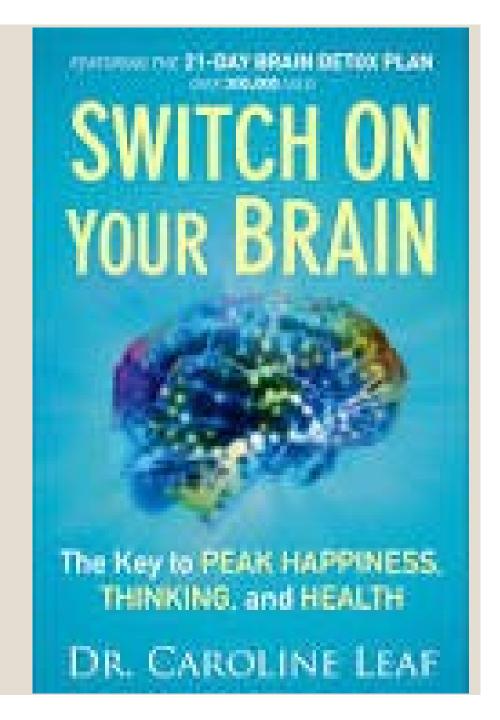




The following section has several quotes directly for this book

It also contains a 21 day brain detax plan



 To quote Caroline Leaf (Communication pathologist and audiologists who has worked in the field of Neuroscience since 1985)

- All thinking activity is real and can be seen on brain imaging.
- Just the mind activity from engaging with the last few sentences generates electromagnetic, electrochemical and quantum action in your neurons

• It causes:

- Magnetic fields that can be measured
- Electrical impulses that an be tracked
- Chemical effects that can be seen and measured
- Photons to be activated that can be captured on computer screens
- Energy activity that can be explained using quantum physics
- Vibrations in the membranes of the neurons that can be picked up by instrumentation

 This combined activity sets up an intricate and organized sequence of actions of neurotransmitters, proteins and energy that forms a signal.

- Your thinking has just created a powerful signal that is going to change the landscape of your brain.
- This signal you have just created passes through the membrane of the cell, travels to the cells nucleus and enters the chromosome, activating a strand of DNA.

 The DNA is zipped up like a cocoon until it is activated or unzipped by the signal

• As it is opened and the code is read, RNA (a type of protein that almost acts like a photocopier) makes a photocopy of the code, which serves as a guide or architectural plan to build the proteins within the cell.

- As these proteins you have just caused to be built by your thought process
- Hold the information you have just received through a thought or memory
- You have created substance.
- Prov 23:7 As a man thinks in his heart so is he
- Heb 11:1 faith is the substance of things hoped for, the evidence of things not seen.

- A study by the Institute of HeartMath showed:
- Thinking and feeling anger, fear and frustration
- Caused DNA to respond by tightening up and becoming shorter
- And switching off many DNA codes
- Causing a shut down in our body

However, this was also shown to be reversed

- By feelings of:
- Love
- Joy
- Peach
- Appreciation
- Gratitude

- Researchers also found that HIV positive patients who had positive thoughts and feelings had 300,000 times more resistance to the disease than those without positive feelings
- Conclusion: When we choose to engage toxic thoughts (unforgiveness, bitterness, anger, resentment, irritation etc) we change our DNA which changes our brain wiring.

• The good news:

A positive attitude and good choices around thinking

 Had the result of rewiring everything back to the original healthy positive state.

 Rom 12:2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind

 Through our thoughts we can be our own micro surgeons as we make choices that will change the circuits in our brains

 We are designed to do our own brain surgery and rewire our brains by the choice of our thinking.

The DNA of Heaven

Thinking Gods thoughts will reset our DNA to His DNA

Start to take captive your thoughts and reprograme your DNA

PHILIPPIANS 4:8 whatsoever things are whatsoever things are HONEST whatsoever things are whatsoever things are whatsoever things are LOVELY whatsoever things are if there be any virtue, if there be any praise THINK ON THESE THINGS

 For me, the following information has helped me make sense of what I have been living for so long

And helped me teach others how they can live there too:

 It is science catching up again, with the keys of freedom the Father has already given us

To quote Joe Dispenza, a leading neuroscientist:

 The body does not know the difference between the experience and the memory of the experience.

Or put differently:

 The body does not know the difference between the physical experience or a thought experience (imagined experience)

 Because our brain does not know the difference between what we are imagining and what we are experiencing.

