

# Preparation for Sonship

- How can we be prepared for sonship?
- Preparation with help from tutors
- Preparation through entering rest
- Preparation through soul transformation at different levels
- Renewing and rewiring of the mind and expanding consciousness

# Preparation for Sonship

- If we are going to function as mature sons we need the mind of a son
- As a man thinks in his heart so is he therefore we need to think like a son of God to be a son of God
- Thinking from our eternal identity and using our sonship abilities

# Preparation for Sonship

- Seeing from eternal and heavenly perspectives
- Expanding consciousness to unveil extra sensory abilities
- Controlling and manipulating energy, frequency and matter
- Creating, choosing and framing reality
- Translation in time and space

# Preparation for Sonship

- What reality are you living?
- From whose perspective are you viewing reality? – yours or God's
- You can choose and change your present reality
- All reality or truth if not seen through the perspective of The Truth Jesus Himself, will eventually become a nightmare

# Preparation for Sonship

- God is unveiling truth with strategies to reclaim the use of energy healing and other frequency based technologies to facilitate change and transformation
- **A**lternative **C**hristian **T**herapies reclaiming energy healing

# Preparation for Sonship

- Therapeutic uses of frequency
- Aroma Touch, Raindrop therapy
- RTE releasing toxic emotions using essential oils
- Crystal infused energy oils
- Flower essences
- Light and crystal therapy
- Sound therapy using crystal bowls
- Communion frequency transformation

# Preparation for Sonship

- Bio-energetic devices
- Rife machines, Trinfinity8
- Mathematical Binary Substance Coding
- A Fractal Amplification Resonator
- Sacred Geometry Infusion
- Pure Solfeggio Sound Tones & Harmonic Crystal Tuning
- Rapid Quartz Crystal Rod Transmission

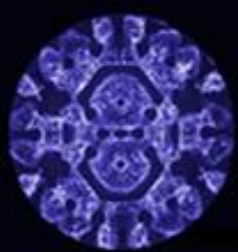
# Preparation for Sonship

- Sound Healing, through various techniques and technologies, is the educated and conscious use of the energy of sound to reach identified goals and promote wellness in the human system – including mental, emotional and physical health

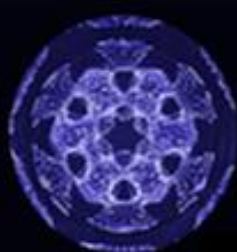


# Preparation for Sonship

- Science has proven that sound vibrations have a strong impact upon substance.
- For example, the study of Cymatics has shown how sound creates geometric patterns in matter.
- Sound Healing is founded on the premise that all matter is vibrating at specific frequencies.



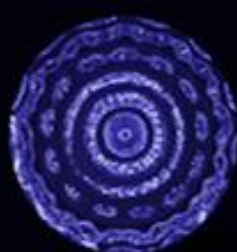
Piano note = A2



B2



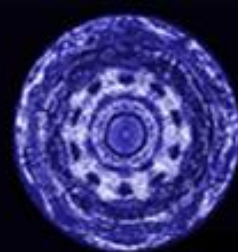
C#2



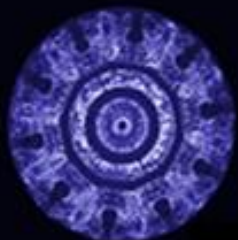
D#2



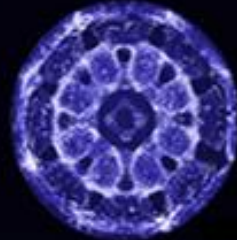
F2



G2



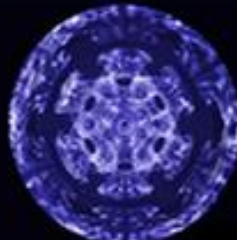
A#2



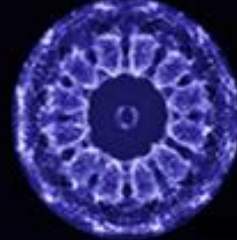
C2



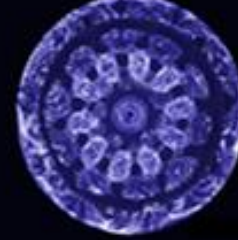
D2



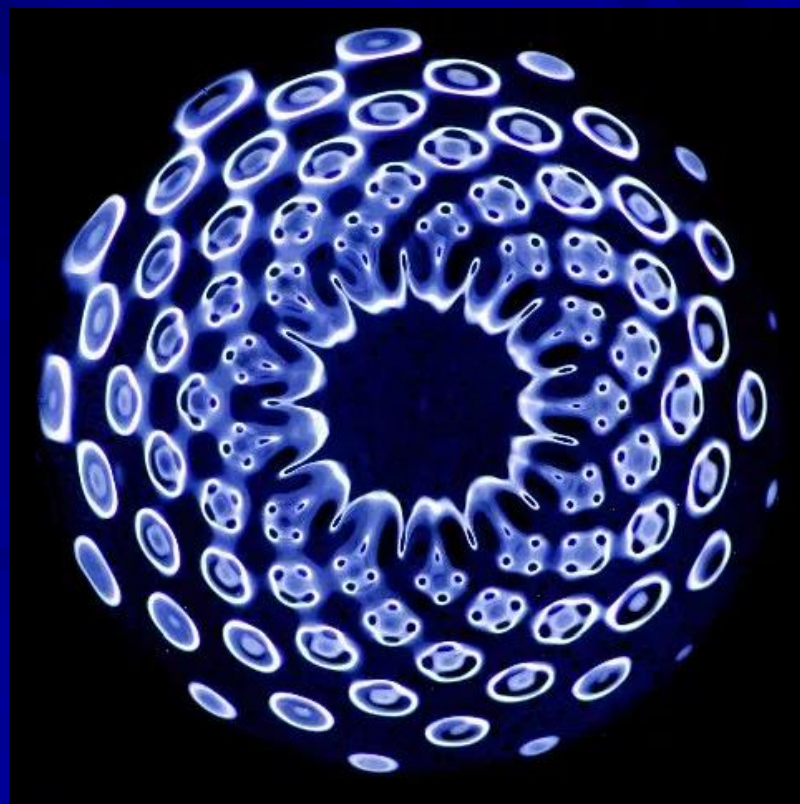
E2



F#2



G#2



# Preparation for Sonship

- Dr. Emoto states that sound affects the molecular structure of water.
- We are approximately 70% water therefore sound also affects consciousness as our brains are approximately 80% water
- Many ancient civilizations and modern indigenous cultures have used sound to heal and access higher levels of consciousness for thousands of years.

# Water and Music



A Heavy Metal Song



A Korean Folk Song,  
Ariran



Air on a G String, Bach



Amazing Grace



Edelwise



Farewell Song, Chopin



Heartbreak Hotel,  
Elvis Presley



Imagine, John Lennon



Moldau, Smetana



Pastorale, Beethoven



Symphony No. 40,  
Mozart



Tibetan Sutra



Yesterday, The Beatles

# Preparation for Sonship

- Research has now shown that each of us has a root or soul frequency that we vibrate at.
- This frequency is most apparent when we are centred and grounded in rest or living in love.
- The frequency also naturally emanates from us as an energy field when we are in a state of rest or peace

# Preparation for Sonship

- “Get over it, and accept the inarguable conclusion. The universe is immaterial-mental and spiritual” – Richard Conn Henry, Professor of Physics and Astronomy at Johns Hopkins University

# Preparation for Sonship

- We radiate frequencies that effect reality at a quantum level
- We are the frequency to answer creations groaning
- We need to be at rest living in love joy and peace for rivers of living energy to flow from our innermost being





# Preparation for Sonship

- Matt 11:28 “Come to Me, all who are weary and heavy-laden, and I will give you rest. 29 Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.
- Rest, peace, trust and true identity comes in relationship with Jesus

# Preparation for Sonship

- Cardiognosis or knowledge of the heart with God and each other
- The term Cardiognosis indicates methods and meditation techniques which have the purpose of reaching an inner state of mystical experience and, eventually, the charisma of Cardiognosis.



# Preparation for Sonship

- There are many frequencies that distract us from our own.
- There are sounds of everyday life phones, cars, trucks, trains, planes, electricity, and electromagnetism.
- There are the chaotic and distracted frequencies of disconnected people all around us.

# Preparation for Sonship

- Probably the most difficult frequencies are the distracting frequencies within us -- such as chaotic and stressful thoughts and emotional pains and trauma memories connected to our past brokenness and causing disharmony and fragmentation

# Preparation for Sonship

- With all the chaos and inconsistency around us, it is easy to lose our frequency and peace by being influenced by the prevailing atmospheres over and around us
- We can overcome these problems by coming to Jesus to find rest and health for our souls and bodies

# Preparation for Sonship

- One goal of using frequency and energy is to help people regain their identity by penetrating their limited and resistant mind-sets with truth
- Why don't we use normal Christian methods of healing?
- Who says these are not normal from God's perspective?

