrained to wholeness

Engage the frequency expand your mind and consciousness



- Relax do not strive just rest close your eyes
- Slow down your breathing to the rhythm of YHVH
- Breathe in Hei breathe out Yod,
   breathe in Hei and breathe out Vav
- Be still and know that I am God
- I am love, I am joy, I am peace

- You are my beloved son/daughter in whom I am well pleased
- In whom my soul delights
- My desire is for your blessing
- My desire is for your health
- My desire is for your wholeness
- My desire is for you to enter rest

- I am love, I am light, I am spirit,
   I am fire
- I am joy, I am peace, I am good, I am kind, I am patient, I am faithful,
- I am merciful and My grace is abundant and overflowing
- I am is in you and around you and you are in I am

- I am embraces you heart to heart resonate with my thoughts about you
- You are special, unique and chosen
- I am loves you
- I am accepts you
- I am affirms your significance
- I am affirms your sonship

- I call forth your identity as a son within the Joshua Generation
- I call forth your cherubic nature within the Order of Melchizedek
- I call forth your royal priesthood
- I call forth your position as an oracle and a legislator
- I call forth your identity, position and authority as a sons of the living God