 When we mentally rehearse things we install a new neurological hardware

 We need to ensure that what we are rehearsing, is positive and life giving

 Neuroscience says: As we do that we move our brain function from being stuck in the past and we use our brain function to create a map of the future

 Jesus says: As we do this we begin to release the life force within us (the authority of sonship) to create our future.

Activation

Lets rewire





- Think about your favourite place
- Remember the last time you were there. Remember the feelings of joy and contentment you felt.
- Rest in those feelings.
- As we go deeper into the memory we will recognise that those feelings are as real in the memory of the event as they were in physical event

Now we are going to expand this activation.

Our imagination is not a second class citizen

 Faith is a substance, and it is first generated with our spirit in our imagination

Our imagination generates a substance

Embrace the Peace

Feel the Love of the Father

 Allow Holy Spirit to take your imagination and fuel your thoughts and show you whatever He wants to show you. Ask Him what you want to know

 Engage your spirit to work with your imagination to generate the substance to reset your thinking and your DNA



Light & Sound

 The Father has been speaking to me about light and sound for over 5 years and as a result

 We have developed a therapy called Identity Therapy around what He has been showing us to do with light and sound

 These are not going to the the focus today, I just want to tough on them to open that realm for you guys to explore

∘ John 1: 1,3 -4

- ∘ In the beginning was the Word, ...
- Through him all things were made; without him nothing was made that has been made.
- In him was life, and that life was the **light** of all mankind.
- So God (the Word) created everything.

Let's go back to the beginning of time.

- ∘ Gen 1: 1-3
- o In the beginning God created the heavens and the earth.
- Now the earth was formless and empty,
- darkness was over the surface of the deep,
- o and the Spirit of God was hovering over the waters.
- And God said, "Let there be light," and there was light.

Light is the Energy of Life

 It was reported in the Telegraph on 26 April 2016 that researchers in ovarian biology at Nothwestern University, Chicago discovered human life begins with a flash of light.

 An explosion of tiny sparks emits from a human egg at the exact moment of conception.

We are created by light

Light is the Energy of Life

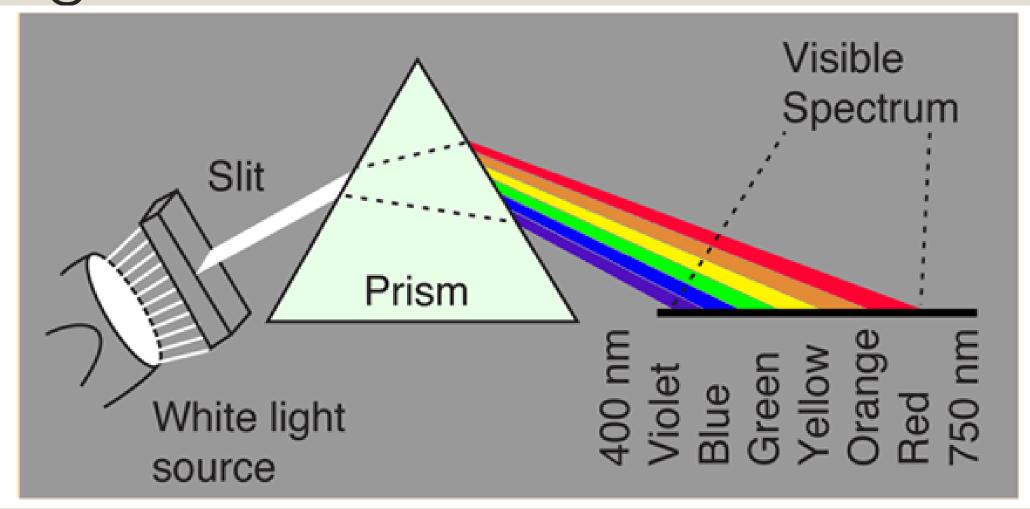
We are created by light as light beings

Jesus is the light of the world. All light comes from Him.

Light is a fundamental part of who we are and how we function

We need light to remain healthy

Light is made up of various colours



 Chromopathy: Color Therapy. ... Chromo-, means color and pathy, means the technique of treatment.

 Through chromopathy, many ancient and chronic diseases can be treated.

It's an alternative medicine method.

 It uses light in the form of colours, to balance energy, lacking in a person's body.

 Ancient Egyptians and the Greeks used colour and light for healing.

 In Europe in the Middle Ages, Cathedrals had booths made of coloured glass where people would go to pray for and be healed.