# Preparation for Sonship

- Jesus used many different ways to heal people
- Some were instant miracles but some an ongoing therapeutic processes
- Jesus used words, energy fields, power, touch, spit, mud, directives, commands and rebukes to heal



# Preparation for Sonship

- When we resonate or agree with truth synchronisation begin to take place at a subconscious level
- There is great power in agreement and changes can begin to take place, things reconnect, memories open up and realignment can occur

# Preparation for Sonship

- Although this is a subconscious reaction different conditions can alter the affect it has on us
- Psychosomatic effects work through the interaction of mind and body.
- Faith, belief or fear can have a positive or negative effect

# Preparation for Sonship

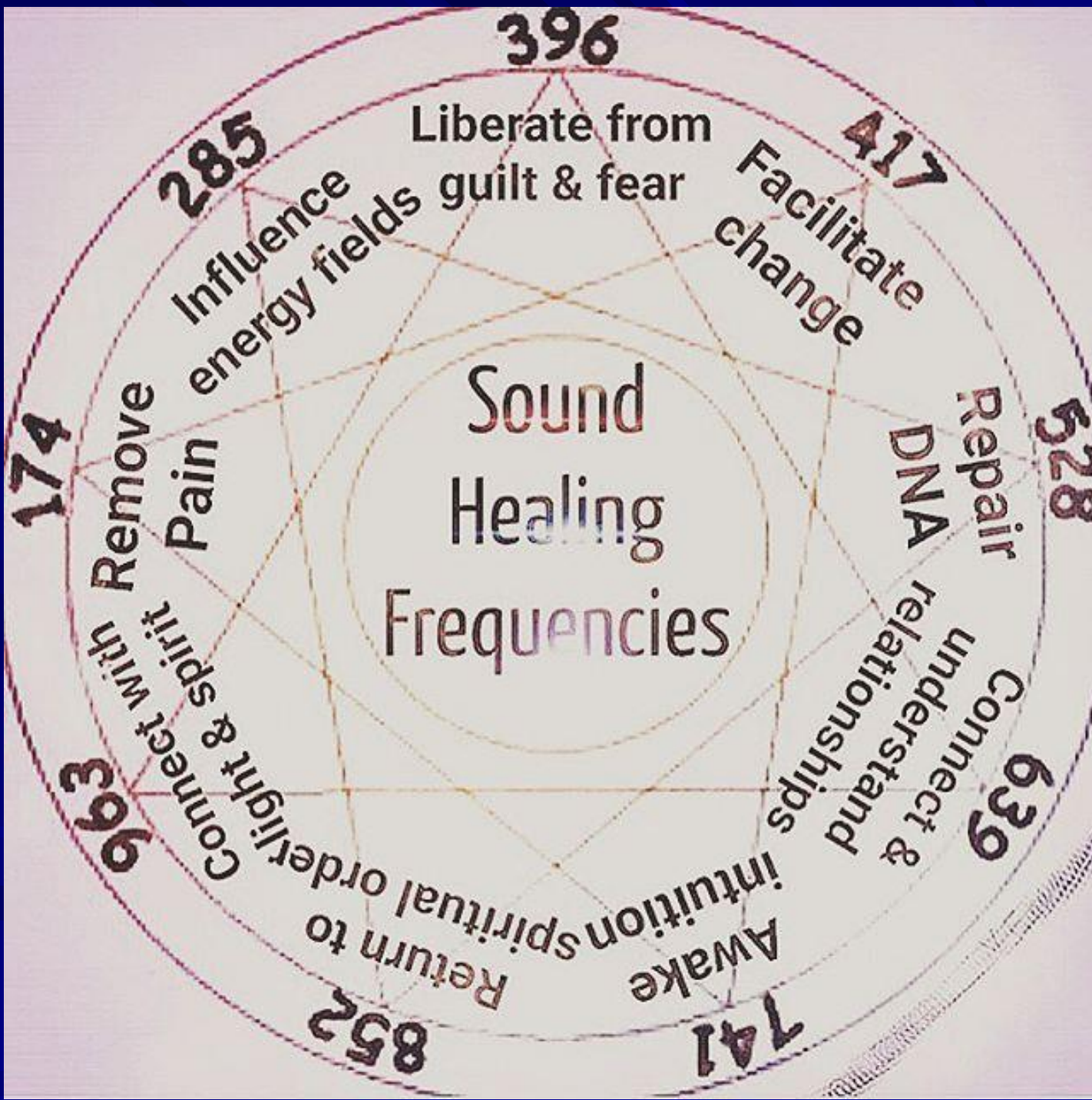
- Creation in its original form was harmonious and everything played its part in an amazing symphony of colour, sound and frequency all vibrating in unison
- With the Cherubim's rebellion and the fall of man aspects of creation became discordant groaning and waiting for restoration

# Preparation for Sonship

- There are many types of sound that can resonate intent -- frequencies, pitches, beats, musical intervals, music and energy.
- There are many people using different frequencies within musical composition and sounds with intent for different purposes like healing, realignment harmony, unity, love, joy and peace

# Preparation for Sonship

- The most common musical interval used to express love and healing is the musical third (the 528Hz frequency is a musical third)
- 713HZ is known as the resurrection frequency and is restorative – music in 713Hz
- SML music sound cloud



# Preparation for Sonship

- We are quite familiar with the natural music of love, which often has some sadness and melancholy about it because of mankind's lostness and brokenness
- Music can connect us emotionally to the intent and memory hence nostalgia

# Preparation for Sonship

- The Blues, Blue grass, Jazz, Classical affects our mood and therefore our emotions
- Rock, pop, Dixieland, boogie-woogie, big band, swing, bebop, 'straight-ahead,' acid-jazz, fusion, and metaphysical and these can stir up many different emotions, such as sadness, happiness, and excitement.



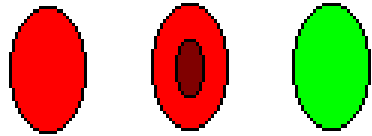
# Preparation for Sonship

- Crystal bowls contain the qualities of amplification, storage, transfer, and transformation, they can be powerful tools in effecting change in ones life with intention
- It is important to approach the use of the bowls with intention flowing through the frequency of the notes.

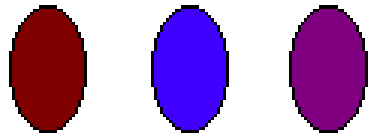
# Preparation for Sonship

- Crystals are biblical and were used for divine guidance
- God gave the gemstone breastplate to the high priest, Aaron, to help him spiritually discern answers to the people's questions that he asked God while praying in the tabernacle.

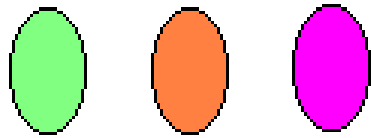
## Breast-Plate



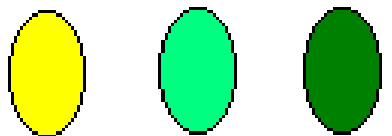
Sardius Judah  
Sardonyx Issachar  
Emerald Zebulun



Carnelian Reuben  
Sapphire Simeon  
Jasper Gad

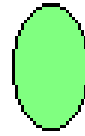


Chrysoprase Ephraim  
Jacinth Manasseh  
Amethyst Benjamin



Chrysolite Dan  
Beryl Asher  
Peridot Naphtali

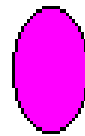
## Chart #1



Chrysoprase  
Ephraim



Jacinth  
Manasseh



Amethyst  
Benjamin

## Encampment



Peridot  
Naphtali

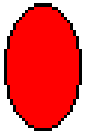


Beryl  
Asher

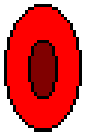


Chrysolite  
Dan

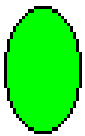
**Tabernacle**



Sardius  
Judah



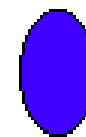
Sardonyx  
Issachar



Emerald  
Zebulun



Jasper  
Gad



Sapphire  
Simeon



Carnelian  
Reuben

3

Levi – Emerald



2

Simeon – Topaz



1

Reuben – Sardius or Ruby



Zebulun - Jasper



Issachar – Sapphire or Lapis-lazuli



Judah – Turquoise or Carbuncle



Benjamin - Amethyst



Joseph – Agate



Dan – Garnet, Amber or Jacinth (ligurius)