We see a remnant of this in the stain glass windows

Light is an Energy

 Light is part of the electromagnetic spectrum, which ranges from radio waves to gamma rays.

- Electromagnetic radiation waves, as their names suggest are fluctuations of electric and magnetic fields, which can transport energy from one location to another.
- That energy, as colour, can transport into our bodies and heal the deficiency, thereby healing the body

Activation



Light is an Energy

- Ask Holy Spirit if there is a colour you are deficient in?
- Is this deficiency effecting a physical condition?
- Now we are going to receive that colour.
- Jesus is the light, and the refracted light. Receive the colour you need
- Visualise that colour being flooded into your being

Light is an Energy

 Remember, as our imagination is able to generate the substance of faith

Our imagination is able to generate many other substances

 In this instance, our imagination is going to generate the substance of the colour that we need

 Engage your spirit to work with your imagination to generate the substance to reset your body and your DNA

Sound is an Energy

- Any sound, whatever it may be, is caused by something vibrating.
- Sometimes it is audible, and other times not.

 Creation was created by frequency when God brooded over the earth



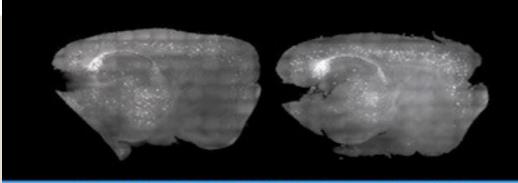
Sound is an Energy

∘ Joshua 6:16,20

- 'The seventh time around, when the priests **sounded the trumpet blast**, Joshua commanded the army, **"Shout!** For the LORD has given you the city! ...
- When the trumpets sounded, the army shouted, and at the sound of the trumpet, when the men gave a loud shout, the wall collapsed; so everyone charged straight in, and they took the city.

Light & Sound

- Light and Sound are both vibrations
- Vibrations that impact the make up of the body
- A quote taken from www.sciencealert.com



Mouse brain with (left) and without (right) treatment (Gabrielle Drummond

HEALTH

Scientists 'Clear' Alzheimer's Plaque From Mice Using Only Light And Sound

MIKE MCRAE 15 MAR 2019

Clumps of harmful proteins that interfere with brain functions have been partially cleared in mice using nothing but light and sound.

Research led by MIT has found strobe lights and a low pitched buzz can be used to recreate brain waves lost in the disease, which in turn remove plaque and improve cognitive function in mice engineered to display Alzheimer's-like behaviour.

Sound is an Energy

∘ Zephaniah 3: 17

- The Lord your God is with you,
- the Mighty Warrior who saves.
- He will take great delight in you;
- o in his love he will no longer rebuke you,
- but will rejoice over you with singing.
- When He sings over us, it resets our frequency.

Activation



Sound is an Energy

∘ Zephaniah 3: 17

When He sings over us, it resets our frequency.

• Let's take some time now and allow Him to sing over us!

Feel the vibrations of Him singing over you



 Dr Royal Raymond Rife discovered one of the most ground breaking medical tools in the last hundred years.

 He invented the world's best optical microscope and subsequently discovered that the microbes in cancer cells could be totally devitalized by radio frequencies which left patients unharmed.

 Due to financial and political interests, his discoveries were driven underground and much of his work was destroyed

Some of the Rife Story:

• In 1934, the University of Southern California appointed a Special Medical Research Committee to bring 16 terminal cancer patients from Pasadena County Hospital to Rife's San Diego Laboratory and clinic for treatment.

• The team included doctors and pathologists assigned to examine the patients, if still alive, in 90 days.

٥.

 After the 3 months of treatment, the Committee concluded that 14 of the patients had been completely cured.

 The treatment was then adjusted and the remaining 2 also were cured within the next 4 weeks.

 On November 20, 1931, forty-four of the nation's most respected medical authorities honored Royal Rife with a banquet billed as "The End To All Diseases" at the Pasadena estate of Dr Milbank Johnson.

- But by 1939, almost all of these distinguished doctors and scientists were denying that they had ever met Rife.
- This complete reversal was the result of pressure from the drug companies on them. 'Pressure' is a very nice way of saying it.
- On the eve of a press conference to announce the results of the 1934 study on Rife's cancer therapy, Dr Milbank Johnson, former president of the Southern California AMA, was fatally poisoned and his papers "lost".

- Also, after a failed attempt by Morris Fishbein to buy the rights to Rife's healing instrument for the medical drug industry, Rife's labs were destroyed by arson and sabotage.
- Dr. Nemes, who had duplicated some of the work of Rife, was killed in a mysterious fire which destroyed all his research papers.
- A similar fire also destroyed the Burnett Lab, which was validating Rife's work.
- Royal Rife himself was killed in 1971 by an "accidental" lethal dose of Valium and alcohol at Grossmont Hospital.

- Thankfully some of Rife's records were subsequently discovered
- Today, there are 2 not for profit organisations researching Cancer solutions.

- The Independent Cancer Research Foundation, Inc. being one and they published the Truth about Cancer Series and the Cancer Tutor Website:
- www.cancertutor.com

The other is The American Anti-Cancer Institute

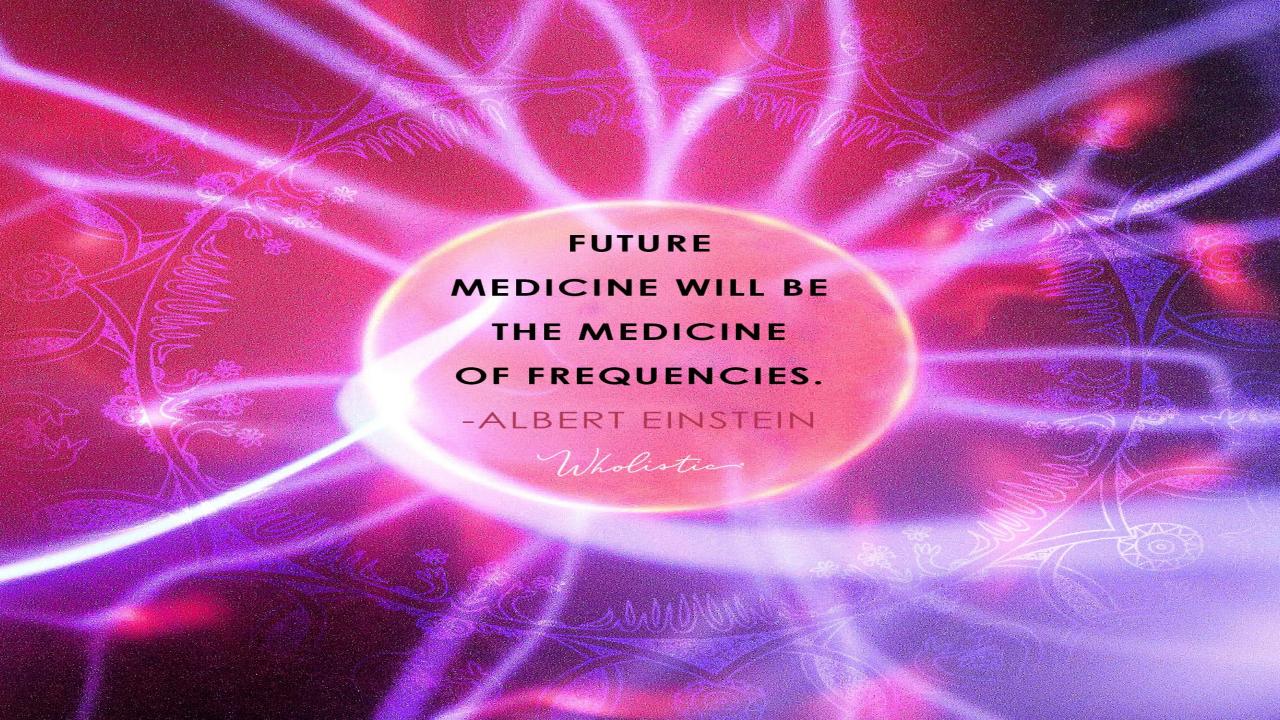
- These resources are being made available so that people who are suffering from cancer and other diseases are able to benefit free of charge from these discoveries
- And can pursue their own discovery with in-home research into the effects of high radio frequencies by buying and using these machines in their own homes
- I myself have bought a Rife Machine for my own personal use at home to try out
- It comes with a very extensive handbook covering ailments from A-Z and their corresponding frequencies.