Asher – Beryl or green Jasper

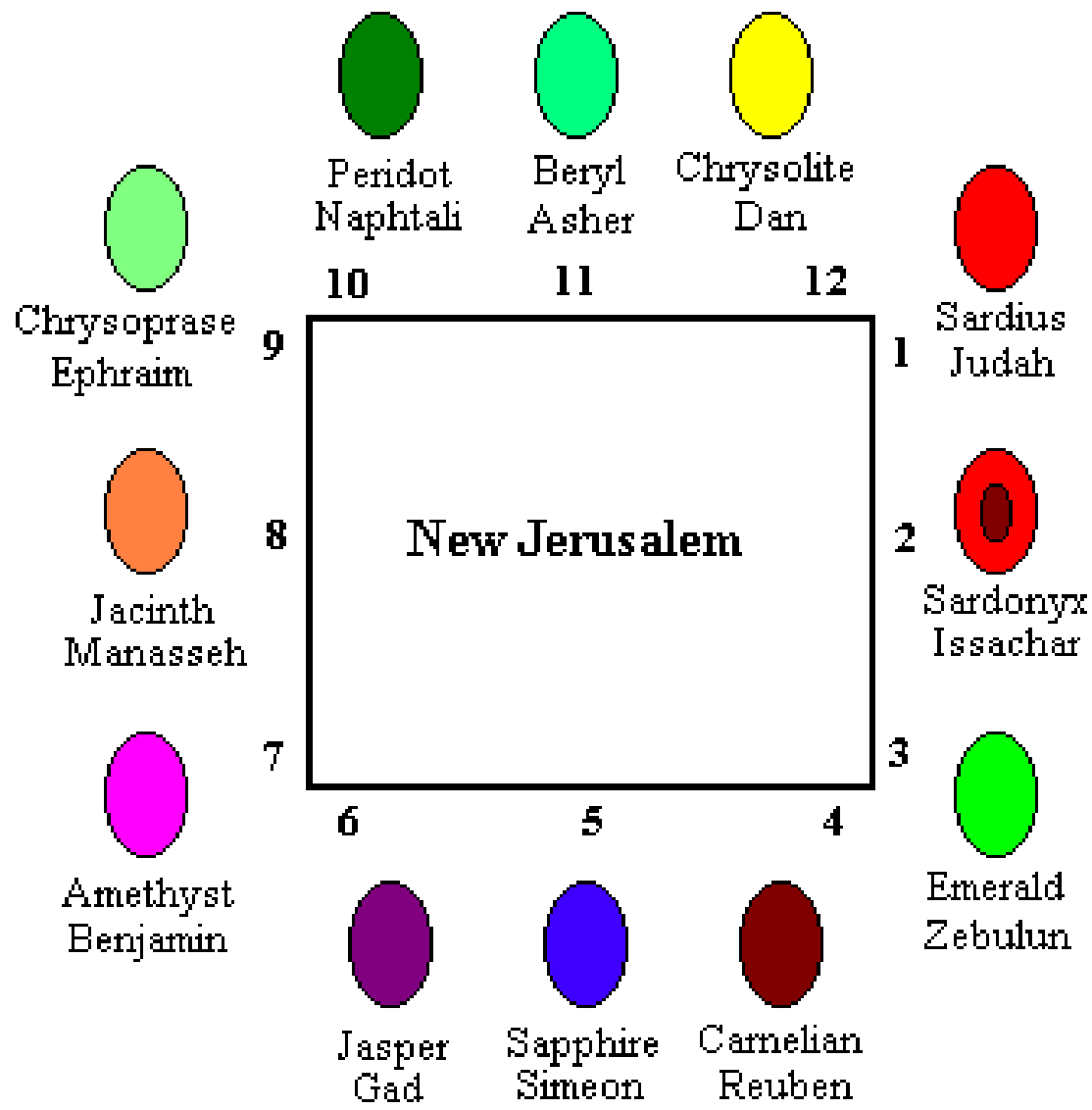


Gad – red Beryl or Onyx



Naphtali – Chrysotile, Yellow Jasper or Beryl





# Preparation for Sonship

- Exodus 28:30 mentions mystical objects called "Urim and Thummim" (which mean "lights and perfections") that God instructed the Hebrew people to include in the breastplate: so they may be over Aaron's heart whenever he entered the presence of the Lord.

# Preparation for Sonship

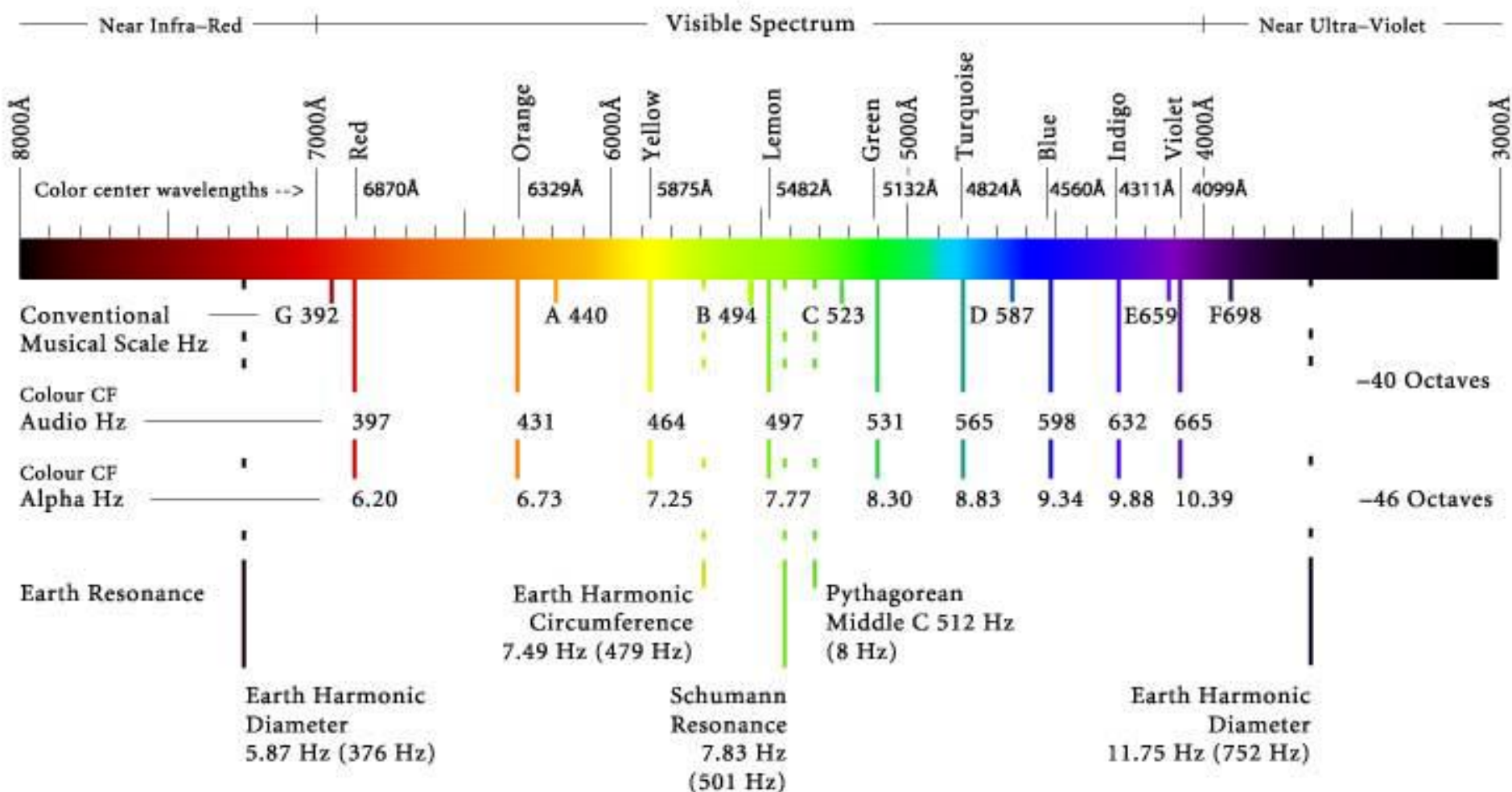
- Sound and colour are both forms of energy, which vibrate.
- As the vibration of sound becomes higher and lighter, the sound is transmuted into colour.
- A normal piano spans a bit more than seven octaves.

# Preparation for Sonship

- If, hypothetically, we could extend the piano keyboard another 35 to 50 octaves higher, the keys at the higher end would produce colours, rather than audible sounds, when played.
- Creation is groaning in B-flat 57 octaves below the lowest b-flat on piano that sound even comes from black holes



# Light, Sound & Alpha Brain Wave Correspondences

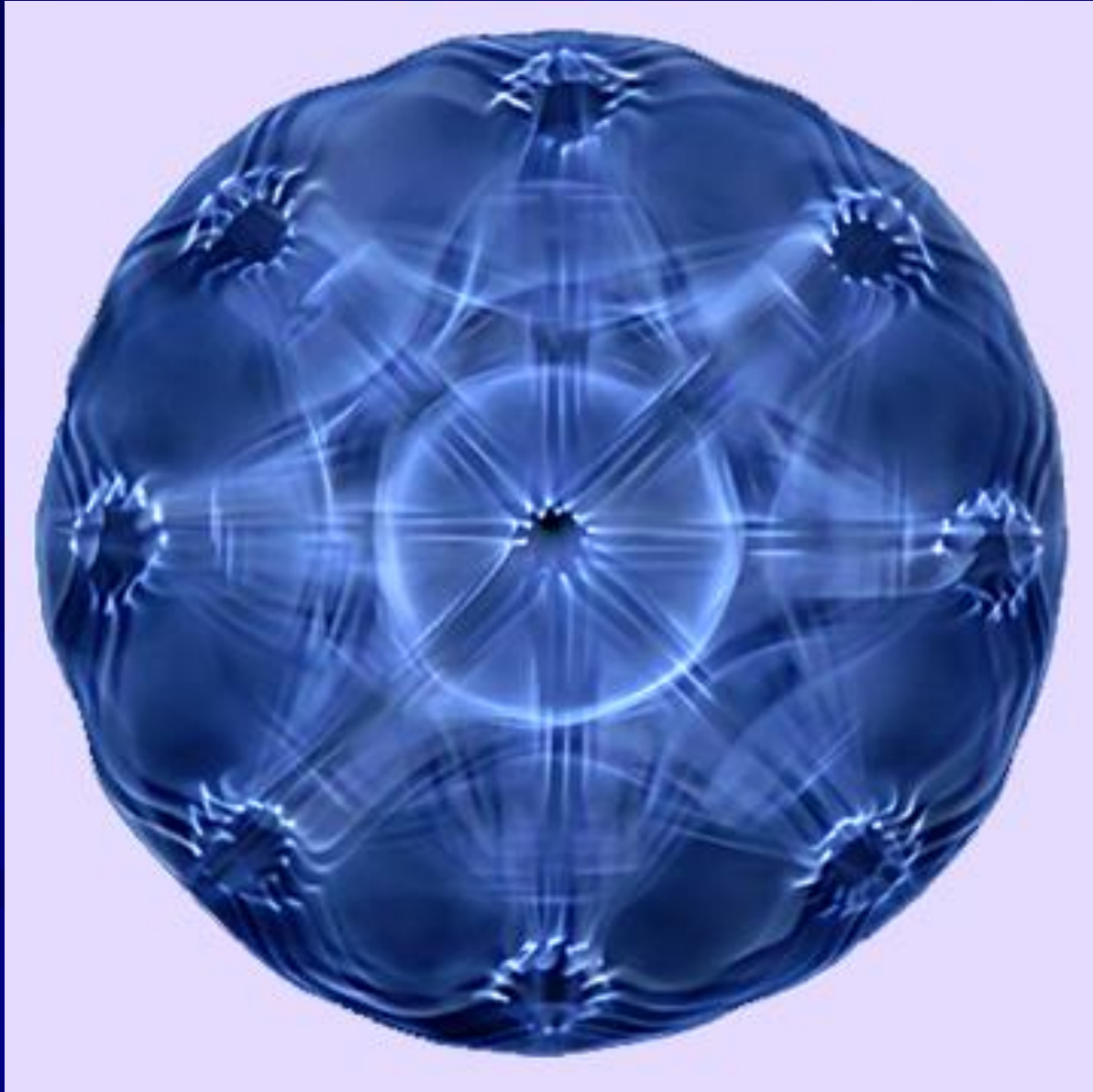


Audio frequencies are 40 octaves down from the visible light spectrum. Alpha brain wave frequencies are 46 octaves down from the visible light spectrum. Light (color) is measured by its wavelength (in Angstroms) and must be converted to frequency before finding a color's corresponding lower harmonic frequency.