 Dr. Rife's work culminated with The Smithsonian Institution publishing the following quote in their 1944 annual report:

• "Disease organisms such those of tuberculosis, cancer, sarcoma, typhoid, and others may be observed to succumb when exposed to certain lethal frequencies peculiar to each individual organism, and directed upon them by rays conveying a wide range of waves."

o I am in touch with a man in the USA who is a Vietnam Veteran

- He brought himself back from stage 4 Prostate Cancer when he was sent away from the hospital to die.
- He now raises money and buys machines for other veterans who are sent away with no hope.
- All but one of the people he has worked with, are still alive today.







Ezekiel 28:11-17

¹¹ The word of the LORD came to me: ¹² "Son of man, take up a lament concerning the king of Tyre and say to him: 'This is what the Sovereign LORD says: You were the seal of perfection,

full of wisdom and perfect in beauty.

13 You were in Eden, the garden of God; every precious stone adorned you: carnelian, chrysolite and emerald, topaz, onyx and jasper, lapis lazuli, turquoise and beryl.

Ezekiel 28:11-17

- Your settings and mountings were made of gold;
 on the day you were created they were prepared.
 - 14 You were anointed as a guardian cherub, for so I ordained you.
 - You were on the holy mount of God; you walked among the fiery stones.
 - 15 You were blameless in your ways from the day you were created till wickedness was found in you.
 - 16 Through your widespread trade you were filled with violence, and you sinned.

Ezekiel 28:11-17

So I drove you in disgrace from the mount of God, and I expelled you, guardian cherub, from among the fiery stones.

17 Your heart became proud on account of your beauty, and you corrupted your wisdom because of your splendor.

So I threw you to the earth;

I made a spectacle of you before kings.

 God is explaining how He created Satan as a guardian Cherub

• He anointed Him

• He placed him (Satan) in the Garden of Eden

 He (Satan) was the seal of perfection, full of wisdom and perfect in beauty.

• Every precious stone adorned him.

When God created perfection

He adorned it with every precious stones

Exodus 28:15-20

- Fashion a breastpiece for making decisions the work of skilled hands.
- Make it like the ephod: of gold, and of blue, purple and scarlet yarn, and of finely twisted linen.
- It is to be square a spa lonng and a span wide and folded double.

Exodus 28:15-20

- Then mount four rows of precious stones on it.
- The first row shall be carnelian, chrysolite and beryl;
- the second row shall be turquoise, lapis lazuli and emerald;
- the third row shall be jacinth, agate and amethyst;
- the fourth row shall be topaz, onyx and jasper.

Exodus 28:15-21

- Mount them in gold filigree settings.
- ²¹ There are to be twelve stones, one for each of the names of the sons of Israel, each engraved like a seal with the name of one of the twelve tribes.

Lapis Lazuli

Today lets just look at one crystal :

 Some scholars hold that the 10 commandments were written on Lapis Lazuli



• What are its properties:

 Encourages self-awareness, allows self-expression and reveals inner truth, providing qualities of honesty, compassion and morality to the personality.

Lapis Lazuli

 Stimulates objectivity, clarity and encourages creativity.

 Lapis Lazuli assists to confront and speak one's truth and inspires confidence.

 It bonds relationships, aiding in expression of feelings and emotions.



Lapis Lazuli

- Lapis Lazuli boosts the immune system.
- Purifies blood, lowers blood pressure, cooling and soothing areas of inflammation.
- It alleviates insomnia and vertigo, and overcomes depression.
- Lapis Lazuli benefits the respiratory and nervous systems and the throat, vocal chords, and thyroid.
- Cleanses organs, bone marrow and thymus



Revelation 4:1-6

• After this I looked, and there before me was a door standing open in heaven. And the voice I had first heard speaking to me like a trumpet said, "Come up here, and I will show you what must take place after this." ² At once I was in the Spirit, and there before me was a throne in heaven with someone sitting on it. ³ And the one who sat there had the appearance of jasper and ruby. A rainbow that shone like an emerald encircled the throne.

Revelation 4:1-6

Surrounding the throne were twenty-four other thrones, and seated on them were twenty-four elders. They were dressed in white and had crowns of gold on their heads. From the throne came flashes of lightning, rumblings and peals of thunder. In front of the throne, seven lamps were blazing. These are the seven spirits of God. Also in front of the throne there was what looked like a sea of glass, clear as crystal.

The Throne Room

In the throne room are all the gemstones

And a sea of crystals

Revelation 21:9-21

 One of the seven angels who had the seven bowls full of the seven last plagues came and said to me, "Come, I will show you the bride, the wife of the Lamb." 10 And he carried me away in the Spirit to a mountain great and high, and showed me the Holy City, Jerusalem, coming down out of heaven from God. 11 It shone with the glory of God, and its brilliance was like that of a very precious jewel, like a jasper, clear as crystal. 12 It had a great, high wall with twelve gates, and with twelve angels at the gates. On the gates were written the names of the twelve tribes of Israel. 13 There were three gates on the east, three on the north, three on the south and three on the west. 14 The wall of the city had twelve foundations, and on them were the names of the twelve apostles of the Lamb.

Revelation 21:9-21

o 15 The angel who talked with me had a measuring rod of gold to measure the city, its gates and its walls. 16 The city was laid out like a square, as long as it was wide. He measured the city with the rod and found it to be 12,000 stadia in length, and as wide and high as it is long. 17 The angel measured the wall using human measurement, and it was 144 cubits thick. 18 The wall was made of jasper, and the city of pure gold, as pure as glass.

Revelation 21:9-21

• 19 The foundations of the city walls were decorated with every kind of precious stone. The first foundation was jasper, the second sapphire, the third agate, the fourth emerald, 20 the fifth onyx, the sixth ruby, the seventh chrysolite, the eighth beryl, the ninth topaz, the tenth turquoise, the eleventh jacinth, and the twelfth amethyst. 21 The twelve gates were twelve pearls, each gate made of a single pearl. The great street of the city was of gold, as pure as transparent glass.

Gem Stones

- Here we see the gem stones again
- Not just mentioned. But described as foundations
- All though the bible: Old Testament, New Testament,
 Throne Room of Heaven and now the New Jerusalem we see the gem stones
- Can they possibly be important?
- Are we overlooking a necessary part of our heritage?

Crystal Bowls



Crystal Bowls

 Crystal singing bowls are made from silica sand which is pure quartz in nature.

• The sand is dropped into a centrifugal force spinning mold, and at the proper instant, in the center of that mold, there is an electric arc torch that is ignited to several thousand degrees centigrade.

Crystal Bowls

 Singing Bowls have been used for centuries for healing and meditation purposes.

 They create a range of sounds to restore the normal vibratory frequencies of diseased and out-of-harmony parts of the body, mind and soul.



Lets look at another form of frequency and energy

• "For a number of years during my clinical practice, I researched the use of electrical energy for the purpose of reversing the disease process.

• I kept feeling that there had to be a more natural way of increasing a person's electrical frequency, which led to the discovery of the electrical frequency of oils."

Essential Oils

- Essential oils have the highest frequencies of any
- measured natural substance.



- Pure grade **essential oils** range in **frequency** from 52 to 580 MHz (latest finding with Idaho Blue Spruce).
- A healthy body, from head to foot, typically has a frequency ranging from 62 to 78 MHz, while disease begins at 57 MHz.

Essential Oils

• "Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil...." (James 5:14)

- They were anointed for spiritual purposes
- They were anointed for physical healing

Essential Oils

• What is the Real Meaning of Anointing?

- The Hebrew word for anointing means to rub or massage a person with oil.
- This meant using healing oils of the Bible, not vegetable oil
- To bless that person on a physical and spiritual basis.
- True anointing is another lost art and science. Jesus' feet were anointed with oil several times in the Bible with Spikenard (see Luke 7:36-50 and John 12:1-8).

Did you know essential oils can support wellness?

Did you know that the Levite priests were in charge of diagnosing and healing disease through prayer and anointing with oils?

Did you know that essential oils were used by the apostles?



• Along the bank of the river, on this side and that, will grow all kinds of trees used for food; their leaves will not wither, and their fruit will not fail. They will bear fruit every month, because their water flows from the sanctuary. Their fruit will be for food, and their leaves for medicine. Ezekiel 47:12 (KJV) & Revelation 22

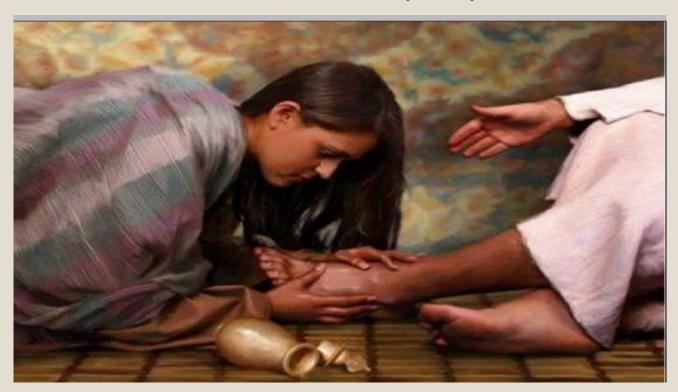
- God spoke and the plants came into existence.
- His breath and life are in the plants
- We eat plants for our sustenance and well being
- The leaves are for our medicine. They carry natural frequencies that were created to resonate with and restore our frequency.
- Either through oils or natural supplements
- The plants are His gift to us

We are now told there are connections in our feet to other organs of the body.