# Preparation for Sonship

- The crystal bowls emit a sound which is a powerful, pure resonance.
- The larger bowls are much more reverberant, with the tone lingering longer, simply because of the size and amount of crystal.

# Preparation for Sonship



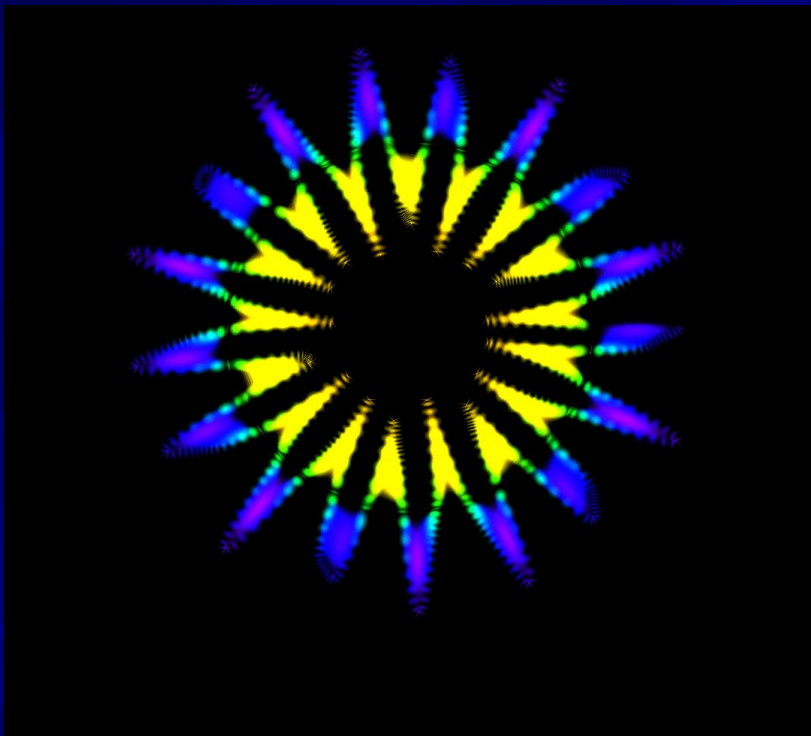
# Preparation for Sonship

- The bowls can be played with intent in different ways using different implements and techniques by flowing through the spirit
- Flow of intent for healing or peace etc. is released in the same way as we speak words

# Preparation for Sonship

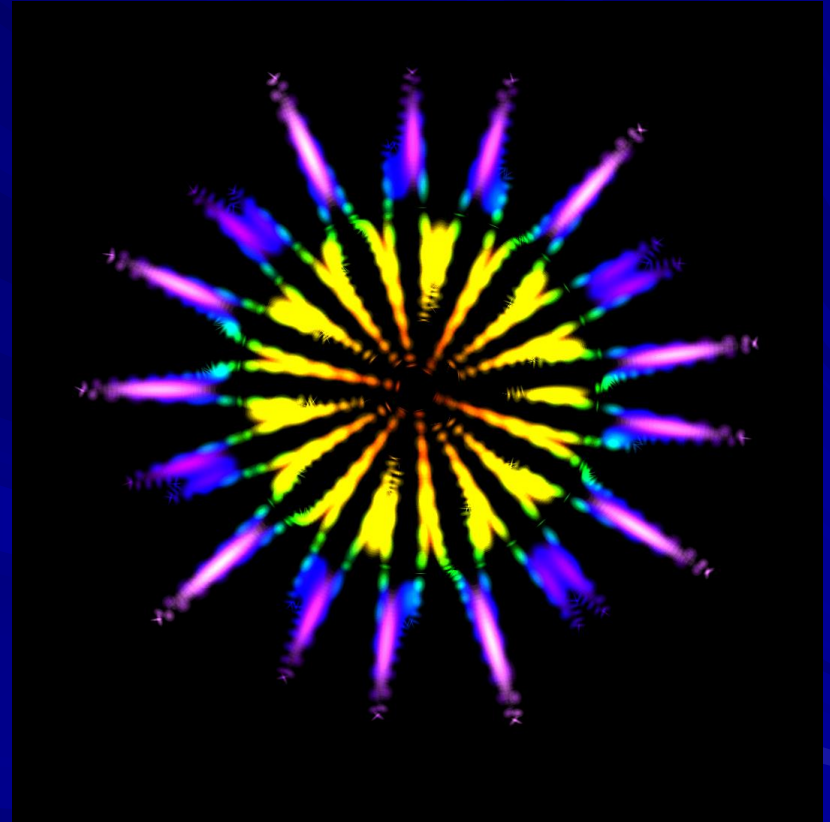
- C RED 264hz
- D ORANGE 300Hz
- E YELLOW 336Hz
- F GREEN 353Hz
- G BLUE 402Hz
- A INDIGO 444Hz
- B VIOLET 484Hz

# C Red 264Hz



# D Orange

## 300Hz



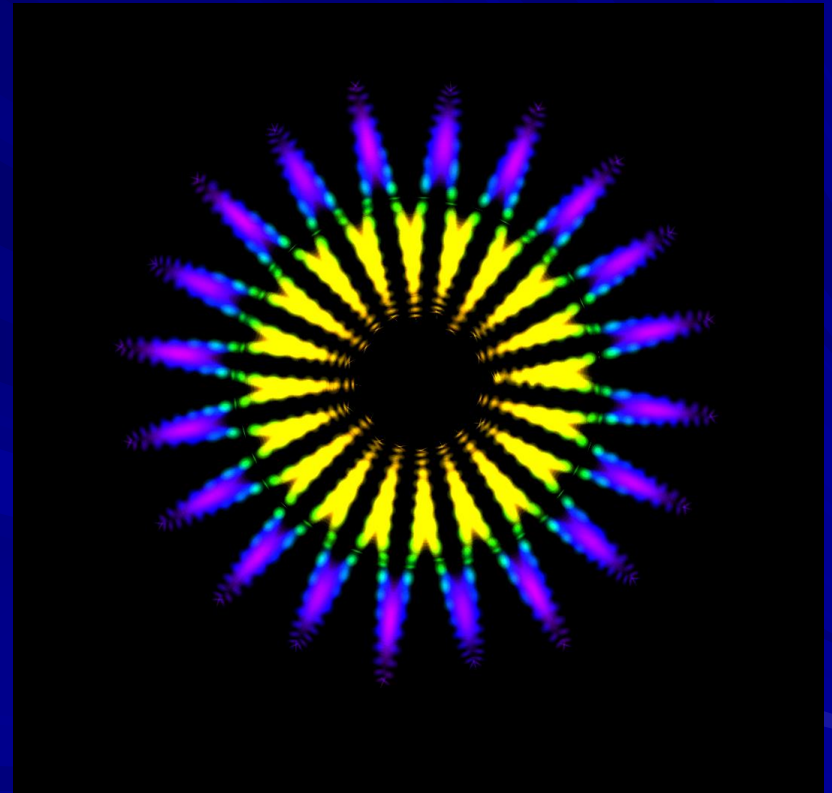
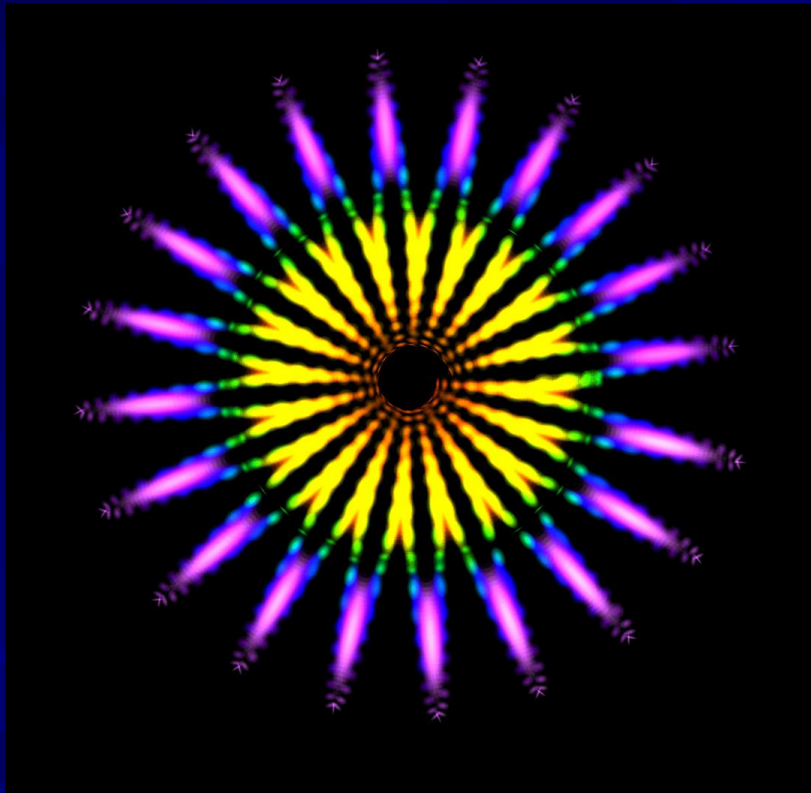
# E Yellow

## 336Hz

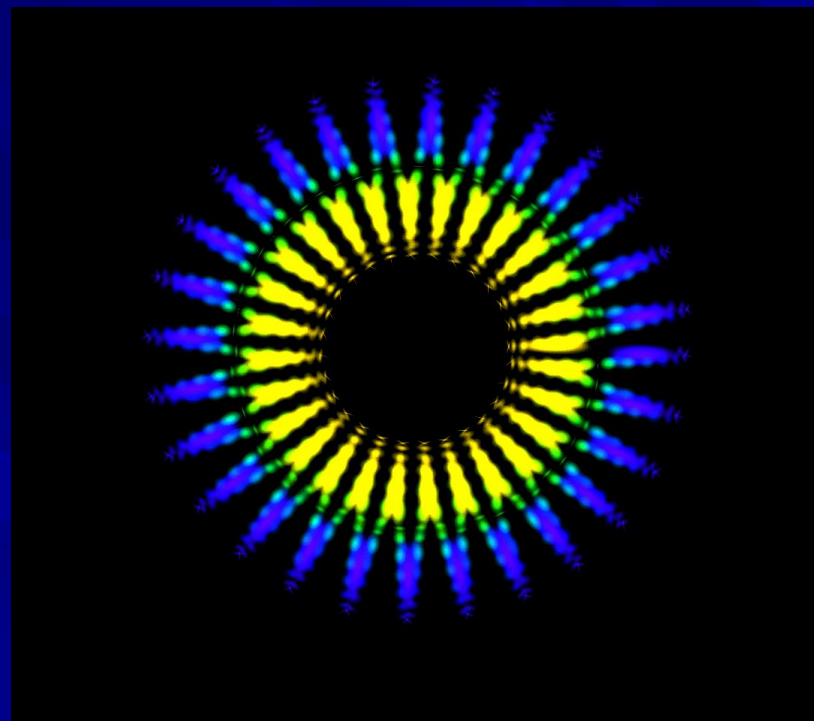
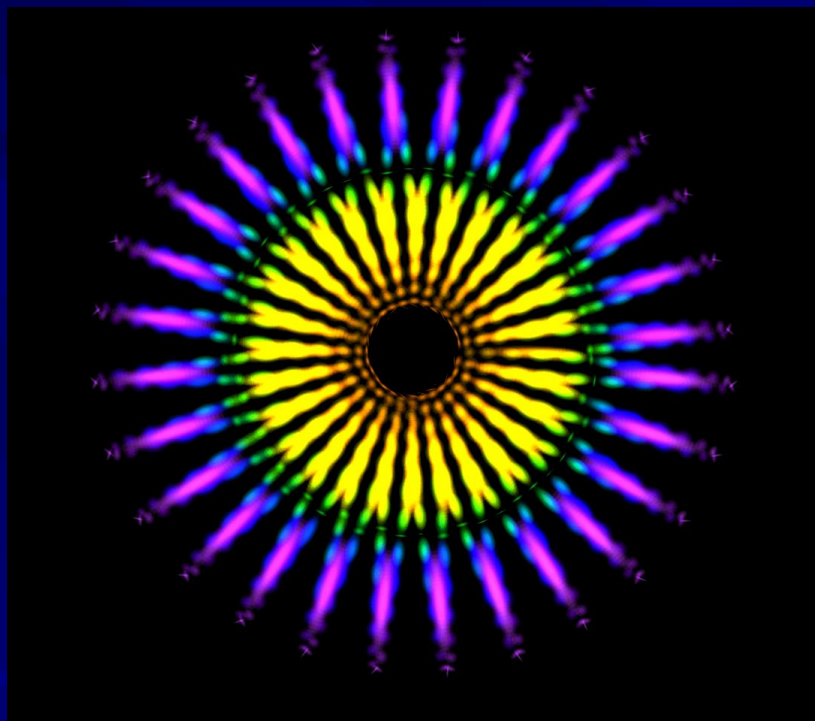




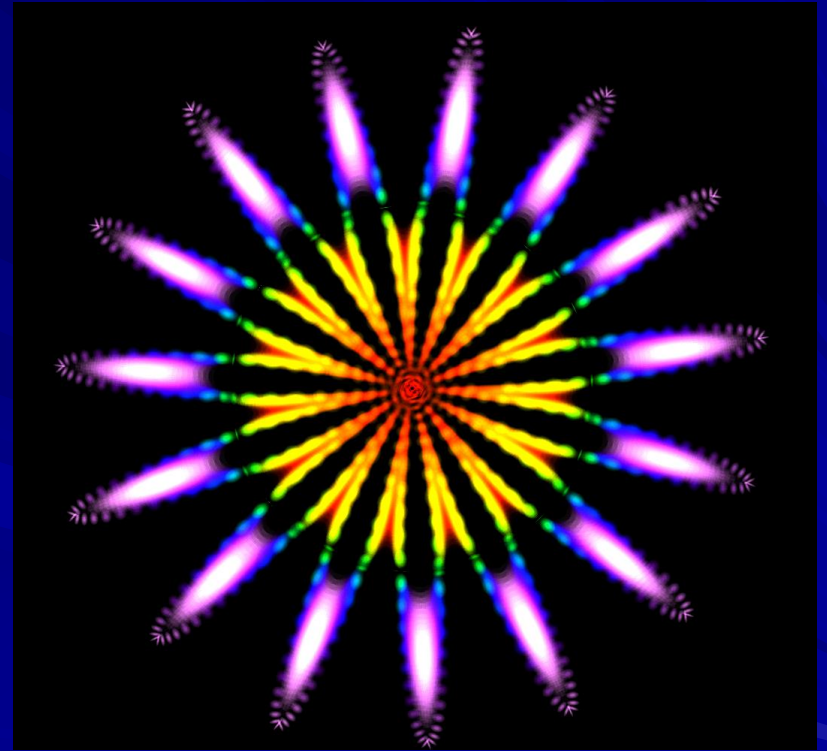
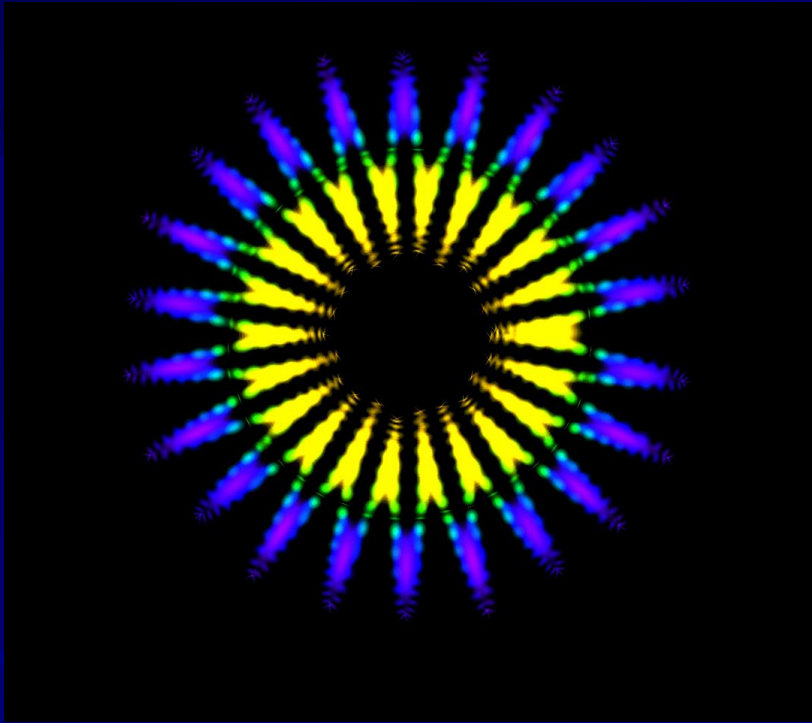
# F Green 353Hz



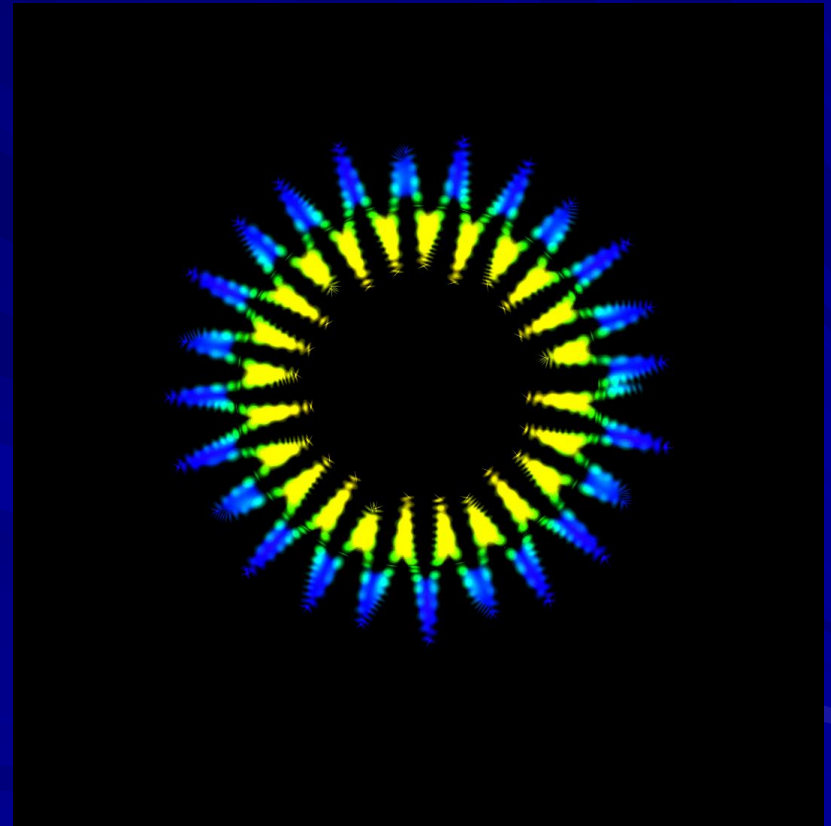
# G Blue 402Hz



# A Indigo 444Hz



# B Violet 484Hz



# Preparation for Sonship

- C RED SPIRIT LORD
- D ORANGE WISDOM
- E YELLOW UNDERSTANDING
- F GREEN COUNSEL
- G BLUE MIGHT
- A INDIGO KNOWLEDGE
- B VIOLET FEAR OF LORD