Personally I thought this was complete nonsense until I had my first raindrop treatment.

Vita Flex Feet Chart Parathyroid Thyroid Bronchial Spine Thymus Sinus Esophogus Shoulder Stomach Shoulder Heart Transverse Colon Pancreas Liver-Adrenal Spleen Gallbladder Kidney Small Intestines Ascending Colon-Coccyx Descending Colon Appendix Sciatica RIGHT FOOT LEFT FOOT Colon (Secondary Point-Inside of Shin from Knee to Ankle) Prostate Uterus Testes Ovaries-

 Then took Mary a pound of ointment of spikenard, very costly, and anointed the feet of Jesus, and wiped his feet with her hair: and the house was filled with the odor of the ointment. John 12:3 (KJV)



The feet are significant:

It's a sign of reverence

Is it also a confirmation that the feet impact the entire body?



 I learned the most fascinating fact the other day...there is one part of our brain which has not evolved since the days of the cavemen

In fact, it sounds as though it may in fact have "devolved".

∘ I'm referring to the limbic system.

- It will have been sharply developed by our ancestors, as they relied very heavily on the sense of smell
- They were very instinctive and could actually smell the change of the weather days ahead of time.
- The limbic system is referred to as the "old brain" as the structure and composition has not changed from primitive times.
- This is probably due to the fact that we now chose to use other mechanisms to replace the functioning of the limbic system.

 Using the sense of smell as a healing tool is extremely powerful as it bypasses the intellect.

Smell can trigger memories that our subconscious cannot hide.

• The tool that I use to trigger smell memories is essential oils

- Our sense of smell is directly connected to the brain.
- When we inhale, scent molecules travel along the same route (the limbic system) as our behaviors, emotions, mood, and memories.
- Our eyes, ears, tongue, and sense of touch are all wired so that their messages pass to the brain via the reasoning cortex first.
- The nose, however, is wired differently. It connects directly with the limbic brain such that one's response to an aroma is going to be emotional before it can be rational.

 So inhaled oils go directly into our emotional brain and bypass our reasoning.

 Therefore, because oils inhaled directly affect the emotional seat in our brains where traumatic memories are often stored

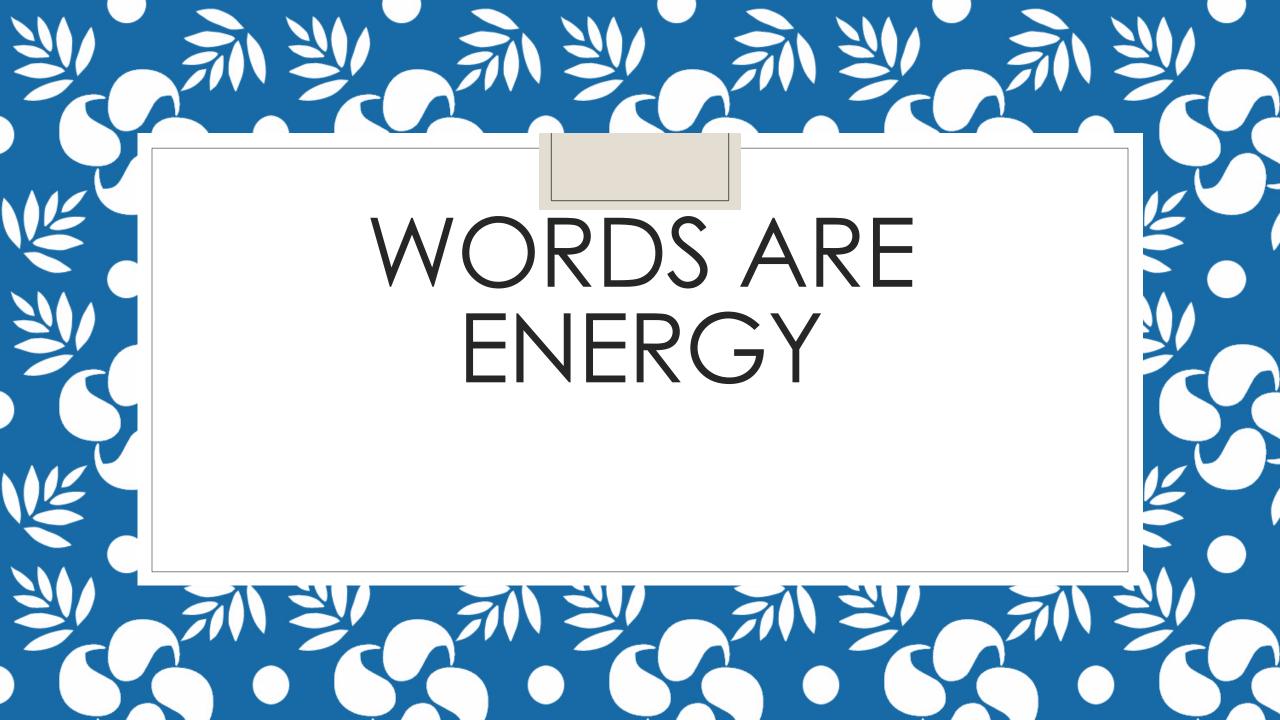
 and because oils can release cellular memories stored anywhere in the body,