# Preparation for Sonship

- C RED PROPHET
- D ORANGE SERVANT
- E YELLOW TEACHER
- F GREEN EXHORTER
- G BLUE GIVER
- A INDIGO RULER
- B VIOLET MERCY

# Preparation for Sonship

- C RED CONSCIENCE
- D ORANGE IMAGINATION
- E YELLOW REASON
- F GREEN MIND HEART
- G BLUE EMOTIONS
- A INDIGO WILL
- B VIOLET CHOICE

# Preparation for Sonship

- C RED ROOT
- D ORANGE SACRAL
- E YELLOW SOLAR PLEXUS
- F GREEN HEART
- G BLUE THROAT
- A INDIGO IMAGINATION
- B VIOLET CROWN MIND



# Preparation for Sonship

- Many other clinical studies (covered in Lynn McTaggart's book, "The Intention Experiment") have proven that our intention not only affects matter, it affects ourselves and others.
- Healing experiment even worked on people in the past

# Preparation for Sonship

- Quantum physics actually explains how this works. It is all based on the main law of resonance
- "A strong resonant frequency will overcome and entrain a weaker frequency into the same vibration as the stronger."

# Preparation for Sonship

- Entrainment is to pull or draw along after itself
- In essence, entrainment refers to a natural phenomenon in which one entity resonates synchronously with another in response to its dominant frequency of vibration.

# Preparation for Sonship

- Brainwave entrainment, the practice of entraining one's brainwaves to a desired frequency.
- Entrainment (biomusicology) the synchronization of organisms to an external rhythm.
- Entrainment (chronobiology), the alignment of a circadian system's period and phase to the period and phase of an external rhythm.

# Preparation for Sonship

- Even an intention is vibration.
- Some intentions are very pure, like sending love to someone. Some are more complex frequency combinations
- Since intention is simply a frequency, the strength and quality of the intention will contribute to its effectiveness.

# Preparation for Sonship

- If you hold an intention of healing love for someone in need, it will be exponentially more powerful when you hold it without distraction.
- If you can hold the intention for an extended period of time with a heavenly focus – the “as it is in heaven” then manifestations will occur on earth as agreed in heaven

# Preparation for Sonship

- It has also been proven that intention gets embedded into things like recorded music.
- So when you play back the music it is carried by the sound to the listener.
- Paul imparted into physical material to minister to people at distance

# Preparation for Sonship

- Samuel Lane of SML music (sound cloud) has produce many of the tracks that I use in activations
- They are titles with intent and record at specific frequencies
- They are mostly free to download and are great for meditation.



# Preparation for Sonship

- $E=mc^2$  energy = mass times the speed of light squared
- The equation says that energy and mass (matter) are interchangeable; they are different forms of the same thing. Under the right conditions, energy can become mass, and vice versa.

# Preparation for Sonship

- We can learn through the power of our conscious thoughts and words to create and choose a better reality for ourselves
- When connected spiritually to a higher power or reality and a higher dimension our consciousness can change our reality for the better

# Preparation for Sonship

- Sound energy affects matter. Every geometrical shape corresponds to a sound mathematically.
- In fact, many believe that the information embedded in a sound, is the information that actually creates the shape of everything in nature.

# Preparation for Sonship

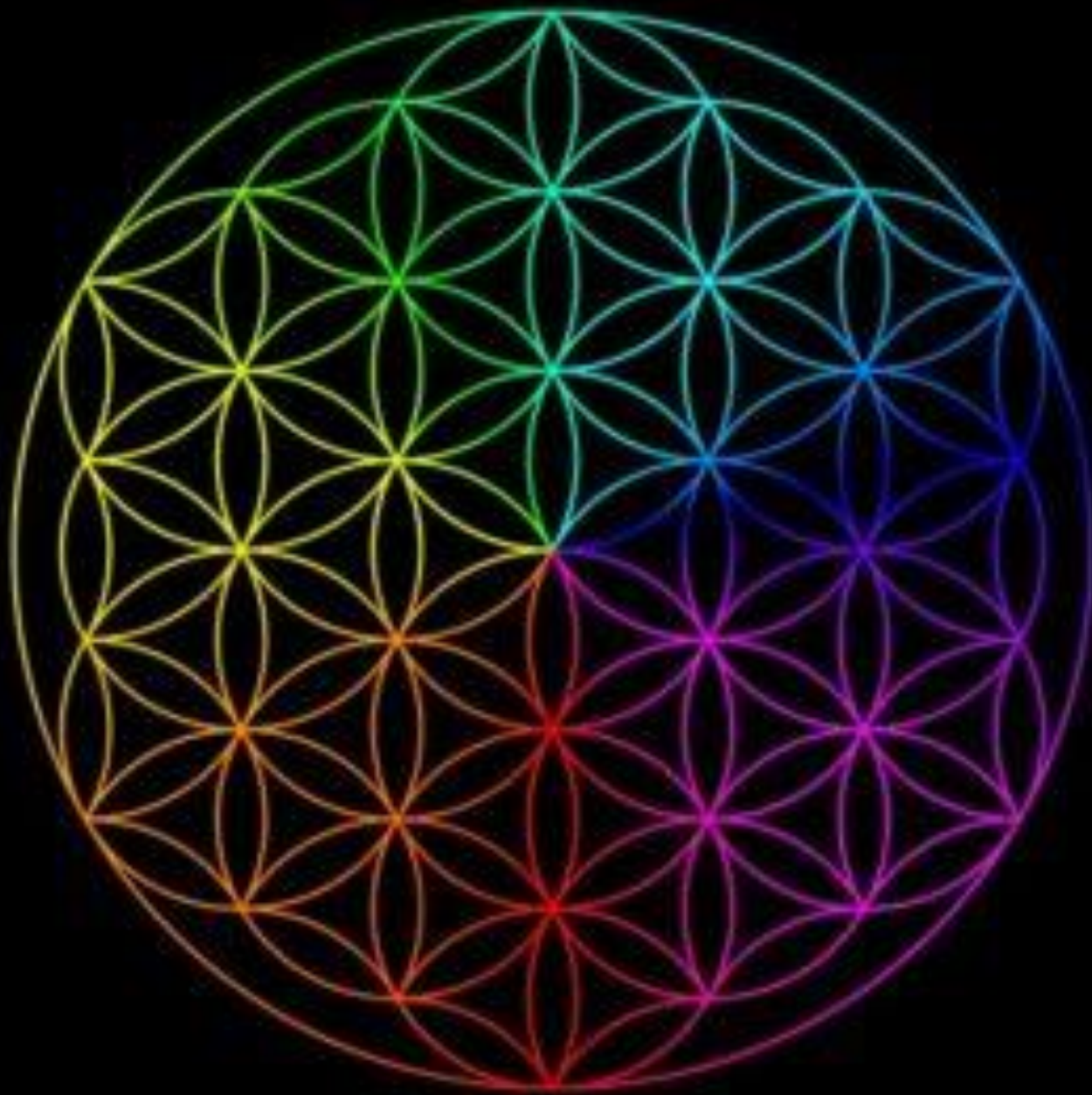
- In nature, we find patterns, designs and structures from the most smallest unseen particles, to things seen by human eyes, to the greater cosmos.
- These inevitably follow geometrical patterns, which reveal to us the nature of each form and its vibrational resonances.

# Preparation for Sonship

- Through connecting to frequency we can tune into creation and reconnect to our relationship with the whole of the created order
- Connecting to the sacred geometric foundation of everything
- We connect to creation as sons of God to answer its groan

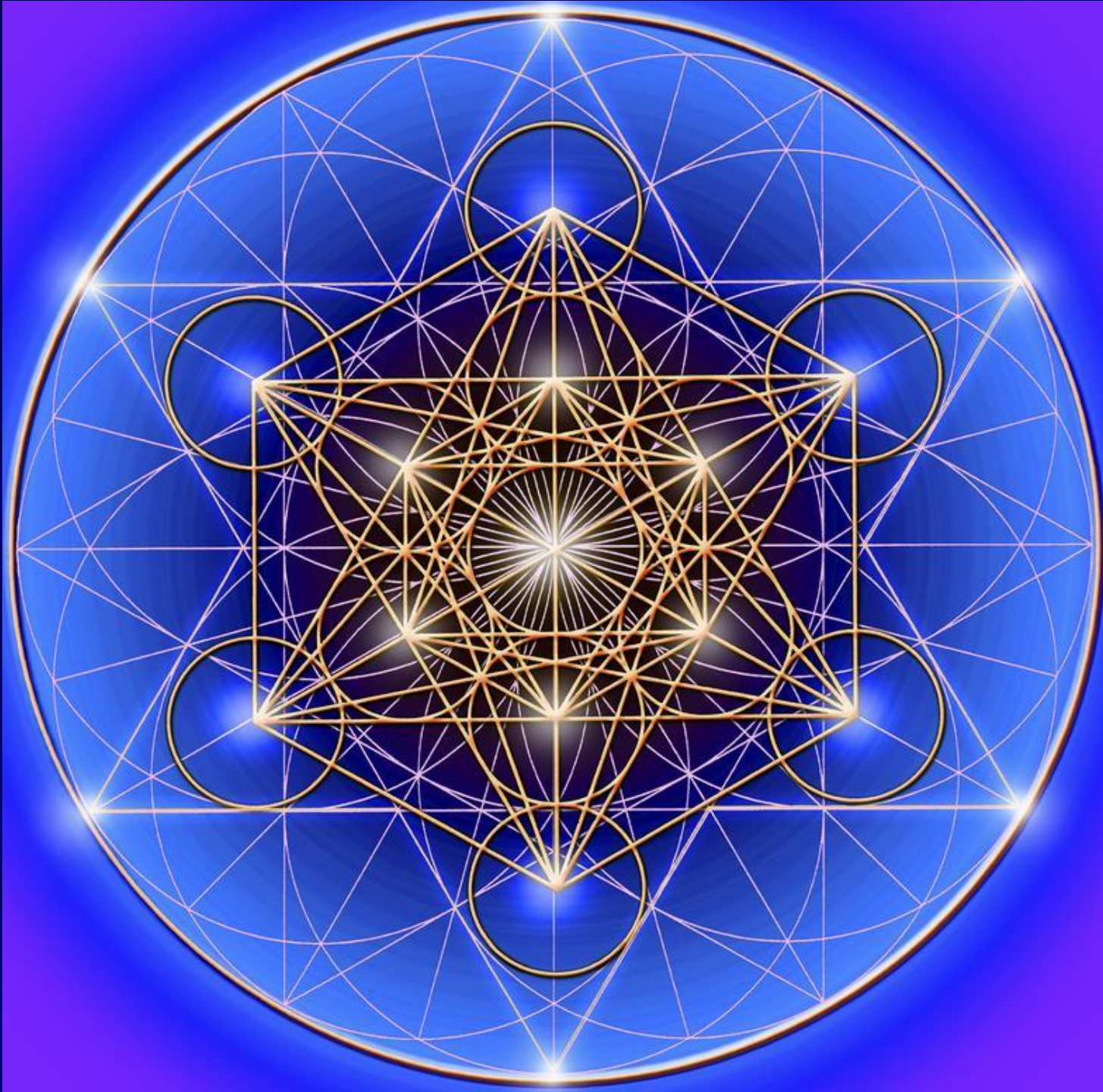
# Preparation for Sonship

- The images are often called sacred geometry because they are part of the actual structure of the entire universe.
- God is the designer and creator
- The flower of life has every single component of reality imbedded in this one image which is connected to the tree of life, Metatron's cube, Merkabah







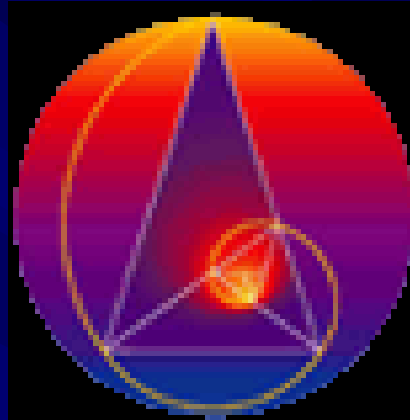






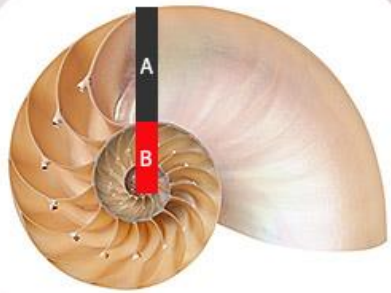


# Preparation for Sonship

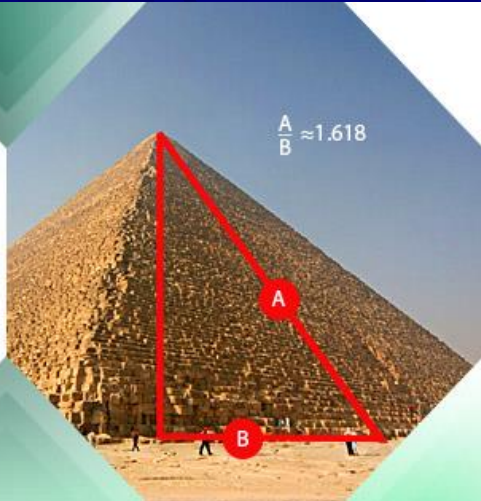


- The Golden Spiral is based on the Golden Mean ratio. This ratio is found throughout all life.  $\Phi = 1.618\dots$
- Also, when a person is transmitting love, the heart actually creates a sound that is made up of golden mean harmonics.

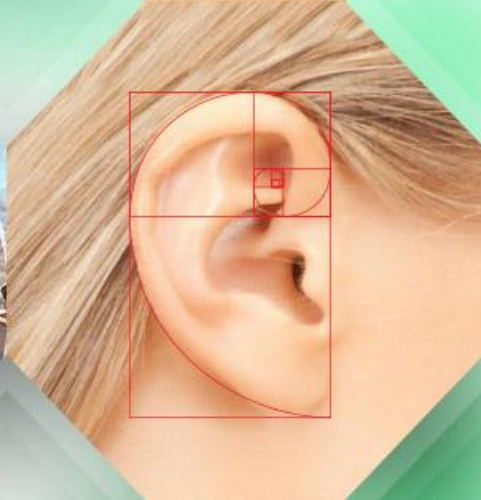
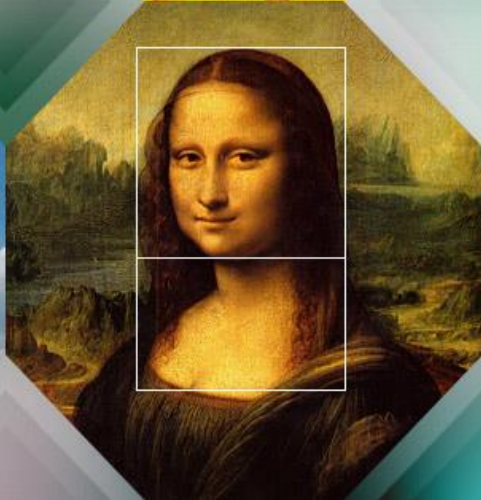


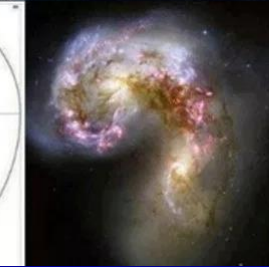
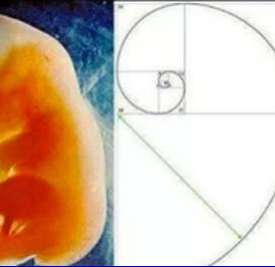
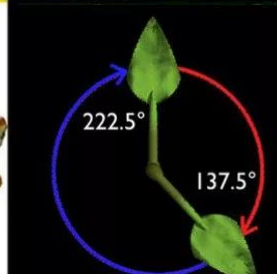
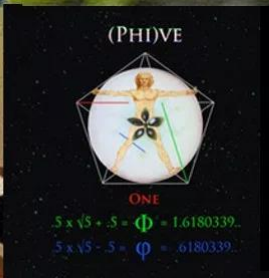
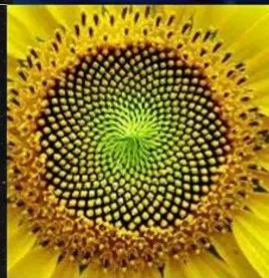
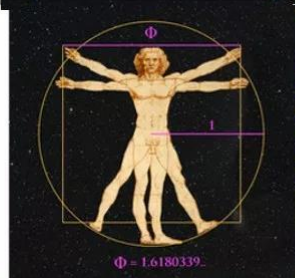


$$\frac{A}{B} \approx 1.618$$



$$\frac{A}{B} \approx 1.618$$







Healing of the spirit, soul, and  
body, comes Naturally-  
Supernaturally! Our Creator set  
us up as sustainable creatures,  
with incredible capacity to tip  
the scales toward the  
recovery end of wellness.

You are designed with  
excellence and spirit-energy  
can shift the balance.

Live Today...spirit-Engaged!

Steve Hampton

Fireflies demonstrate  
bioluminescence, which causes  
their bodies to glow, giving them  
the nickname, “Lightning Bugs”.