• they can be of great value in helping us clear ourselves from the unconscious, hidden emotional patterns.

 These patterns can control our lives and hold us back from the full manifestation of our potential and the ability to walk in our destiny.

 Consequently, essential oils are fantastic at triggering and releasing emotions when we learn how to work with them, and make them work for us.

We will activate this principle at the end of the next section





 There have been experiments done where plants in schools were either praised or bullied.

• The bullied ones were stunted in growth and in some cases died.

The ones praised thrived and grew well.

- A Japanese scientist, Masaru Emoto, in his book The Hidden Messages in Water, highlights the following:
- water droplets would form widely different crystal patterns depending on what they were exposed to before they were frozen.
- The words I love you, would result in beautiful ice crystals
- whilst the words I hate you would result in distorted crystals.

Consider that our bodies are 70% water

 Now consider how important it is to keep our words about ourselves positive instead of negative.

Prov 18:21 Death and life are in the power of the tongue;

• It is equally important to keep our thoughts about ourselves positive, but more on that later.

The word of God is creative and will accomplish what it was sent for and what it contains.

Is 55:10-11 As the rain and the snow come down from heaven, and do not return to it without watering the earth and making it bud and flourish, so that it yields seed for the sower and bread for the eater,

So is my word that goes out from my mouth: It will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.

We are created in Gods image, and have authority over our lives and our bodies -

The words I speak will not return to me empty, but will accomplish what I desire and achieve the purpose for which I sent it.

Be very careful what words you release from your mouth over your life, health and wealth

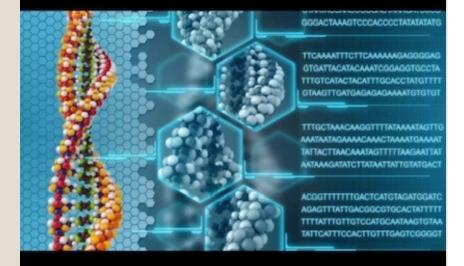
- What words do you speak over yourself
- That are creative energy
- That impact your
- Health and well being?



Research now show that our DNA actually changes shape according to our words

There is evidence for a whole new type of medicine in which DNA can be influenced and reprogrammed by words and frequencies alone.

Scientists Prove DNA Can Be Reprogrammed By Our Own Words



Russian Scientists Prove DNA Can Be Reprogrammed by just our Words and other outside Frequencies

Activation



Lets just take a moment to look at things we may need to deal with

We are going to use Essential Oils for this Activation.

We are going to use a drop of Memory Release Oil to help facilitate this session.

We are going to place a drop of oil in your hand and rub in a clockwise direction

The reason a clockwise motion is used is because the strands of DNA that form our cellular intelligence turn in a clockwise manner.

So when we use a clockwise motion to apply the oils, the tiny molecules in each drop will enter our bodies spinning in the same direction as our DNA and can more effectively deliver their amazing benefits.

Drop the oils, rub and inhale.

As you inhale ask Holy Spirit to show you words that have created obstacles and hindrances in your life

Recognise the energy you have released through those words

Break the power of those words and destroy the negative energy

Make a choice for a different outcome in future