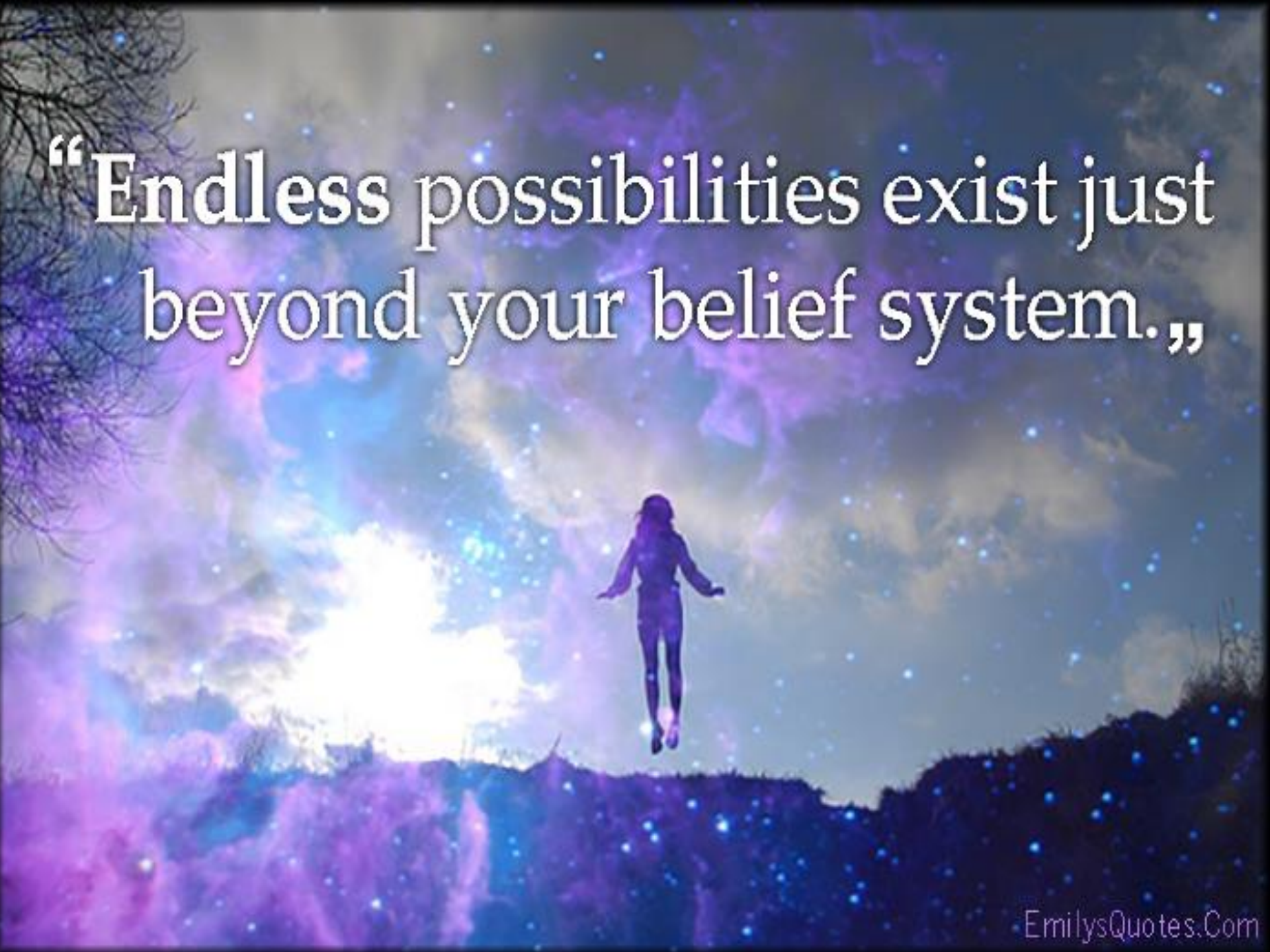
The *Creator designed us* with  
*spirit-chemistry* that activates us as  
*Luminaries* in the Heavens  
and on the earth!

*Engage your spirit  
with Creator’s Design!  
Live Today...spirit-Engaged!*

Steve Hampton

# Preparation for Sonship

- Health is the state of coming into balance and harmony with our identity and destiny as sons
- As thought forms are energy, the intention with which one approaches healing work is of utmost importance.
- Intention is a clearly formed thought that is released intentionally

A woman in a dark, long-sleeved outfit is floating in the center of the frame. The background is a vibrant, ethereal sky with swirling colors of purple, blue, and white, resembling a nebula or a dreamlike atmosphere. Numerous small, glowing blue and white particles are scattered throughout the scene. The overall mood is one of wonder and possibility.

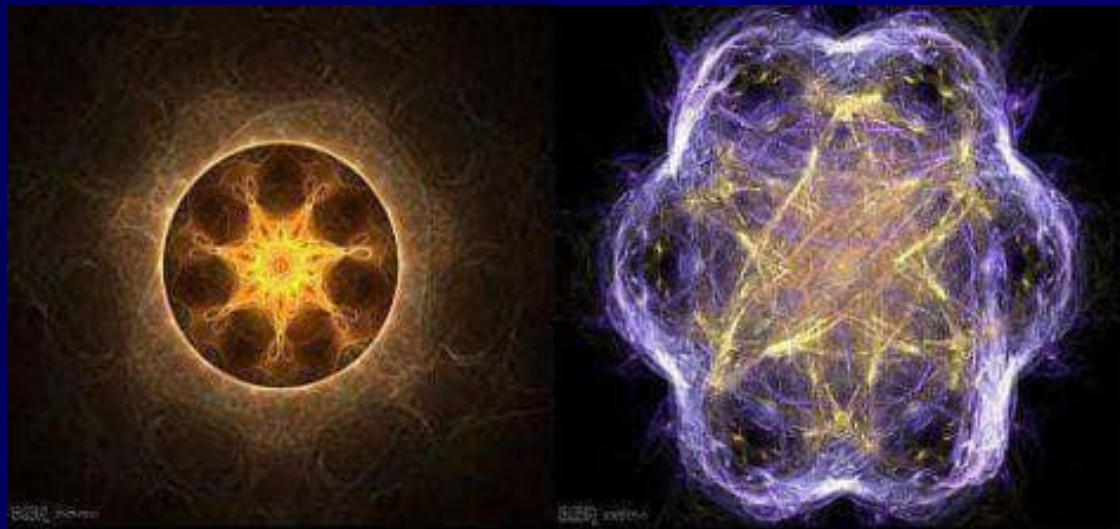
**“Endless possibilities exist just beyond your belief system.”**

# Preparation for Sonship

- Rom 8:19 For the anxious longing of the creation waits eagerly for the revealing of the sons of God. 21 that the creation itself also will be set free from its slavery to corruption into the freedom of the glory of the children of God.
- We need to become healthy and whole spirit, soul and body for creation to respond to our sonship and be set free

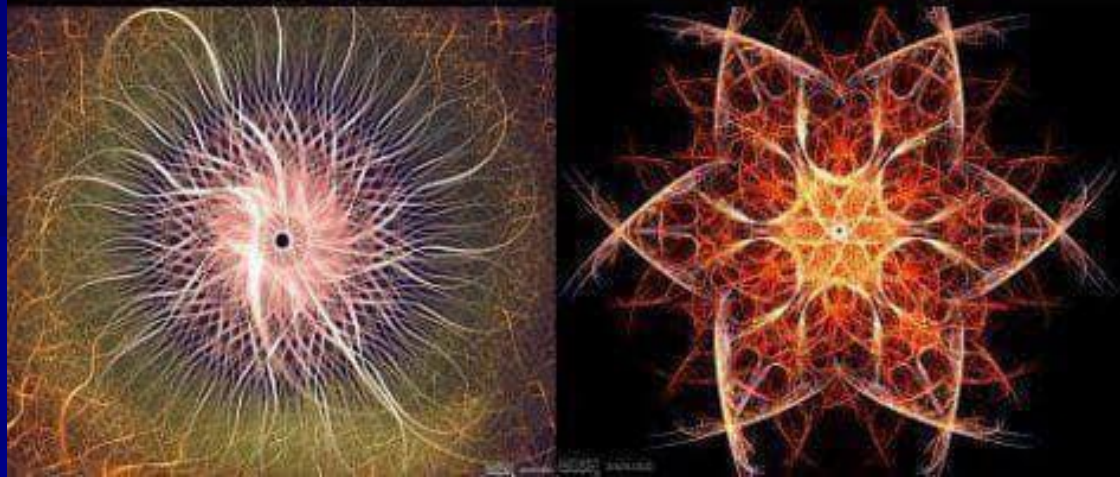
# Preparation for Sonship

- There are many words of truth that the Father or Jesus would speak over you
- As I speak and release those words through the sound frequency of the bowls the words will go beyond your mind and penetrate your soul and spirit



**This existence is not about  
learning to "accept" reality;  
but rather- remembering *your* power  
to **CREATE** it.**


-Michael Cummings



# Preparation for Sonship

- I am going to use the frequencies and the vibrations the bowls make to release the intentions of God's words spoken over us
- Embrace and resonate with the truth that is released



A white, translucent singing bowl is centered in the image. Below it lies a wooden mallet with a grey felt tip. The background is a dark blue gradient with diagonal lines.

Engage the frequency  
be entrained to  
wholeness

Engage the frequency  
expand your mind and  
consciousness



# Preparation for Sonship

- Relax do not strive just rest close your eyes
- Slow down your breathing to the rhythm of YHVH
- Breathe in Hei breathe out Yod, breathe in Hei and breathe out Vav
- Be still and know that I am God
- I am love, I am joy, I am peace

# Preparation for Sonship

- You are my beloved son/daughter in whom I am well pleased
- In whom my soul delights
- My desire is for your blessing
- My desire is for your health
- My desire is for your wholeness
- My desire is for you to enter rest

# Preparation for Sonship

- I am love, I am light, I am spirit, I am fire
- I am joy, I am peace, I am good, I am kind, I am patient, I am faithful,
- I am merciful and My grace is abundant and overflowing
- I am is in you and around you and you are in I am

# Preparation for Sonship

- I am embraces you heart to heart  
resonate with my thoughts about  
you
- You are special, unique and chosen
- I am loves you
- I am accepts you
- I am affirms your significance
- I am affirms your sonship

# Preparation for Sonship

- I call forth your identity as a son within the Joshua Generation
- I call forth your cherubic nature within the Order of Melchizedek
- I call forth your royal priesthood
- I call forth your position as an oracle and a legislator
- I call forth your identity, position and authority as a sons of the living God

